

## Saturday, March 1, 2025

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### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, March 1 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Indoor Tennis

Date and Time: Saturday, March 1 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

### Adult Swim

Date and Time: Saturday, March 1 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Public Swim

Date and Time: Saturday, March 1 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.  
Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.  
Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, March 1 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, March 2, 2025

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### Pickleball - Beginner/Intermediate

Date and Time: Sunday, March 2 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, March 2 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Adult Swim

Date and Time: Sunday, March 2 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Pickleball - Intermediate/Advanced

Date and Time: Sunday, March 2 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Public Swim

Date and Time: Sunday, March 2 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Monday, March 3, 2025

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### Adult Swim

Date and Time: Monday, March 3 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Monday, March 3 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, March 3 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Men's Activity Club (MAC)

Date and Time: Monday, March 3 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, March 3 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## All Ages Stick and Puck

Date and Time: Monday, March 3 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Public Swim

Date and Time: Monday, March 3 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## **55+ French Cafe**

Date and Time: Monday, March 3 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **Pickleball - All Levels**

Date and Time: Monday, March 3 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## **Lane Swim**

Date and Time: Monday, March 3 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Adult and Senior Skate**

Date and Time: Monday, March 3 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Monday, March 3 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Badminton

Date and Time: Monday, March 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## Fun4Life

Date and Time: Monday, March 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## 55+ Casual Duplicate Bridge

Date and Time: Monday, March 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Tuesday, March 4, 2025

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## Adult Swim

Date and Time: Tuesday, March 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Tuesday, March 4 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, March 4 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Tai Chi - Continuing

Date and Time: Tuesday, March 4 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## 55+ Tai Chi - Intermediate

Date and Time: Tuesday, March 4 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, March 4 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

## Lane Swim

Date and Time: Tuesday, March 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Family Swim

Date and Time: Tuesday, March 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, March 4 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

## Adult and Senior Stick and Puck

Date and Time: Tuesday, March 4 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.



Drop-In fees apply

## **Pickleball Intermediate/Advanced Clinic**

Date and Time: Tuesday, March 4 11:30 am - 1:00 pm

Address: 62 McCaul St Port Hope

Intermediate Clinic with HISPORTS Pros - Focus will be on:

3rd Shot drop

Transition zone

Fast hands

Don't miss the opportunity to learn from some of the best coaches and players in Canada!

## **Adult Swim**

Date and Time: Tuesday, March 4 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Adult and Senior Skate**

Date and Time: Tuesday, March 4 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **55+ Bingo**

Date and Time: Tuesday, March 4 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

## 55+ Knitting Circle

Date and Time: Tuesday, March 4 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Membership required.

## Wednesday, March 5, 2025

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### Adult Swim

Date and Time: Wednesday, March 5 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Walking

Date and Time: Wednesday, March 5 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 5 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, March 5 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## 55+ Darts

Date and Time: Wednesday, March 5 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Pickleball - All Levels

Date and Time: Wednesday, March 5 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Family Swim

Date and Time: Wednesday, March 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Lane Swim

Date and Time: Wednesday, March 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, March 5 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, March 5 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Lane Swim

Date and Time: Wednesday, March 5 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Wednesday, March 5 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 5 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## Youth Stick and Puck

Date and Time: Wednesday, March 5 3:00 pm - 3:50 pm

Address: 60 Highland Drive

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

Drop-In fees apply.

## Pickleball - All Levels

Date and Time: Wednesday, March 5 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Thursday, March 6, 2025

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### Adult Swim

Date and Time: Thursday, March 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Walking

Date and Time: Thursday, March 6 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, March 6 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Scrabble

Date and Time: Thursday, March 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, March 6 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Early On: Let's Get Physical

Date and Time: Thursday, March 6 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Lane Swim

Date and Time: Thursday, March 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Family Swim

Date and Time: Thursday, March 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Thursday, March 6 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## Adult and Senior Skate

Date and Time: Thursday, March 6 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Thursday, March 6 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## 55+ Bridge

Date and Time: Thursday, March 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. 55+ Membership required.

## Pickleball - Beginner

Date and Time: Thursday, March 6 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, March 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. 55+ Membership required.

## Lane Swim

Date and Time: Thursday, March 6 2:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario



Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Friday, March 7, 2025

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### Adult Swim

Date and Time: Friday, March 7 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, March 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, March 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Active Start: Toddler Gym Drop-in

Date and Time: Friday, March 7 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler

r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## **March Break Parent and Child Stick and Puck**

Date and Time: Friday, March 7 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.

## **March Break Adult and Senior Stick and Puck**

Date and Time: Friday, March 7 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## **Pickleball - All Levels**

Date and Time: Friday, March 7 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## **Public Swim**

Date and Time: Friday, March 7 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## **March Break All Ages Stick and Puck**

Date and Time: Friday, March 7 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## **March Break Adult and Senior Skate**

Date and Time: Friday, March 7 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Friday, March 7 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **March Break Public Skate**

Date and Time: Friday, March 7 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply

## **55+ Canasta**

Date and Time: Friday, March 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ Dime Bingo**

Date and Time: Friday, March 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, March 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## **Saturday, March 8, 2025**

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### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Saturday, March 8 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Indoor Tennis

Date and Time: Saturday, March 8 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

## Adult Swim

Date and Time: Saturday, March 8 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Public Swim

Date and Time: Saturday, March 8 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.  
Public Swims are in the 25 metre pool and the Therapy pool.  
There is no guarantee that the 25 metre pool will be available for all Public Swims.  
Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, March 8 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Late Night Hoops (Ages 15 to 19)

Date and Time: Saturday, March 8 8:00 pm - 11:55 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends! Listen to music, order a pizza, and enjoy having the facility to yourselves for the evening.

Ages 15-19 years.

Drop-in fees apply.

## Sunday, March 9, 2025

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### Pickleball - Beginner/Intermediate

Date and Time: Sunday, March 9 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, March 9 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Adult Swim

Date and Time: Sunday, March 9 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## **FREE! March Break Public Skate**

Date and Time: Sunday, March 9 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Sarah Turck / Mortgage Agent Level 2!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## **Pickleball - Intermediate/Advanced**

Date and Time: Sunday, March 9 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## **Public Swim**

Date and Time: Sunday, March 9 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## **Monday, March 10, 2025**

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### **March Break Adult Swim**

Date and Time: Monday, March 10 6:00 am - 9:45 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Walking

Date and Time: Monday, March 10 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, March 10 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## March Break Camp

Date and Time: Monday, March 10 8:30 am - 4:30 pm

Address: 62 McCaul St Port Hope

Keep the kids busy over march break! We're offering a wide variety of games, activities, crafts, and more. March Break Camp is available from March 10 to 14, 2025.

## March Break Parent and Child Stick and Puck

Date and Time: Monday, March 10 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.



## **Men's Activity Club (MAC)**

Date and Time: Monday, March 10 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## **55+ Cribbage**

Date and Time: Monday, March 10 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ French Cafe**

Date and Time: Monday, March 10 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **March Break Adult and Senior Stick and Puck**

Date and Time: Monday, March 10 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## **Pickleball - All Levels**

Date and Time: Monday, March 10 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## March Break All Ages Stick and Puck

Date and Time: Monday, March 10 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## March Break Adult and Senior Skate

Date and Time: Monday, March 10 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## March Break Adult Swim

Date and Time: Monday, March 10 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## March Break Lane Swim

Date and Time: Monday, March 10 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply

## **FREE! March Break Public Skate**

Date and Time: Monday, March 10 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Trudy's Source for Sports!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## **Tuesday, March 11, 2025**

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### **March Break Adult Swim**

Date and Time: Tuesday, March 11 6:00 am - 9:45 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Walking**

Date and Time: Tuesday, March 11 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, March 11 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## March Break Camp

Date and Time: Tuesday, March 11 8:30 am - 4:30 pm

Address: 62 McCaul St Port Hope

Keep the kids busy over march break! We're offering a wide variety of games, activities, crafts, and more. March Break Camp is available from March 10 to 14, 2025.

## March Break Parent and Child Stick and Puck

Date and Time: Tuesday, March 11 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.

## March Break Adult and Senior Stick and Puck

Date and Time: Tuesday, March 11 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## March Break Family Swim

Date and Time: Tuesday, March 11 10:00 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **March Break All Ages Stick and Puck**

Date and Time: Tuesday, March 11 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## **March Break Adult and Senior Skate**

Date and Time: Tuesday, March 11 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **March Break Lane Swim**

Date and Time: Tuesday, March 11 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply

## **March Break Adult Swim**

Date and Time: Tuesday, March 11 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **FREE! March Break Public Skate**

Date and Time: Tuesday, March 11 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by OPG!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## **55+ Knitting Circle**

Date and Time: Tuesday, March 11 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Membership required.

## **55+ Bingo**

Date and Time: Tuesday, March 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

## **March Break Family Swim**

Date and Time: Tuesday, March 11 1:30 pm - 2:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **Wednesday, March 12, 2025**

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## March Break Adult Swim

Date and Time: Wednesday, March 12 6:00 am - 9:45 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Wednesday, March 12 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 12 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## March Break Camp

Date and Time: Wednesday, March 12 8:30 am - 4:30 pm

Address: 62 McCaul St Port Hope

Keep the kids busy over march break! We're offering a wide variety of games, activities, crafts, and more. March Break Camp is available from March 10 to 14, 2025.

## March Break Parent and Child Stick and Puck

Date and Time: Wednesday, March 12 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

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CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.

## Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, March 12 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## 55+ Darts

Date and Time: Wednesday, March 12 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## March Break Adult and Senior Stick and Puck

Date and Time: Wednesday, March 12 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## March Break Family Swim

Date and Time: Wednesday, March 12 10:00 am - 11:45 am



Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **March Break All Ages Stick and Puck**

Date and Time: Wednesday, March 12 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## **March Break Adult and Senior Skate**

Date and Time: Wednesday, March 12 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **March Break Lane Swim**

Date and Time: Wednesday, March 12 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply

## **March Break Adult Swim**

Date and Time: Wednesday, March 12 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **FREE! March Break Public Skate - Art on Ice**

Date and Time: Wednesday, March 12 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Globe Cambridge School!

Art on Ice lets skaters paint on half the rink while the other half is open for public skating. A fun blend of skating and creativity for all skill levels.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## **55+ Bid Euchre**

Date and Time: Wednesday, March 12 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## **Thursday, March 13, 2025**

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### **March Break Adult Swim**

Date and Time: Thursday, March 13 6:00 am - 9:45 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### **Walking**

Date and Time: Thursday, March 13 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, March 13 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## March Break Camp

Date and Time: Thursday, March 13 8:30 am - 4:30 pm

Address: 62 McCaul St Port Hope

Keep the kids busy over march break! We're offering a wide variety of games, activities, crafts, and more. March Break Camp is available from March 10 to 14, 2025.

## March Break Parent and Child Stick and Puck

Date and Time: Thursday, March 13 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.

## 55+ Scrabble

Date and Time: Thursday, March 13 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## Early On: Let's Get Physical

Date and Time: Thursday, March 13 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## March Break Adult and Senior Stick and Puck

Date and Time: Thursday, March 13 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## March Break Family Swim

Date and Time: Thursday, March 13 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## March Break All Ages Stick and Puck

Date and Time: Thursday, March 13 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## **March Break Adult and Senior Skate**

Date and Time: Thursday, March 13 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **March Break Lane Swim**

Date and Time: Thursday, March 13 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply

## **March Break Adult Swim**

Date and Time: Thursday, March 13 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **March Break Public Skate**

Date and Time: Thursday, March 13 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply

## 55+ Texas Hold' Em

Date and Time: Thursday, March 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. 55+ Membership required.

## Friday, March 14, 2025

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### March Break Adult Swim

Date and Time: Friday, March 14 6:00 am - 9:45 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, March 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, March 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## March Break Camp

Date and Time: Friday, March 14 8:30 am - 4:30 pm

Address: 62 McCaul St Port Hope

Keep the kids busy over march break! We're offering a wide variety of games, activities, crafts, and more. March Break Camp is available from March 10 to 14, 2025.

## March Break Parent and Child Stick and Puck

Date and Time: Friday, March 14 9:00 am - 9:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult 18 years and older on the ice.

Drop-In Fees apply.

## Active Start: Toddler Gym Drop-in

Date and Time: Friday, March 14 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## March Break Adult and Senior Stick and Puck

Date and Time: Friday, March 14 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply

## **March Break Family Swim**

Date and Time: Friday, March 14 10:00 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **March Break All Ages Stick and Puck**

Date and Time: Friday, March 14 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## **March Break Adult and Senior Skate**

Date and Time: Friday, March 14 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **March Break Lane Swim**

Date and Time: Friday, March 14 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario



Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply

## March Break Adult Swim

Date and Time: Friday, March 14 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## FREE! March Break Public Skate

Date and Time: Friday, March 14 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by Globe Cambridge School!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

## Badminton

Date and Time: Friday, March 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## 55+ Canasta

Date and Time: Friday, March 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Saturday, March 15, 2025

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## March Break All Ages Stick and Puck

Date and Time: Saturday, March 15 9:00 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets are mandatory for all Stick and Puck participants, a helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, March 15 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Indoor Tennis

Date and Time: Saturday, March 15 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

## Adult Swim

Date and Time: Saturday, March 15 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Saturday, March 15 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, March 15 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, March 16, 2025

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### Pickleball - Beginner/Intermediate

Date and Time: Sunday, March 16 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, March 16 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Sunday, March 16 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## March Break Public Skate

Date and Time: Sunday, March 16 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply

## Pickleball - Intermediate/Advanced

Date and Time: Sunday, March 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Public Swim

Date and Time: Sunday, March 16 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

# Monday, March 17, 2025

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## Adult Swim

Date and Time: Monday, March 17 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Walking

Date and Time: Monday, March 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, March 17 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Men's Activity Club (MAC)

Date and Time: Monday, March 17 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, March 17 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## All Ages Stick and Puck

Date and Time: Monday, March 17 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Public Swim

Date and Time: Monday, March 17 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## 55+ French Cafe

Date and Time: Monday, March 17 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Pickleball - All Levels

Date and Time: Monday, March 17 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Lane Swim

Date and Time: Monday, March 17 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Monday, March 17 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Monday, March 17 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Badminton

Date and Time: Monday, March 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## Fun4Life

Date and Time: Monday, March 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## 55+ Casual Duplicate Bridge

Date and Time: Monday, March 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Tuesday, March 18, 2025

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### Adult Swim

Date and Time: Tuesday, March 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Walking

Date and Time: Tuesday, March 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, March 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!



Ages 13 to 19 years old.

Free!

## **55+ Tai Chi - Continuing**

Date and Time: Tuesday, March 18 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## **55+ Tai Chi - Intermediate**

Date and Time: Tuesday, March 18 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## **Fun4Life - Accessible Gym**

Date and Time: Tuesday, March 18 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

## **Lane Swim**

Date and Time: Tuesday, March 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Family Swim**

Date and Time: Tuesday, March 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.  
Family Swims are in the Therapy Pool only.  
Availability of the 25 metre pool is not guaranteed for this swim.  
Drop-in fees apply.

## **Adult and Senior Stick and Puck**

Date and Time: Tuesday, March 18 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply.

## **Fun4Life - Games Room Drop-In**

Date and Time: Tuesday, March 18 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

## **Adult and Senior Skate**

Date and Time: Tuesday, March 18 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Tuesday, March 18 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Pickleball - Intermediate/Advanced

Date and Time: Tuesday, March 18 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Shuffleboard

Date and Time: Tuesday, March 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## 55+ Bingo

Date and Time: Tuesday, March 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

## Wednesday, March 19, 2025

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## Adult Swim

Date and Time: Wednesday, March 19 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Walking

Date and Time: Wednesday, March 19 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 19 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, March 19 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## 55+ Darts

Date and Time: Wednesday, March 19 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Pickleball - All Levels

Date and Time: Wednesday, March 19 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Family Swim

Date and Time: Wednesday, March 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Lane Swim

Date and Time: Wednesday, March 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, March 19 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, March 19 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Lane Swim

Date and Time: Wednesday, March 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Wednesday, March 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Youth Stick and Puck

Date and Time: Wednesday, March 19 3:00 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

Drop-In Fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 19 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## Pickleball - All Levels

Date and Time: Wednesday, March 19 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

# Thursday, March 20, 2025

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## Adult Swim

Date and Time: Thursday, March 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Thursday, March 20 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, March 20 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Scrabble

Date and Time: Thursday, March 20 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, March 20 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full-face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

## Early On: Let's Get Physical

Date and Time: Thursday, March 20 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Lane Swim

Date and Time: Thursday, March 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Family Swim

Date and Time: Thursday, March 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.



## Adult and Senior Stick and Puck

Date and Time: Thursday, March 20 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply.

## Adult and Senior Skate

Date and Time: Thursday, March 20 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Thursday, March 20 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, March 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. 55+ Membership required.

## Pickleball - Beginner

Date and Time: Thursday, March 20 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## 55+ Bridge

Date and Time: Thursday, March 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. 55+ Membership required.

## Lane Swim

Date and Time: Thursday, March 20 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Friday, March 21, 2025

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### Adult Swim

Date and Time: Friday, March 21 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, March 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, March 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Active Start: Toddler Gym Drop-in

Date and Time: Friday, March 21 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## All Ages Stick and Puck

Date and Time: Friday, March 21 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full-face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

## Pickleball - All Levels

Date and Time: Friday, March 21 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Public Swim

Date and Time: Friday, March 21 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Friday, March 21 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Friday, March 21 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Friday, March 21 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply

## **55+ Canasta**

Date and Time: Friday, March 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ Dime Bingo**

Date and Time: Friday, March 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, March 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## **Public Swim**

Date and Time: Friday, March 21 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## **Lane Swim**

Date and Time: Friday, March 21 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Saturday, March 22, 2025

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### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, March 22 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Indoor Tennis

Date and Time: Saturday, March 22 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

### Adult Swim

Date and Time: Saturday, March 22 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Public Swim

Date and Time: Saturday, March 22 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.  
Public Swims are in the 25 metre pool and the Therapy pool.  
There is no guarantee that the 25 metre pool will be available for all Public Swims.  
Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, March 22 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, March 23, 2025

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### Pickleball - Beginner/Intermediate

Date and Time: Sunday, March 23 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, March 23 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Sunday, March 23 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Sunday, March 23 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply

## Pickleball - Intermediate/Advanced

Date and Time: Sunday, March 23 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Public Swim

Date and Time: Sunday, March 23 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Monday, March 24, 2025

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## Adult Swim



Date and Time: Monday, March 24 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Monday, March 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, March 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Men's Activity Club (MAC)

Date and Time: Monday, March 24 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, March 24 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## All Ages Stick and Puck

Date and Time: Monday, March 24 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Public Swim

Date and Time: Monday, March 24 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## 55+ French Cafe

Date and Time: Monday, March 24 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Pickleball - All Levels

Date and Time: Monday, March 24 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Lane Swim

Date and Time: Monday, March 24 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Monday, March 24 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Monday, March 24 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Badminton

Date and Time: Monday, March 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## 55+ Casual Duplicate Bridge

Date and Time: Monday, March 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Fun4Life

Date and Time: Monday, March 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## **Tuesday, March 25, 2025**

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### **Adult Swim**

Date and Time: Tuesday, March 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### **Walking**

Date and Time: Tuesday, March 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### **Youth Centre Drop-In (Ages 13 to 19)**

Date and Time: Tuesday, March 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### **55+ Tai Chi - Continuing**

Date and Time: Tuesday, March 25 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## **55+ Tai Chi - Intermediate**

Date and Time: Tuesday, March 25 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Current members are welcome to participate in the program. Drop-ins can be accepted all year for Continuing and Intermediate classes.

## **Fun4Life - Accessible Gym**

Date and Time: Tuesday, March 25 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome. Fee: \$2.00 per visit.

## **Lane Swim**

Date and Time: Tuesday, March 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Family Swim**

Date and Time: Tuesday, March 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **Adult and Senior Stick and Puck**

Date and Time: Tuesday, March 25 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply.

## **Fun4Life - Games Room Drop-In**

Date and Time: Tuesday, March 25 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. This drop-in is free.

## **Adult and Senior Skate**

Date and Time: Tuesday, March 25 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Tuesday, March 25 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Pickleball - Intermediate/Advanced**

Date and Time: Tuesday, March 25 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Shuffleboard

Date and Time: Tuesday, March 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## 55+ Knitting Circle

Date and Time: Tuesday, March 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. 55+ Membership required.

## Wednesday, March 26, 2025

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### Adult Swim

Date and Time: Wednesday, March 26 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Walking

Date and Time: Wednesday, March 26 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 26 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, March 26 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## 55+ Darts

Date and Time: Wednesday, March 26 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Pickleball - All Levels

Date and Time: Wednesday, March 26 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Family Swim

Date and Time: Wednesday, March 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.



Family Swims are in the Therapy Pool only.  
Availability of the 25 metre pool is not guaranteed for this swim.  
Drop-in fees apply.

## Lane Swim

Date and Time: Wednesday, March 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, March 26 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, March 26 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Lane Swim

Date and Time: Wednesday, March 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Public Swim

Date and Time: Wednesday, March 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Youth Stick and Puck

Date and Time: Wednesday, March 26 3:00 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants.

Ages: 13 to 17 years old.

Drop-In Fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, March 26 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## Pickleball - All Levels

Date and Time: Wednesday, March 26 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Thursday, March 27, 2025

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## Adult Swim

Date and Time: Thursday, March 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Thursday, March 27 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, March 27 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Scrabble

Date and Time: Thursday, March 27 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## All Ages Stick and Puck

Date and Time: Thursday, March 27 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full-face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

## Early On: Let's Get Physical

Date and Time: Thursday, March 27 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the winter months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Lane Swim

Date and Time: Thursday, March 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Family Swim

Date and Time: Thursday, March 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Thursday, March 27 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In fees apply.

## **Adult and Senior Skate**

Date and Time: Thursday, March 27 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Thursday, March 27 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **Pickleball - Beginner**

Date and Time: Thursday, March 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## **55+ Texas Hold' Em**

Date and Time: Thursday, March 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em. 55+ Membership required.

## 55+ Bridge

Date and Time: Thursday, March 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge. 55+ Membership required.

## Pickleball - Beginner

Date and Time: Thursday, March 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## Friday, March 28, 2025

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### Adult Swim

Date and Time: Friday, March 28 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, March 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, March 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Active Start: Toddler Gym Drop-in

Date and Time: Friday, March 28 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Drop-in fees apply.

## All Ages Stick and Puck

Date and Time: Friday, March 28 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full-face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

## Pickleball - All Levels

Date and Time: Friday, March 28 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e

everyone. New players are always welcome.

## Public Swim

Date and Time: Friday, March 28 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Friday, March 28 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Friday, March 28 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Friday, March 28 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply



## 55+ Canasta

Date and Time: Friday, March 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## 55+ Dime Bingo

Date and Time: Friday, March 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.50. Please bring dimes.

55+ Membership required.

## Badminton

Date and Time: Friday, March 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere. Ages 18 and up. Drop in fees apply

## Public Swim

Date and Time: Friday, March 28 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Lane Swim

Date and Time: Friday, March 28 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Saturday, March 29, 2025

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### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, March 29 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Indoor Tennis

Date and Time: Saturday, March 29 9:15 am - 12:15 pm

Address: 62 McCaul St Port Hope

Four players will be assigned a one-hour time block. New players are asked to please contact Customer Service in advance to be added to the playing list. Please call each week to ensure the program is running. Saturdays are prime rental time and Indoor Tennis is only offered when the gym is available. Drop in fees apply.

### Adult Swim

Date and Time: Saturday, March 29 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Public Swim

Date and Time: Saturday, March 29 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, March 29 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, March 30, 2025

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### Pickleball - Beginner/Intermediate

Date and Time: Sunday, March 30 10:30 am - 12:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, March 30 10:30 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

### Adult Swim

Date and Time: Sunday, March 30 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Pickleball - Intermediate/Advanced

Date and Time: Sunday, March 30 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game. Ages: 18 years+

## Public Swim

Date and Time: Sunday, March 30 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## Monday, March 31, 2025

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### Adult Swim

Date and Time: Monday, March 31 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Monday, March 31 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free. Ages: 18 years+.

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, March 31 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Men's Activity Club (MAC)

Date and Time: Monday, March 31 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, play Texas Hold'Em, and enjoy a hot coffee. Ages 18 and up.

## 55+ Cribbage

Date and Time: Monday, March 31 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## All Ages Stick and Puck

Date and Time: Monday, March 31 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply

## Public Swim

Date and Time: Monday, March 31 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

## 55+ French Cafe

Date and Time: Monday, March 31 10:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Lane Swim

Date and Time: Monday, March 31 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Monday, March 31 12:00 pm - 12:50 pm

Address: 60 Highland Drive

A great opportunity for some exercise over the lunch hour.

For adults and seniors ages 18 and up.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Monday, March 31 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Fun4Life

Date and Time: Monday, March 31 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## 55+ Casual Duplicate Bridge

Date and Time: Monday, March 31 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Lane Swim

Date and Time: Monday, March 31 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Monday, March 31 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool will be available for all Public Swims.

Drop-in fees apply.

<https://calendar.porthope.ca>