

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:00 am Holiday Adult Swim 8:00 am Walking 8:00 am Holiday Youth Centre Drop-In 9:00 am Holiday Active Start (Ages 0-6) 9:00 am Holiday Parent and Child Stick and Puck 9:00 am Active Start: Toddler Gym Drop-in 10:00 am Holiday Adult and Senior Stick and Puck 10:00 am Holiday Lane Swim 10:45 am Holiday Family Swim 11:00 am Holiday All Ages Stick and Puck 12:00 pm Holiday Adult Swim 12:00 pm Holiday Adult and Senior Skate 1:00 pm Holiday Public Skate 1:00 pm 55+ Ukulele 1:00 pm Holiday Family Gym Drop-In (7 years+) 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm FREE! Holiday Family Gym Drop-In (Ages 7-19) 1:30 pm Holiday Family Swim 2:45 pm FREE! Holiday Public Swim	3 9:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:00 am Holiday Active Start (Ages 0-6) 9:00 am Holiday Youth Centre Drop-In 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Youth Open Gym Drop-in (Ages 7-19)

					6:00 pm 55+ Euchre 6:15 pm Holiday Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:30 pm Holiday Youth Volleyball Drop-In (Ages 13-19) 7:30 pm Toonie Swim	
4 10:00 am Youth Centre Drop-In (Ages 13 to 19) 10:15 am Holiday Youth Centre Drop-In 10:30 am Holiday Pickleball - Beginner/Intermediate 10:30 am Pickleball - Beginner/Intermediate 11:30 am Adult Swim 1:00 pm Holiday Pickleball Intermediate/Advanced 1:00 pm Pickleball - Intermediate/Advanced 1:00 pm FREE! Holiday Public Skate 2:30 pm Public Swim	5 5:30 am Adult Swim 8:00 am Youth Centre Pre-Teen (10 to 13) 8:00 am Walking 9:30 am 55+ Cribbage 9:30 am All Ages Stick and Puck 10:00 am Public Swim 10:00 am 55+ French Cafe 11:15 am Lane Swim 12:00 pm Adult and Senior Skate 12:15 pm Adult Swim 1:00 pm 55+ Carefree Duplicate Bridge 1:00 pm Fun4Life 1:00 pm 55+ Learn and Coach Duplicate Bridge 1:45 pm Lane Swim 1:45 pm Public Swim 2:30 pm All Ages Stick and Puck 7:30 pm Public Swim	6 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:30 am Adult and Senior Stick and Puck 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Fun4Life - Games Room Drop-In 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Shuffleboard 1:00 pm 55+ Bingo 1:00 pm 55+ Knitting - Biweekly 1:30 pm Lane Swim 2:30 pm Public Skate 3:00 pm Youth Gym Drop-in (Ages 13-19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	7 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm All Ages Stick and Puck 3:00 pm Youth Gym Drop-in (Ages 13-19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	8 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Scrabble 10:00 am Early ON: Let's Get Physical 10:30 am Adult and Senior Stick and Puck 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Social Bridge 1:00 pm 55+ Texas Hold'em 1:00 pm Pickleball - Beginner/Intermediate 1:30 pm Lane Swim 2:30 pm Youth Stick and Puck 3:00 pm Open Gym/Badminton Drop-In (Ages 13 to 19 years) 6:15 pm Family Swim 7:00 pm Pickleball - Beginner/Intermediate 16+ 7:30 pm Public Swim	9 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am All Ages Stick and Puck 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Ukulele 1:00 pm Badminton (Ages 18+) 1:00 pm 55+ Canasta 1:00 pm 55+ Dime Bingo 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm Public Skate 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	10 9:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Youth Open Gym Drop-in (Ages 7-19) 8:00 pm Late Night Hoops (Ages 15 to 19)

11	12	13	14	15	16	17
10:00 am Youth Centre Drop-In (Ages 13 to 19)	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	9:00 am Youth Centre Drop-In (Ages 13 to 19)
10:30 am Pickleball - Beginner/Intermediate	8:00 am Walking	8:00 am Walking	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	9:00 am Active Start: Toddler Gym Drop-in
11:30 am Adult Swim	8:00 am Youth Centre Pre-Teen (10 to 13)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	
1:00 pm FREE! Public Skate	9:30 am 55+ Cribbage	9:00 am 55+ Tai Chi - Continuing	9:00 am Active Start: Toddler Gym Drop-in	9:30 am 55+ Scrabble	9:00 am Active Start: Toddler Gym Drop-in	11:30 am Adult Swim
1:00 pm Pickleball - Intermediate/Advanced	9:30 am All Ages Stick and Puck	10:00 am 55+ Tai Chi - Intermediate	9:30 am 55+ Darts	10:00 am Early ON: Let's Get Physical	9:30 am All Ages Stick and Puck	2:15 pm Public Swim
2:30 pm FREE! Public Swim	10:00 am Public Swim	10:00 am Fun4Life - Accessible Gym	10:30 am Pickleball - All Levels	10:30 am Adult and Senior Stick and Puck	10:30 am Pickleball - All Levels	3:00 pm Youth Open Gym Drop-in (Ages 7-19)
	10:00 am 55+ French Cafe	10:30 am Adult and Senior Stick and Puck	10:45 am Lane Swim	10:45 am Lane Swim	10:45 am Public Swim	
	10:00 am Men's Activity Club (MAC)	10:45 am Family Swim	10:45 am Family Swim	10:45 am Family Swim	12:00 pm Adult and Senior Skate	
	10:30 am Pickleball - All Levels	11:00 am Fun4Life - Games Room Drop-In	12:00 pm Adult Swim	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	
	11:15 am Lane Swim	12:00 pm Adult Swim	1:00 pm 55+ Bid Euchre	12:00 pm Adult Swim	12:00 pm Adult Swim	
	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	1:30 pm Lane Swim	1:00 pm 55+ Social Bridge	1:00 pm 55+ Ukulele	
	12:15 pm Adult Swim	12:30 pm Pickleball - Intermediate/Advanced	1:30 pm Public Swim	1:00 pm 55+ Texas Hold'em	1:00 pm Badminton (Ages 18+)	
	1:00 pm 55+ Carefree Duplicate Bridge	1:00 pm Shuffleboard	2:30 pm All Ages Stick and Puck	1:00 pm Pickleball - Beginner/Intermediate	1:00 pm 55+ Dime Bingo	
	1:00 pm Badminton (Ages 18+)	1:00 pm 55+ Mahjongg - Biweekly	3:00 pm Youth Gym Drop-in (Ages 13-19)	1:30 pm Lane Swim	1:00 pm 55+ Canasta	
	1:00 pm Fun4Life	1:30 pm Lane Swim	5:30 pm Pickleball - All Levels	2:30 pm Youth Stick and Puck	1:30 pm Public Swim	
	1:00 pm 55+ Learn and Coach Duplicate Bridge	2:30 pm Public Skate	7:30 pm Basketball (30+)	3:00 pm Open Gym/Badminton Drop-In (Ages 13 to 19 years)	1:30 pm Lane Swim	
	1:45 pm Public Swim	3:00 pm Youth Gym Drop-in (Ages 13-19)	7:30 pm Public Swim	6:15 pm Family Swim	2:30 pm Public Skate	
	1:45 pm Lane Swim	6:00 pm 55+ Duplicate Bridge		7:00 pm Pickleball - Beginner/Intermediate 16+	3:00 pm Hoops (Ages 13 to 19)	
	2:30 pm All Ages Stick and Puck	7:30 pm Public Swim		7:30 pm Public Swim	6:00 pm 55+ Euchre	
	3:00 pm Youth Open Gym Drop-in (Ages 7-19)				6:15 pm Family Swim	
	7:30 pm Basketball (16+)				6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
	7:30 pm Public Swim				7:30 pm Public Swim	
18	19	20	21	22	23	24
10:00 am Youth Centre Drop-In (Ages 13 to 19)	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	9:00 am Youth Centre Drop-In (Ages 13 to 19)
10:30 am Pickleball - Beginner/Intermediate	8:00 am Walking	8:00 am Walking	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	9:00 am Active Start: Toddler Gym Drop-in
11:30 am Adult Swim	8:00 am Youth Centre Pre-Teen (10 to 13)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	
1:00 pm Public Skate	9:30 am 55+	9:00 am 55+ Tai Chi - Continuing	9:00 am Active	9:30 am 55+ Scrabble	9:00 am Active	

1:00 pm Pickleball - Intermediate/Advanced 2:30 pm Public Swim	Cribbage 9:30 am All Ages Stick and Puck 10:00 am Public Swim 10:00 am 55+ French Cafe 10:00 am Men's Activity Club (MAC) 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:00 pm Adult and Senior Skate 12:15 pm Adult Swim 1:00 pm 55+ Carefree Duplicate Bridge 1:00 pm Badminton (Ages 18+) 1:00 pm Fun4Life 1:00 pm 55+ Learn and Coach Duplicate Bridge 1:45 pm Lane Swim 1:45 pm Public Swim 2:30 pm All Ages Stick and Puck 3:00 pm Youth Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (16+) 7:30 pm Public Swim	10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:30 am Adult and Senior Stick and Puck 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Fun4Life - Games Room Drop-In 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Shuffleboard 1:00 pm 55+ Bingo 1:00 pm 55+ Knitting - Biweekly 1:30 pm Lane Swim 2:30 pm Public Skate 3:00 pm Youth Gym Drop-in (Ages 13-19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm All Ages Stick and Puck 3:00 pm Youth Gym Drop-in (Ages 13-19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	10:00 am Early ON: Let's Get Physical 10:30 am Adult and Senior Stick and Puck 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Social Bridge 1:00 pm 55+ Texas Hold'em 1:00 pm Pickleball - Beginner/Intermediate 1:30 pm Lane Swim 2:30 pm Youth Stick and Puck 3:00 pm Open Gym/Badminton Drop-In (Ages 13 to 19 years) 6:15 pm Family Swim 7:00 pm Pickleball - Beginner/Intermediate 16+ 7:30 pm Public Swim	Start: Toddler Gym Drop-in 9:30 am All Ages Stick and Puck 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Ukulele 1:00 pm Badminton (Ages 18+) 1:00 pm 55+ Canasta 1:00 pm 55+ Dime Bingo 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm Public Skate 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Youth Open Gym Drop-in (Ages 7-19)
25 10:00 am Youth Centre Drop-In (Ages 13 to 19) 10:30 am Pickleball - Beginner/Intermediate 11:30 am Adult Swim 1:00 pm Public Skate 1:00 pm Pickleball - Intermediate/Advanced 2:30 pm Public Swim	26 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Pre-Teen (10 to 13) 9:30 am 55+ Cribbage 9:30 am All Ages Stick and Puck 10:00 am Public	27 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym	28 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball	29 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Scrabble 10:00 am Early ON: Let's Get Physical 10:30 am Adult and Senior Stick and	30 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am All Ages Stick and Puck	

Swim	10:30 am Adult and Senior Stick and Puck	- All Levels	Puck	10:30 am Pickleball - All Levels
10:00 am 55+ French Cafe	10:45 am Lane Swim	10:45 am Lane Swim	10:45 am Lane Swim	10:45 am Public Swim
10:00 am Men's Activity Club (MAC)	10:45 am Family Swim	10:45 am Family Swim	10:45 am Family Swim	12:00 pm Adult and Senior Skate
10:30 am Pickleball - All Levels	11:00 am Fun4Life - Games Room Drop-In	12:00 pm Adult Swim	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate
11:15 am Lane Swim	12:00 pm Adult Swim	1:00 pm 55+ Bid Euchre	12:00 pm Adult Swim	12:00 pm Adult Swim
12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	1:30 pm Lane Swim	1:00 pm 55+ Social Bridge	1:00 pm 55+ Ukulele
12:15 pm Adult Swim	12:30 pm Pickleball - Intermediate/Advanced	1:30 pm Public Swim	1:00 pm 55+ Texas Hold'em	1:00 pm Badminton (Ages 18+)
1:00 pm 55+ Carefree Duplicate Bridge	1:00 pm Shuffleboard	2:30 pm All Ages Stick and Puck	1:00 pm Pickleball - Beginner/Intermediate	1:00 pm 55+ Dime Bingo
1:00 pm Badminton (Ages 18+)	1:00 pm 55+ Mahjongg - Biweekly	3:00 pm Youth Gym Drop-in (Ages 13-19)	1:30 pm Lane Swim	1:00 pm 55+ Canasta
1:00 pm Fun4Life	1:00 pm 55+ Bingo	5:30 pm Pickleball - All Levels	2:30 pm Youth Stick and Puck	1:30 pm Public Swim
1:00 pm 55+ Learn and Coach Duplicate Bridge	1:30 pm Lane Swim	7:30 pm Basketball (30+)	3:00 pm Open Gym/Badminton Drop-In (Ages 13 to 19 years)	1:30 pm Lane Swim
1:45 pm Public Swim	2:30 pm Public Skate	7:30 pm Public Swim	6:15 pm Family Swim	2:30 pm Public Skate
1:45 pm Lane Swim	3:00 pm Youth Gym Drop-in (Ages 13-19)		7:00 pm Pickleball - Beginner/Intermediate 16+	3:00 pm Hoops (Ages 13 to 19)
2:30 pm All Ages Stick and Puck	6:00 pm 55+ Duplicate Bridge		7:30 pm Public Swim	6:00 pm 55+ Euchre
3:00 pm Youth Open Gym Drop-in (Ages 7-19)	7:30 pm Public Swim			6:15 pm Family Swim
7:30 pm Basketball (16+)				6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)
7:30 pm Public Swim				7:30 pm Public Swim