# Saturday, February 1, 2025

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Saturday, February 1 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### **Indoor Tennis**

Date and Time: Saturday, February 1 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

### **Adult Swim**

Date and Time: Saturday, February 1 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Public Swim**

Date and Time: Saturday, February 1 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Sunday, February 2, 2025

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Sunday, February 2 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Sunday, February 2 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### **Adult Swim**

Date and Time: Sunday, February 2 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in <u>fees</u> apply.

#### Pickleball - Intermediate/Advanced

Date and Time: Sunday, February 2 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

### **Public Skate**

Date and Time: Sunday, February 2 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

### **Public Swim**

Date and Time: Sunday, February 2 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in <u>fees</u> apply.

# Monday, February 3, 2025

### **Adult Swim**

Date and Time: Monday, February 3 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# **Walking**

Date and Time: Monday, February 3 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 10 to 12)**

Date and Time: Monday, February 3 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Men's Activity Club (MAC)

Date and Time: Monday, February 3 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, February 3 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## All Ages Stick and Puck

Date and Time: Monday, February 3 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees** apply

### 55+ French Cafe

Date and Time: Monday, February 3 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

### **Public Swim**

Date and Time: Monday, February 3 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

### Pickleball - All Levels

Date and Time: Monday, February 3 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

### Lane Swim

Date and Time: Monday, February 3 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### **Adult and Senior Skate**

Date and Time: Monday, February 3 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Monday, February 3 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bridge

Date and Time: Monday, February 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Bridge.

<u>55+ Membership</u> required.

### **Badminton**

Date and Time: Monday, February 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

### Fun4Life

Date and Time: Monday, February 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

# Tuesday, February 4, 2025

### **Adult Swim**

Date and Time: Tuesday, February 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Walking**

Date and Time: Tuesday, February 4 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, February 4 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Tai Chi - Continuing

Date and Time: Tuesday, February 4 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a

nd Intermediate classes.

### 55+ Tai Chi - Intermediate

Date and Time: Tuesday, February 4 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a

nd Intermediate classes.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, February 4 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

### Lane Swim

Date and Time: Tuesday, February 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Family Swim**

Date and Time: Tuesday, February 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

### **Adult and Senior Stick and Puck**

Date and Time: Tuesday, February 4 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees** apply

## **Fun4Life - Games Room Drop-In**

Date and Time: Tuesday, February 4 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

### **Adult and Senior Skate**

Date and Time: Tuesday, February 4 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Tuesday, February 4 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Pickleball - Intermediate/Advanced

Date and Time: Tuesday, February 4 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

### **Shuffleboard**

Date and Time: Tuesday, February 4 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and

up

## 55+ Knitting Circle

Date and Time: Tuesday, February 4 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Me mbership required.

# Wednesday, February 5, 2025

### **Adult Swim**

Date and Time: Wednesday, February 5 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Wednesday, February 5 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 5 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## **Active Start: Toddler Gym Drop-in**

Date and Time: Wednesday, February 5 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

### 55+ Darts

Date and Time: Wednesday, February 5 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

### Pickleball - All Levels

Date and Time: Wednesday, February 5 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

### **Lane Swim**

Date and Time: Wednesday, February 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

**Drop-in** fees apply.

# **Family Swim**

Date and Time: Wednesday, February 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

### **Adult Swim**

Date and Time: Wednesday, February 5 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### 55+ Bid Euchre

Date and Time: Wednesday, February 5 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

### **Adult Swim**

Date and Time: Wednesday, February 5 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply

### Lane Swim

Date and Time: Wednesday, February 5 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### **Public Swim**

Date and Time: Wednesday, February 5 2:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

This Public Swim is in the Therapy Pool only.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in <u>fees</u> apply.

### Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 5 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is ru nning.

Drop-in fees apply.

### Youth Stick and Puck

Date and Time: Wednesday, February 5 3:00 pm - 3:50 pm

Address: 60 Highland Drive

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

**Drop-In fees** apply.

# Thursday, February 6, 2025

### **Adult Swim**

Date and Time: Thursday, February 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Thursday, February 6 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Thursday, February 6 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### 55+ Scrabble

Date and Time: Thursday, February 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, February 6 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees apply** 

## Early On: Let's Get Physical

Date and Time: Thursday, February 6 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the col d and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

### **Lane Swim**

Date and Time: Thursday, February 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

### **Family Swim**

Date and Time: Thursday, February 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

### **Adult and Senior Stick and Puck**

Date and Time: Thursday, February 6 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees apply** 

### **Adult and Senior Skate**

Date and Time: Thursday, February 6 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Thursday, February 6 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### 55+ Texas Hold' Em

Date and Time: Thursday, February 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. <u>55+ Membership</u> required.

## Pickleball - Beginner

Date and Time: Thursday, February 6 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and in clusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## 55+ Bridge

Date and Time: Thursday, February 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. <u>55+ Membership</u> required.

### Lane Swim

Date and Time: Thursday, February 6 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

# Friday, February 7, 2025

### **Adult Swim**

Date and Time: Friday, February 7 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Friday, February 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Friday, February 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

# **Active Start: Toddler Gym Drop-in**

Date and Time: Friday, February 7 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other

children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## All Ages Stick and Puck

Date and Time: Friday, February 7 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees apply** 

### Pickleball - All Levels

Date and Time: Friday, February 7 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

### **Public Swim**

Date and Time: Friday, February 7 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

### **Adult and Senior Skate**

Date and Time: Friday, February 7 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Friday, February 7 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Public Skate**

Date and Time: Friday, February 7 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

### 55+ Canasta

Date and Time: Friday, February 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

# 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, February 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Dime Bingo

Date and Time: Friday, February 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

### **Badminton**

Date and Time: Friday, February 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

### Lane Swim

Date and Time: Friday, February 7 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

**Drop-in fees** apply

# Saturday, February 8, 2025

# Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, February 8 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### **Indoor Tennis**

Date and Time: Saturday, February 8 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

### **Adult Swim**

Date and Time: Saturday, February 8 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up. This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available. Drop-in fees apply.

### **Public Swim**

Date and Time: Saturday, February 8 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## **Open Gym Drop-in (Ages 7-19)**

Date and Time: Saturday, February 8 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Late Night Hoops (Ages 15 to 19)

Date and Time: Saturday, February 8 8:00 pm - 11:55 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends! Listen to music, order a pizza, and enjoy having t he facility to yourselves for the evening.

Ages 15-19 years.

Drop-in fees apply.

# Sunday, February 9, 2025

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Sunday, February 9 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Pickleball - Beginner/Intermediate

Date and Time: Sunday, February 9 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### **Adult Swim**

Date and Time: Sunday, February 9 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Public Skate**

Date and Time: Sunday, February 9 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

### Pickleball - Intermediate/Advanced

Date and Time: Sunday, February 9 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

### **Public Swim**

Date and Time: Sunday, February 9 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Monday, February 10, 2025

### **Adult Swim**

Date and Time: Monday, February 10 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Monday, February 10 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 10 to 12)**

Date and Time: Monday, February 10 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## **Men's Activity Club (MAC)**

Date and Time: Monday, February 10 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, February 10 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

# **All Ages Stick and Puck**

Date and Time: Monday, February 10 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the

arena.

**Drop-In Fees** apply

### 55+ French Cafe

Date and Time: Monday, February 10 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

### **Public Swim**

Date and Time: Monday, February 10 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in <u>fees</u> apply.

### Pickleball - All Levels

Date and Time: Monday, February 10 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

### Lane Swim

Date and Time: Monday, February 10 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### **Adult and Senior Skate**

Date and Time: Monday, February 10 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Monday, February 10 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### 55+ Bridge

Date and Time: Monday, February 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Bridge.

55+ Membership required.

### **Badminton**

Date and Time: Monday, February 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

### Fun4Life

Date and Time: Monday, February 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

# Tuesday, February 11, 2025

### **Adult Swim**

Date and Time: Tuesday, February 11 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Walking**

Date and Time: Tuesday, February 11 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, February 11 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Tai Chi - Continuing

Date and Time: Tuesday, February 11 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a nd Intermediate classes.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, February 11 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

### 55+ Tai Chi - Intermediate

Date and Time: Tuesday, February 11 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a nd Intermediate classes.

### Lane Swim

Date and Time: Tuesday, February 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

## **Family Swim**

Date and Time: Tuesday, February 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

### Adult and Senior Stick and Puck

Date and Time: Tuesday, February 11 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees apply** 

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, February 11 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

### Adult and Senior Skate

Date and Time: Tuesday, February 11 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

### **Adult Swim**

Date and Time: Tuesday, February 11 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up. This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Pickleball - Intermediate/Advanced

Date and Time: Tuesday, February 11 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

# **55+ Knitting Circle**

Date and Time: Tuesday, February 11 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Me

mbership required.

### Shuffleboard

Date and Time: Tuesday, February 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and

up

# Wednesday, February 12, 2025

### **Adult Swim**

Date and Time: Wednesday, February 12 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Walking**

Date and Time: Wednesday, February 12 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 12 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## **Active Start: Toddler Gym Drop-in**

Date and Time: Wednesday, February 12 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

#### 55+ Darts

Date and Time: Wednesday, February 12 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

### Pickleball - All Levels

Date and Time: Wednesday, February 12 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

### 55+ Bid Euchre

Date and Time: Wednesday, February 12 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 12 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is ru

nning.

Drop-in fees apply.

### **Youth Stick and Puck**

Date and Time: Wednesday, February 12 3:00 pm - 3:50 pm

Address: 60 Highland Drive

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

**Drop-In fees** apply.

### **Public Swim**

Date and Time: Wednesday, February 12 3:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

This Public Swim is in the Therapy Pool only.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

### Pickleball - All Levels

Date and Time: Wednesday, February 12 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

## Basketball (30+)

Date and Time: Wednesday, February 12 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of r egistration. Ages: 30 years+

### **Public Swim**

Date and Time: Wednesday, February 12 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply

# Thursday, February 13, 2025

### **Adult Swim**

Date and Time: Thursday, February 13 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Thursday, February 13 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Thursday, February 13 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

phone. Bring your monus and come your me ra

Ages 13 to 19 years old.

Free!

### 55+ Scrabble

Date and Time: Thursday, February 13 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, February 13 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees** apply

### Early On: Let's Get Physical

Date and Time: Thursday, February 13 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the col d and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

### Lane Swim

Date and Time: Thursday, February 13 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

## **Family Swim**

Date and Time: Thursday, February 13 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

### **Adult and Senior Stick and Puck**

Date and Time: Thursday, February 13 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees apply** 

### **Adult and Senior Skate**

Date and Time: Thursday, February 13 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

### **Adult Swim**

Date and Time: Thursday, February 13 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### 55+ Texas Hold' Em

Date and Time: Thursday, February 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. <u>55+ Membership</u> required.

## 55+ Bridge

Date and Time: Thursday, February 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. <u>55+ Membership</u> required.

## Pickleball - Beginner

Date and Time: Thursday, February 13 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and in clusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### **Lane Swim**

Date and Time: Thursday, February 13 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

# Friday, February 14, 2025

### **Adult Swim**

Date and Time: Friday, February 14 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Walking**

Date and Time: Friday, February 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Friday, February 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## **Active Start: Toddler Gym Drop-in**

Date and Time: Friday, February 14 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

# **All Ages Stick and Puck**

Date and Time: Friday, February 14 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

#### Pickleball - All Levels

Date and Time: Friday, February 14 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

#### **Public Swim**

Date and Time: Friday, February 14 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

### **Adult and Senior Skate**

Date and Time: Friday, February 14 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

#### **Adult Swim**

Date and Time: Friday, February 14 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Skate**

Date and Time: Friday, February 14 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply

# 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, February 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

#### 55+ Canasta

Date and Time: Friday, February 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

# 55+ Dime Bingo

Date and Time: Friday, February 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

### **Badminton**

Date and Time: Friday, February 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

#### Lane Swim

Date and Time: Friday, February 14 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply

# Saturday, February 15, 2025

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Saturday, February 15 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

#### **Indoor Tennis**

Date and Time: Saturday, February 15 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

#### **Adult Swim**

Date and Time: Saturday, February 15 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Swim**

Date and Time: Saturday, February 15 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, February 15 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

**Drop-in fees apply** 

# Sunday, February 16, 2025

## Pickleball - Beginner/Intermediate

Date and Time: Sunday, February 16 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

# Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, February 16 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

#### **Adult Swim**

Date and Time: Sunday, February 16 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up. This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available. Drop-in <u>fees</u> apply.

#### Pickleball - Intermediate/Advanced

Date and Time: Sunday, February 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

#### **Public Skate**

Date and Time: Sunday, February 16 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

#### **Public Swim**

Date and Time: Sunday, February 16 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in <u>fees</u> apply.

# Monday, February 17, 2025

### Walking

Date and Time: Monday, February 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

### **Holiday Adult Swim**

Date and Time: Monday, February 17 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Adult Swim is intended for adults 16 and up, and are in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply

# Family Day Adult and Senior Skate

Date and Time: Monday, February 17 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

# **FREE! Family Day Public Skate**

Date and Time: Monday, February 17 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Royal Lepage ProAlliance!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## **Family Fun Day Event**

Date and Time: Monday, February 17 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Get Active this Family Day! Join us for an afternoon of **FREE** family fun. Bouncy castle, obstacle courses, cra fts, face painting and activities for all ages.

#### **FREE! Public Skate**

Date and Time: Monday, February 17 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Royal LePage ProAlliance!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

# **Holiday Public Swim**

Date and Time: Monday, February 17 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy Pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop in fees apply

## Family Day All Ages Stick and Puck

Date and Time: Monday, February 17 3:00 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees apply** 

# Tuesday, February 18, 2025

#### **Adult Swim**

Date and Time: Tuesday, February 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Tuesday, February 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, February 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Tai Chi - Continuing

Date and Time: Tuesday, February 18 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a

nd Intermediate classes.

#### 55+ Tai Chi - Intermediate

Date and Time: Tuesday, February 18 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a nd Intermediate classes.

### Fun4Life - Accessible Gym

Date and Time: Tuesday, February 18 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

#### **Lane Swim**

Date and Time: Tuesday, February 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

# **Family Swim**

Date and Time: Tuesday, February 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### Adult and Senior Stick and Puck

Date and Time: Tuesday, February 18 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees** apply

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, February 18 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

#### **Adult and Senior Skate**

Date and Time: Tuesday, February 18 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

#### **Adult Swim**

Date and Time: Tuesday, February 18 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### Pickleball - Intermediate/Advanced

Date and Time: Tuesday, February 18 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

#### Shuffleboard

Date and Time: Tuesday, February 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and

up

## 55+ Knitting Circle

Date and Time: Tuesday, February 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Me

mbership required.

# Wednesday, February 19, 2025

#### **Adult Swim**

Date and Time: Wednesday, February 19 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# Walking

Date and Time: Wednesday, February 19 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Wednesday, February 19 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## **Active Start: Toddler Gym Drop-in**

Date and Time: Wednesday, February 19 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

<u>Drop-in fees apply</u>.

#### 55+ Darts

Date and Time: Wednesday, February 19 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

<u>55+ Membership</u> required.

#### Pickleball - All Levels

Date and Time: Wednesday, February 19 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

#### Lane Swim

Date and Time: Wednesday, February 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### **Family Swim**

Date and Time: Wednesday, February 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### **Adult Swim**

Date and Time: Wednesday, February 19 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### 55+ Bid Euchre

Date and Time: Wednesday, February 19 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

#### **Adult Swim**

Date and Time: Wednesday, February 19 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply

#### Lane Swim

Date and Time: Wednesday, February 19 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

### **Public Swim**

Date and Time: Wednesday, February 19 2:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

This Public Swim is in the Therapy Pool only.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 19 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

#### Youth Stick and Puck

Date and Time: Wednesday, February 19 3:00 pm - 3:50 pm

Address: 60 Highland Drive

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

Drop-In fees apply.

# Thursday, February 20, 2025

#### **Adult Swim**

Date and Time: Thursday, February 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up. This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available. Drop-in fees apply.

## Walking

Date and Time: Thursday, February 20 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Thursday, February 20 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

#### 55+ Scrabble

Date and Time: Thursday, February 20 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

# **All Ages Stick and Puck**

Date and Time: Thursday, February 20 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

### Early On: Let's Get Physical

Date and Time: Thursday, February 20 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

#### **Lane Swim**

Date and Time: Thursday, February 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Family Swim**

Date and Time: Thursday, February 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### **Adult and Senior Stick and Puck**

Date and Time: Thursday, February 20 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

#### **Adult and Senior Skate**

Date and Time: Thursday, February 20 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

#### **Adult Swim**

Date and Time: Thursday, February 20 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### 55+ Texas Hold' Em

Date and Time: Thursday, February 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. <u>55+ Membership</u> required.

# Pickleball - Beginner

Date and Time: Thursday, February 20 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and in clusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

# 55+ Bridge

Date and Time: Thursday, February 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. <u>55+ Membership</u> required.

#### **Lane Swim**

Date and Time: Thursday, February 20 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

# Friday, February 21, 2025

#### **Adult Swim**

Date and Time: Friday, February 21 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# Walking

Date and Time: Friday, February 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Friday, February 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

# **Active Start: Toddler Gym Drop-in**

Date and Time: Friday, February 21 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

<u>Drop-in fees apply</u>.

### All Ages Stick and Puck

Date and Time: Friday, February 21 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the

**Drop-In Fees** apply

#### Pickleball - All Levels

Date and Time: Friday, February 21 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

#### **Public Swim**

Date and Time: Friday, February 21 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

#### **Adult and Senior Skate**

Date and Time: Friday, February 21 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

#### **Adult Swim**

Date and Time: Friday, February 21 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Skate**

Date and Time: Friday, February 21 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

#### 55+ Canasta

Date and Time: Friday, February 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

### 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, February 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Dime Bingo

Date and Time: Friday, February 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

#### Lane Swim

Date and Time: Friday, February 21 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

**Drop-in fees apply** 

#### **Adult Swim**

Date and Time: Friday, February 21 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply

# Saturday, February 22, 2025

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Saturday, February 22 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

#### **Adult Swim**

Date and Time: Saturday, February 22 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Swim**

Date and Time: Saturday, February 22 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Sunday, February 23, 2025

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Sunday, February 23 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

#### **Adult Swim**

Date and Time: Sunday, February 23 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Skate**

Date and Time: Sunday, February 23 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

### **Public Swim**

Date and Time: Sunday, February 23 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Monday, February 24, 2025

#### **Adult Swim**

Date and Time: Monday, February 24 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# Walking

Date and Time: Monday, February 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 10 to 12)**

Date and Time: Monday, February 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

# Men's Activity Club (MAC)

Date and Time: Monday, February 24 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, February 24 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

#### **Public Swim**

Date and Time: Monday, February 24 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

#### 55+ French Cafe

Date and Time: Monday, February 24 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

#### Pickleball - All Levels

Date and Time: Monday, February 24 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e

veryone. New players are always welcome.

#### **Lane Swim**

Date and Time: Monday, February 24 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

#### **Adult and Senior Skate**

Date and Time: Monday, February 24 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

#### **Adult Swim**

Date and Time: Monday, February 24 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bridge

Date and Time: Monday, February 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Bridge.

<u>55+ Membership</u> required.

#### **Badminton**

Date and Time: Monday, February 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

#### Fun4Life

Date and Time: Monday, February 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

### **Adult Swim**

Date and Time: Monday, February 24 1:45 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# Tuesday, February 25, 2025

#### **Adult Swim**

Date and Time: Tuesday, February 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Walking**

Date and Time: Tuesday, February 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, February 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

# 55+ Tai Chi - Continuing

Date and Time: Tuesday, February 25 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a nd Intermediate classes.

# Fun4Life - Accessible Gym

Date and Time: Tuesday, February 25 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

#### 55+ Tai Chi - Intermediate

Date and Time: Tuesday, February 25 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing a nd Intermediate classes.

#### Lane Swim

Date and Time: Tuesday, February 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Family Swim**

Date and Time: Tuesday, February 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### Adult and Senior Stick and Puck

Date and Time: Tuesday, February 25 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees apply** 

### Fun4Life - Games Room Drop-In

Date and Time: Tuesday, February 25 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

#### **Adult and Senior Skate**

Date and Time: Tuesday, February 25 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply.

#### **Adult Swim**

Date and Time: Tuesday, February 25 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### Pickleball - Intermediate/Advanced

Date and Time: Tuesday, February 25 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game. Ages: 18 years+

# 55+ Knitting Circle

Date and Time: Tuesday, February 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Me

mbership required.

#### Shuffleboard

Date and Time: Tuesday, February 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and

up

# Wednesday, February 26, 2025

#### **Adult Swim**

Date and Time: Wednesday, February 26 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Walking**

Date and Time: Wednesday, February 26 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 26 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

phone. Dring your friends and come join the fun-

Ages 13 to 19 years old.

Free!

# **Active Start: Toddler Gym Drop-in**

Date and Time: Wednesday, February 26 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

#### 55+ Darts

Date and Time: Wednesday, February 26 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

#### Pickleball - All Levels

Date and Time: Wednesday, February 26 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

#### Lane Swim

Date and Time: Wednesday, February 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

# **Family Swim**

Date and Time: Wednesday, February 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### **Adult Swim**

Date and Time: Wednesday, February 26 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### 55+ Bid Euchre

Date and Time: Wednesday, February 26 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

#### **Adult Swim**

Date and Time: Wednesday, February 26 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply

#### Lane Swim

Date and Time: Wednesday, February 26 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

#### **Public Swim**

Date and Time: Wednesday, February 26 2:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

This Public Swim is in the Therapy Pool only.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, February 26 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is ru nning.

Drop-in fees apply.

#### **Youth Stick and Puck**

Date and Time: Wednesday, February 26 3:00 pm - 3:50 pm

Address: 60 Highland Drive

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

**Drop-In fees apply.** 

# Thursday, February 27, 2025

#### **Adult Swim**

Date and Time: Thursday, February 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

# Walking

Date and Time: Thursday, February 27 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

# **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Thursday, February 27 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

#### 55+ Scrabble

Date and Time: Thursday, February 27 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, February 27 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees** apply

# Early On: Let's Get Physical

Date and Time: Thursday, February 27 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

#### Lane Swim

Date and Time: Thursday, February 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

<u>Drop-in fees</u> apply.

### **Family Swim**

Date and Time: Thursday, February 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

#### **Adult and Senior Stick and Puck**

Date and Time: Thursday, February 27 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

**Drop-In fees apply** 

#### **Adult and Senior Skate**

Date and Time: Thursday, February 27 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

#### **Adult Swim**

Date and Time: Thursday, February 27 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### 55+ Texas Hold' Em

Date and Time: Thursday, February 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. <u>55+ Membership</u> required.

## 55+ Bridge

Date and Time: Thursday, February 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. <u>55+ Membership</u> required.

# Pickleball - Beginner

Date and Time: Thursday, February 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and in clusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

#### Lane Swim

Date and Time: Thursday, February 27 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

# Friday, February 28, 2025

#### **Adult Swim**

Date and Time: Friday, February 28 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Friday, February 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Friday, February 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

1 12 10 11

Ages 13 to 19 years old.

Free!

## **Active Start: Toddler Gym Drop-in**

Date and Time: Friday, February 28 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

### All Ages Stick and Puck

Date and Time: Friday, February 28 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

**Drop-In Fees** apply

#### Pickleball - All Levels

Date and Time: Friday, February 28 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

#### **Public Swim**

Date and Time: Friday, February 28 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

### **Adult and Senior Skate**

Date and Time: Friday, February 28 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

#### **Adult Swim**

Date and Time: Friday, February 28 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated. There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

#### **Public Skate**

Date and Time: Friday, February 28 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

**Drop-In Fees** apply

# 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, February 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Canasta

Date and Time: Friday, February 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

# 55+ Dime Bingo

Date and Time: Friday, February 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

#### **Badminton**

Date and Time: Friday, February 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. D rop in fees apply

#### **Lane Swim**

Date and Time: Friday, February 28 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply

https://calendar.porthope.ca