## Tuesday, September 2, 2025

### **Homeschool Group**

Date and Time: Tuesday, September 2 1:00 pm - 2:00 pm

Address: 31 Queen Street, Port Hope

Our Port Hope Public Library homeschool group meets once a month on the first Tuesday all year (except for July and August).

Everyone in the Northumberland area is welcome to attend.

We offer a range of opportunities for homeschool families to gather and learn in our community.

This month we are visiting the Port Hope Police Station for a tour of the facility.

If you would like to join us on a tour of the Police Station please register at registrations@phpl.ca

## Wednesday, September 3, 2025

#### **Toddlers and Waddlers**

Date and Time: Wednesday, September 3 10:30 am - 11:30 am

Address: 31 Queen Street, port hope

Join us at the Mary J. Benson Branch for stories, singing & interactive play designed for children under 6. All c hildren are welcome!

#### **Ukrainian Meet Up**

Date and Time: Wednesday, September 3 5:30 pm - 7:30 pm

Address: 31 Queen St., Port Hope

The 1st Wednesday of each month we welcome Ukrainian families at the Mary J. Benson Branch to connect, so cialize, and practice Ukrainian in a casual, welcoming environment.

Enjoy chess, board games, and more.

## Friday, September 5, 2025

#### Storytime in the Park

Date and Time: Friday, September 5 10:30 am - 11:00 am

Address: 31 Queen Street, Port Hope

Join us in Memorial Park across the street from the Mary J. Benson Branch for a story time. We will have an as ssortment of childrens picture books to read.

#### Fete en Rose

Date and Time: Friday, September 5 5:30 pm

Address: Downtown Port Hope

Fete en Rose 4

That Pink Party is back for its 4th year!!

Secret locations. Entertainment. Bring your own dinner. Dinner also options available on site . Dj . Prizes. Surprises and more ...

Please bring a donation for Fare Share Food Bank.

Charity bar.

\$45 taxes and fees included and \$5 from every ticket will go the Food Bank.

Hoping to raise over \$1000 and 400lbs of donations.

## Saturday, September 6, 2025

#### Northumberland Hills Studio Tour

Date and Time: Saturday, September 6 10:00 am - 5:00 pm

Address: Various Port Hope Locations

This year's Northumberland Hills Studio Tour will take place September 6 and 7, 2025.

Some of Northumberland County's most talented Artists open their studios for you to explore during this annual self-guided tour of the arts.

Participating Port Hope artists include:

Kathryn McHolm - 4749 County Road #2, Port Hope

Pamela Tate - 4599 Massey Rd, Port Hope Christine Benson - Molson's Mill, Port Hope Les Robling - Molson's Mill, Port Hope Melanie Browne - 46 Ward St, Port Hope Ken Solilo - 45 Princess St, Port Hope Allan Walker - 60 Francis St, Port Hope Brenda Sullivan - 81 3/4 Pine St S, Port Hope Ingrid Anderson - 81 3/4 Pine St S, Port Hope Chris Montgomery - 84 Dorset St W, Port Hope Kerri Healey - 18 John St, Port Hope Amanda Wyman - 236 Walton St, Port Hope

#### ACO Port Hope Historic Walking Tours - "Trains, Taverns and Theatres"

Date and Time: Saturday, September 6 11:00 am - 12:30 pm

Address: The meeting place for each tour is listed on the eventbrite description for that event.

ACO Port Hope Historic Walking Tour - "Trains, Taverns and Theatres"

Join us on this in-depth look at the fascinating stories of Port Hope's remarkable downtown core. As you wand er along John Street and Queen Street, your guide will share fascinating stories of the important cultural landm arks that helped shape our town.

Enjoy our branch's third year of conducting these popular Saturday morning historic guided walks through four different neighbourhoods in Port Hope, including "Intro to Englishtown - Baldwin to the Back Lanes", "Parade of Stately Homes - Augusta Street and Dorset Street West", "Trains, Taverns and Theatres", and "Miracle on Wal ton Street". The tours run rain or shine, with cancellations only in severe weather events. The meeting place for each tour is listed on its eventbrite description. Tickets are \$20 plus eventbrite fees. Each tour starts at 11 am a nd runs until approximately 12:30, so that you and your party can have lunch in one of our wonderful local rest aurants downtown. Head to our website at https://acoporthope.ca for more information and the link to purchase tickets, or head directly to <a href="https://www.eventbrite.ca/o/aco-port-hope-68944415113">https://www.eventbrite.ca/o/aco-port-hope-68944415113</a>.

All proceeds go towards supporting heritage in our community.

# Sunday, September 7, 2025

#### **Northumberland Hills Studio Tour**

Date and Time: Sunday, September 7 10:00 am - 5:00 pm

Address: Various Port Hope Locations

This year's Northumberland Hills Studio Tour will take place September 6 and 7, 2025.

Some of Northumberland County's most talented Artists open their studios for you to explore during this annual self-guided tour of the arts.

Participating Port Hope artists include:

Kathryn McHolm - 4749 County Road #2, Port Hope Pamela Tate - 4599 Massey Rd, Port Hope

Christine Benson - Molson's Mill, Port Hope

Les Robling - Molson's Mill, Port Hope

Melanie Browne - 46 Ward St, Port Hope

Ken Solilo - 45 Princess St, Port Hope

Allan Walker - 60 Francis St, Port Hope

Brenda Sullivan - 81 3/4 Pine St S, Port Hope

Ingrid Anderson - 81 3/4 Pine St S, Port Hope

Chris Montgomery - 84 Dorset St W, Port Hope

Kerri Healey - 18 John St, Port Hope

Amanda Wyman - 236 Walton St, Port Hope

#### **Run Salmon Run**

Date and Time: Sunday, September 7 11:00 am - 3:00 pm

Address: Downtown Port Hope

Run Salmon Run is a free day of art, education, performance and community celebrating Port Hope's great Sal mon Run!

We will have fish ponds, interactive art, music, authors, a cardboard fish market and educators! It is 100% local and all about community celebrating a fantastic phenomenon that goes right through our downtown.

11 am - 3 pm. Free!

Beside the library along the river.

Please bring a donation for the Food Bank as we fill the Pink Waders.

## Monday, September 8, 2025

#### **Baby Time at PHPL!**

Date and Time: Monday, September 8 10:30 am - 11:30 am

Address: 31 Queen Street, Port Hope

Drop in to the Mary J. Benson Branch for a special baby time program of songs, stories & bubbles for babies ag es 1 and under!

## **Unfinished Stitchery**

Date and Time: Monday, September 8 2:00 pm - 3:30 pm

Address: 31 Queen St. Port Hope

Join us in the program room at the Mary J. Benson branch for an afternoon of sharing and laughter.

Whatever it is you have on the go whether it be knitting, crochet, weaving, cross stitch or sewing we would lov e to have you join us.

# Wednesday, September 10, 2025

#### **Toddlers and Waddlers**

Date and Time: Wednesday, September 10 10:30 am - 11:30 am

Address: 31 Queen Street, port hope

Join us at the Mary J. Benson Branch for stories, singing & interactive play designed for children under 6. All c hildren are welcome!

# Thursday, September 11, 2025

#### Sketches, Studio and Prints

Date and Time: Thursday, September 11 11:00 am - 5:00 pm

Address: 8 Queen St. Port Hope

Northumberlnd Arts Gallery and Shop

Exhibit by artist Wrex Roth

Gallery hours Thursday - Saturday - 11-5

Sunday - 14

Wrex will be present Saturday September 27 from 1-3

#### Sketches, Studio and Prints

Date and Time: Thursday, September 11 11:00 am - 5:00 pm

Address: 8 Queen St. Port Hope

Northumberlnd Arts Gallery and Shop

Exhibit by artist Wrex Roth

Gallery hours Thursday - Saturday - 11-5

Sunday - 14

Wrex will be present Saturday September 27 from 1-3

## Friday, September 12, 2025

#### **Storytime in the Park**

Date and Time: Friday, September 12 10:30 am - 11:00 am

Address: 31 Queen Street, Port Hope

Join us in Memorial Park across the street from the Mary J. Benson Branch for a story time. We will have an as ssortment of childrens picture books to read.

#### Sketches, Studio and Prints

Date and Time: Friday, September 12 11:00 am - 5:00 pm

Address: 8 Queen St. Port Hope

Northumberlnd Arts Gallery and Shop

Exhibit by artist Wrex Roth

Gallery hours Thursday - Saturday - 11-5

Sunday - 14

Wrex will be present Saturday September 27 from 1-3

## Saturday, September 13, 2025

#### Sketches, Studio and Prints

Date and Time: Saturday, September 13 11:00 am - 5:00 pm

Address: 8 Queen St. Port Hope

Northumberlnd Arts Gallery and Shop

Exhibit by artist Wrex Roth

Gallery hours Thursday - Saturday - 11-5

Sunday - 14

Wrex will be present Saturday September 27 from 1-3

#### ACO Port Hope Historic Walking Tours - "Miracle on Walton Street"

Date and Time: Saturday, September 13 11:00 am - 12:30 pm

Address: The meeting place for each tour is listed on the eventbrite description for that event.

ACO Port Hope Historic Walking Tour - "Miracle on Walton Street"

This tour leads you through the main artery of our town - along wonderful Walton Street. Starting down by the river, this tour will illuminate all of the changes and triumphs that have resulted in our spectacular downtown h eritage district.

Help celebrate our branch's third year of conducting these popular Saturday morning historic guided walks thro ugh four different neighbourhoods in Port Hope, including "Intro to Englishtown - Baldwin to the Back Lanes", "Parade of Stately Homes - Augusta Street and Dorset Street West", "Trains, Taverns and Theatres", and "Mirac le on Walton Street". The tours run rain or shine, with cancellations only in severe weather events. The meeting place for each tour is listed on its eventbrite description. Tickets are \$20 plus eventbrite fees. Each tour starts at 11 am and runs until approximately 12:30, so that you and your party can have lunch in one of our wonderful l ocal restaurants downtown. Head to our website at https://acoporthope.ca for more information and the link to purchase tickets, or head directly to <a href="https://www.eventbrite.ca/o/aco-port-hope-68944415113">https://www.eventbrite.ca/o/aco-port-hope-68944415113</a>.

All proceeds go towards supporting heritage in our community.

# Sunday, September 14, 2025

## **Terry Fox Run**

Date and Time: Sunday, September 14 8:00 am

Address: 56 Queen St, Port Hope, ON

The 45th annual Terry Fox Run is scheduled for Sunday September 14, 2025.

Registration opens at 8:00am on the lawn behind Town Hall (56 Queen St). The mass start takes place at 9:00a m!

This is a national fundraiser for innovative cancer research. It is a walk/run/bike event. Participants have the choice of a 10km or 1km route.

To pre-register and collect pledges online, visit <u>www.terryfoxrun.org</u>.

# Monday, September 15, 2025

## **Baby Time at PHPL!**

Date and Time: Monday, September 15 10:30 am - 11:30 am

Address: 31 Queen Street, Port Hope

Drop in to the Mary J. Benson Branch for a special baby time program of songs, stories & bubbles for babies ag es 1 and under!

## **Unfinished Stitchery**

Date and Time: Monday, September 15 2:00 pm - 3:30 pm

Address: 31 Queen St. Port Hope

Join us in the program room at the Mary J. Benson branch for an afternoon of sharing and laughter.

Whatever it is you have on the go whether it be knitting, crochet, weaving, cross stitch or sewing we would lov e to have you join us.

## Tuesday, September 16, 2025

#### Living a Healthy Life with Chronic Conditions

Date and Time: Tuesday, September 16 9:00 am - 11:30 am

Address: Online

Do you live with challenges and complications as a result of a chronic health condition?

Join us for an online interactive 6 week workshop designed to help you take back your life and feel better.

Our small group workshop is supportive in helping you reach your health goals.

Workshop will be delivered using Zoom platform and requires use of a microphone and camera to participate.

Pre-registration is required.

This workshop is funded by the Self-Managment Program Central East and is FREE to participants. Participant s will also receive a FREE Living a Healthy Life With Chronic Conditions text book.

Call 1-866-971-5545 or follow the link for more information and to register.

## Wednesday, September 17, 2025

#### **Toddlers and Waddlers**

Date and Time: Wednesday, September 17 10:30 am - 11:30 am

Address: 31 Queen Street, port hope

Join us at the Mary J. Benson Branch for stories, singing & interactive play designed for children under 6. All c hildren are welcome!

## **Introduction to Forest Bathing (Shinrin-Yoku)**

Date and Time: Wednesday, September 17 1:30 pm - 3:00 pm

Address: 99 Toronto Rd, Port Hope ON L1A 3S5 Multi-Purpose room (first floor)

In 1982 Forst Bathing was deemed an official wellness practice in Japan. The health benefits of Forest Bathing are not recognized globally.

This introductory workshop, held in partnership with The Community Health Centres of Northumberland, is he ld in a classroom setting.

In this class you will learn:

- The health benefits of spending time in nature
- The science behind how the forest is able to support our physical and mental health
- How to practice Forest Bathing

For real life practice, we also invite you to join The Community Health Centres of Northumberland to practice two in person guided forest walks. You may register for these by calling Pam Chapman at (905) 885-2626 ext. 253

Practical Forest Walk Dates:

- Thursday October 9th, 2025 from 1:30 pm 2:30 pm in Port Hope (venue to be confirmed).
- Thursday October 23rd, 2025 from 1:30 pm 2:30 pm at 700 William Street

#### In-person Engagement Drop In - Ward Boundary and Council Composition Review

Date and Time: Wednesday, September 17 6:00 pm - 8:00 pm

Address: Canton Community Hub, 5325 County Rd 10, Port Hope ON

Residents are invited to participate in drop-in engagement sessions where they can share their feedback on the  $\underline{c}$  urrent Ward Boundary and Council Composition Review.

As part of the first round of engagement for this project, staff and the consultant have planned various in-perso n sessions to provide the community with ample ways to participate. Whether you're curious about how ward b oundaries are drawn, what Council representation could look like in the future, or simply want to stay informed , these sessions are a great opportunity to get involved and help ensure that our local government reflects the ne eds of our growing community. Upcoming sessions include:

- Wednesday, September 17, from 6:00 p.m. to 8:00 p.m. at the Canton Community Hub (5325 County Rd 10)
- Thursday, September 18, from 2:00 p.m. to 4:00 p.m. at the Port Hope Public Library (31 Queen Street)
- Thursday, September 18, from 6:00 p.m. to 8:00 p.m. at the Jack Burger Sports Complex (60 Highland Drive)

At these sessions, residents will have the opportunity to meet directly with the consultants leading the review, a sk questions, and share their perspective. Attendees can explore detailed information boards that explain the pur pose of the review, the options being considered, and how potential changes could shape the way residents are r epresented on Council. The consultants will be on hand to explain the process, answer questions, and gather fee dback.

The review includes extensive public consultation and engagement opportunities at various stages throughout t he review process. Currently, in this first stage, residents are invited to provide feedback on both the current ward boundaries and the overall Council composition. Key considerations in the process include population size, geography, community history, community interests, and minority representation. Later, residents will be invited once again to provide their comments and considerations on any recommended options related to ward bound aries and Council composition.

Additional details about the project, and in-person sessions, including dates and times are available on the <u>enga</u> gement project page.

An <u>online survey</u> is also available for those who wish to provide their feedback virtually.

# Thursday, September 18, 2025

## In-person Engagement Drop In - Ward Boundary and Council Composition Review

Date and Time: Thursday, September 18 2:00 pm - 4:00 pm

Address: Port Hope Public Library, 31 Queen Street, Port Hope ON

Residents are invited to participate in drop-in engagement sessions where they can share their feedback on the  $\underline{c}$  urrent Ward Boundary and Council Composition Review.

As part of the first round of engagement for this project, staff and the consultant have planned various in-perso n sessions to provide the community with ample ways to participate. Whether you're curious about how ward b oundaries are drawn, what Council representation could look like in the future, or simply want to stay informed , these sessions are a great opportunity to get involved and help ensure that our local government reflects the ne eds of our growing community. Upcoming sessions include:

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aries and Council composition.

Additional details about the project, and in-person sessions, including dates and times are available on the <u>enga</u> gement project page.

An <u>online survey</u> is also available for those who wish to provide their feedback virtually.

## In-person Engagement Drop In - Ward Boundary and Council Composition Review

Date and Time: Thursday, September 18 6:00 pm - 8:00 pm

Address: Jack Burger Sports Complex, 60 Highland Dr., Port Hope ON

Residents are invited to participate in drop-in engagement sessions where they can share their feedback on the <u>c</u> <u>urrent Ward Boundary and Council Composition Review</u>.

As part of the first round of engagement for this project, staff and the consultant have planned various in-perso n sessions to provide the community with ample ways to participate. Whether you're curious about how ward b oundaries are drawn, what Council representation could look like in the future, or simply want to stay informed , these sessions are a great opportunity to get involved and help ensure that our local government reflects the ne eds of our growing community. Upcoming sessions include:

- Wednesday, September 17, from 6:00 p.m. to 8:00 p.m. at the Canton Community Hub (5325 County Rd 10)
- Thursday, September 18, from 2:00 p.m. to 4:00 p.m. at the Port Hope Public Library (31 Queen Street)
- Thursday, September 18, from 6:00 p.m. to 8:00 p.m. at the Jack Burger Sports Complex (60 Highland Drive)

At these sessions, residents will have the opportunity to meet directly with the consultants leading the review, a sk questions, and share their perspective. Attendees can explore detailed information boards that explain the pur pose of the review, the options being considered, and how potential changes could shape the way residents are r epresented on Council. The consultants will be on hand to explain the process, answer questions, and gather fee dback.

The review includes extensive public consultation and engagement opportunities at various stages throughout t he review process. Currently, in this first stage, residents are invited to provide feedback on both the current ward boundaries and the overall Council composition. Key considerations in the process include population size, geography, community history, community interests, and minority representation. Later, residents will be invited once again to provide their comments and considerations on any recommended options related to ward bound aries and Council composition.

Additional details about the project, and in-person sessions, including dates and times are available on the <u>enga</u> gement project page.

An <u>online survey</u> is also available for those who wish to provide their feedback virtually.

#### **Teen Trivia**

Date and Time: Thursday, September 18 6:30 pm - 7:30 pm

Address: 31 Queen St., Port Hope

Bring your friends or meet some new ones at the Mary J. Benson Branch, test your knowledge and have a fun ni

ght out!

Audience: Teens

## Friday, September 19, 2025

#### Storytime in the Park

Date and Time: Friday, September 19 10:30 am - 11:00 am

Address: 31 Queen Street, Port Hope

Join us in Memorial Park across the street from the Mary J. Benson Branch for a story time. We will have an as ssortment of childrens picture books to read.

## Saturday, September 20, 2025

#### Friends of the Library Third Annual Trunk Sale

Date and Time: Saturday, September 20 8:00 am - 1:00 pm

Address: 31 Queen St. port hope

The PHPL Friends of the Library Third Annual Trunk Sale will take place on Saturday, September 20 at the Mar y J. Benson Branch parking lot and lawn from 8:00 am - 1:00 pm.

Cost for a spot is \$30. For payments and registration email: phfriendsol@gmail.com

## Sunday, September 21, 2025

#### Cameco 101: Our Local to Global Impact

Date and Time: Sunday, September 21 2:00 pm - 4:30 pm

Address: 20 Queen Street, Port Hope ON

You're invited to join Cameco and Friends of the Port Hope Public Library on Sunday, September 21 for a FREE community presentation at 2 p.m. at the Capitol Theatre.

Join us for 'Cameco 101: Our Local to Global Impact' to learn about Cameco's local operations, including our Cameco Fuel Manufacturing and Port Hope Conversion facilities.

This event is free to attend; however, registration is required as space is limited.

Register today.

## Monday, September 22, 2025

#### **Baby Time at PHPL!**

Date and Time: Monday, September 22 10:30 am - 11:30 am

Address: 31 Queen Street, Port Hope

Drop in to the Mary J. Benson Branch for a special baby time program of songs, stories & bubbles for babies ag es 1 and under!

#### **Unfinished Stitchery**

Date and Time: Monday, September 22 2:00 pm - 3:30 pm

Address: 31 Queen St. Port Hope

Join us in the program room at the Mary J. Benson branch for an afternoon of sharing and laughter.

Whatever it is you have on the go whether it be knitting, crochet, weaving, cross stitch or sewing we would lov e to have you join us.

## Tuesday, September 23, 2025

## **Living a Healthy Life with Chronic Conditions**

Date and Time: Tuesday, September 23 9:00 am - 11:30 am

Address: Online

Do you live with challenges and complications as a result of a chronic health condition?

Join us for an online interactive 6 week workshop designed to help you take back your life and feel better.

Our small group workshop is supportive in helping you reach your health goals.

Workshop will be delivered using Zoom platform and requires use of a microphone and camera to participate.

Pre-registration is required.

This workshop is funded by the Self-Managment Program Central East and is FREE to participants. Participant s will also receive a FREE Living a Healthy Life With Chronic Conditions text book.

Call 1-866-971-5545 or follow the link for more information and to register.

# Wednesday, September 24, 2025

#### **Toddlers and Waddlers**

Date and Time: Wednesday, September 24 10:30 am - 11:30 am

Address: 31 Queen Street, port hope

Join us at the Mary J. Benson Branch for stories, singing & interactive play designed for children under 6. All c

hildren are welcome!

## Thursday, September 25, 2025

### ARU Community Open House - Learn About Potential Housing Changes

Date and Time: Thursday, September 25 4:30 pm - 6:30 pm

Address: 60 Highland Drive, Port Hope

Residents are invited to join staff at a community open house to learn about and provide feedback before a Zoni ng By-law Amendment is applied for, and considered formally, in a Statutory Public Meeting. This amendment will focus on updating the rules around Additional Residential Units (ARUs) and Housing definitions. The open house will take place on **Thursday**, **September 25**, **2025**, at **4:30 p.m. to 6:30 p.m.** at the **Jack Burger Sports Complex** Community Room (60 Highland Drive).

An ARU is a secondary dwelling on the same lot as the main home. Sometimes referred to as granny flats, in-la w suites, secondary suites, and basement apartments.

The Open House is intended to provide an opportunity to learn about these changes, ask questions, and receive your input to assist in shaping the Municipality-initiated Zoning By-law Amendment Application. Staff will be working on these amendments to make it easier for owners to add an ARU to their property, which can help exp and affordable and flexible housing options across the Municipality.

If you are interested in adding an ARU to your property or just want to learn more about the proposed changes, visit the project page at <a href="mailto:engage.porthope.ca/ARU">engage.porthope.ca/ARU</a>

#### Teen Trivia

Date and Time: Thursday, September 25 6:30 pm - 7:30 pm

Address: 31 Queen St., Port Hope

Bring your friends or meet some new ones at the Mary J. Benson Branch, test your knowledge and have a fun ni ght out!

Audience: Teens

## Friday, September 26, 2025

#### Storytime in the Park

Date and Time: Friday, September 26 10:30 am - 11:00 am

Address: 31 Queen Street, Port Hope

Join us in Memorial Park across the street from the Mary J. Benson Branch for a story time. We will have an as ssortment of childrens picture books to read.

# Saturday, September 27, 2025

# ACO Port Hope Historic Walking Tours - "Intro to Englishtown - Baldwin to the Back Lanes"

Date and Time: Saturday, September 27 11:00 am - 12:30 pm

Address: The meeting place for each tour is listed on the eventbrite description for that event.

ACO Port Hope Historic Walking Tour - "Intro to Englishtown - Baldwin to the Back Lanes"

This brand new tour strolls along quiet streets lined with classic Ontario cottages and surprising Second Empire mansions, taking detours along hidden back lanes and alleys, enjoying the sights and sounds of birds, beautiful t rees and gardens.

Help us celebrate our branch's third year of conducting these popular Saturday morning historic guided walks t hrough four different neighbourhoods in Port Hope. Tours run rain or shine, with cancellations only in severe weather events. The meeting place for each tour is listed on its eventbrite description. Tickets are \$20 plus even tbrite fees. Each tour starts at 11 am and runs until approximately 12:30, so that you and your party can have lu nch in one of our wonderful local restaurants downtown. Head to our website at https://acoporthope.ca for mor e information and the link to purchase tickets, or head directly to <a href="https://www.eventbrite.ca/o/aco-port-hope-68">https://www.eventbrite.ca/o/aco-port-hope-68</a> 944415113.

All proceeds go towards supporting heritage in our community.

## Sunday, September 28, 2025

## **OPG Sponsored Skate**

Date and Time: Sunday, September 28 1:00 pm - 2:30 pm

Address: 60 Highland Drive, Port Hope, ON L1A4B3

Join Ontario Power Generation for family fun! On Sunday, September 28th enjoy a FREE public skate between 1:00-2:30 pm at the Jack Burger Sports Complex. Plus, meet with OPG team members to discuss the potential

for new nuclear generation at the Wesleyville site.

## Monday, September 29, 2025

#### **Baby Time at PHPL!**

Date and Time: Monday, September 29 10:30 am - 11:30 am

Address: 31 Queen Street, Port Hope

Drop in to the Mary J. Benson Branch for a special baby time program of songs, stories & bubbles for babies ag es 1 and under!

#### **Unfinished Stitchery**

Date and Time: Monday, September 29 2:00 pm - 3:30 pm

Address: 31 Queen St. Port Hope

Join us in the program room at the Mary J. Benson branch for an afternoon of sharing and laughter.

Whatever it is you have on the go whether it be knitting, crochet, weaving, cross stitch or sewing we would lov e to have you join us.

## Tuesday, September 30, 2025

## Living a Healthy Life with Chronic Conditions

Date and Time: Tuesday, September 30 9:00 am - 11:30 am

Address: Online

Do you live with challenges and complications as a result of a chronic health condition?

Join us for an online interactive 6 week workshop designed to help you take back your life and feel better.

Our small group workshop is supportive in helping you reach your health goals.

Workshop will be delivered using Zoom platform and requires use of a microphone and camera to participate.

Pre-registration is required.

This workshop is funded by the Self-Managment Program Central East and is FREE to participants. Participant s will also receive a FREE Living a Healthy Life With Chronic Conditions text book.

Call 1-866-971-5545 or follow the link for more information and to register.

https://calendar.porthope.ca