

Week of May 10, 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| <p>10</p> <p><u>Pickleball - Beginner/Intermediate</u> 10:30 am - 12:30 pm</p> <p><u>Youth Centre Drop-In (Ages 13 to 19)</u> 10:30 am - 3:00 pm</p> <p><u>Adult Swim</u> 11:30 am - 1:15 pm</p> <p><u>Pickleball - Intermediate/Advanced</u> 1:00 pm - 3:00 pm</p> <p><u>Public Swim</u> 2:30 pm - 4:30 pm</p> | <p>11</p> <p><u>Adult Swim</u> 5:30 am - 8:30 am</p> <p><u>Youth Centre Drop-in (Ages 10 to 13)</u> 8:00 am - 9:00 pm</p> <p><u>Walking</u> 8:00 am - 8:45 am</p> <p><u>55+ Cribbage</u> 9:30 am - 11:30 am</p> <p><u>55+ Learn and Coach Duplicate Bridge</u> 9:30 am - 11:30 am</p> <p><u>55+ Cribbage</u> 9:30 am - 11:30 am</p> <p><u>55+ French Café</u> 10:00 am - 12:00 pm</p> <p><u>Public Swim</u> 10:00 am - 11:00 am</p> <p><u>Men's Activity Club (MAC)</u> 10:00 am - 12:00 pm</p> <p><u>Pickleball - All Levels</u> 10:30 am - 12:30 pm</p> <p><u>Lane Swim</u> 11:15 am - 1:30 pm</p> <p><u>Adult Swim</u> 12:15 pm - 1:30 pm</p> <p><u>55+ Learn and Coach Duplicate Bridge</u> 1:00 pm - 3:30 pm</p> <p><u>Fun4Life</u> 1:00 pm - 3:00 pm</p> <p><u>Basketball (55+)</u> 1:00 pm - 3:00 pm</p> | <p>12</p> <p><u>Adult Swim</u> 6:00 am - 8:30 am</p> <p><u>Youth Centre Drop-in (Ages 13 to 19)</u> 8:00 am - 9:00 pm</p> <p><u>Walking</u> 8:00 am - 8:45 am</p> <p><u>55+ Tai Chi - Continuing</u> 9:00 am - 9:45 am</p> <p><u>55+ Tai Chi - Intermediate</u> 10:00 am - 10:45 am</p> <p><u>Fun4Life Accessible Gym</u> 10:00 am - 11:15 am</p> <p><u>Fun4Life Games Room Drop-In</u> 11:00 am - 1:00 pm</p> <p><u>Adult Swim</u> 12:00 pm - 1:15 pm</p> <p><u>Pickleball - Intermediate/Advanced</u> 12:30 pm - 2:30 pm</p> <p><u>55+ Bingo</u> 1:00 pm - 3:00 pm</p> <p><u>55+ Knitting - Biweekly</u> 1:00 pm - 3:00 pm</p> <p><u>55+ Bingo</u> 1:00 pm - 3:00 pm</p> <p><u>Shuffleboard</u> 1:00 pm - 3:00 pm</p> <p><u>Lane Swim</u> 1:30 pm - 4:00 pm</p> <p><u>Youth Gym (13-19)</u> 3:00 pm - 5:30 pm</p> | <p>13</p> <p><u>Adult Swim</u> 5:30 am - 8:30 am</p> <p><u>Youth Centre Drop-in (Ages 13 to 19)</u> 8:00 am - 9:00 pm</p> <p><u>Walking</u> 8:00 am - 8:45 am</p> <p><u>55+ Darts</u> 9:30 am - 11:30 am</p> <p><u>Pickleball - All Levels</u> 10:30 am - 12:30 pm</p> <p><u>Lane Swim</u> 10:45 am - 11:45 am</p> <p><u>Family Swim</u> 10:45 am - 11:45 am</p> <p><u>Adult Swim</u> 12:00 pm - 1:15 pm</p> <p><u>55+ Bid Euchre</u> 1:00 pm - 4:00 pm</p> <p><u>Lane Swim</u> 1:30 pm - 4:00 pm</p> <p><u>Public Swim</u> 1:30 pm - 4:00 pm</p> <p><u>Youth Gym (13-19)</u> 3:00 pm - 5:00 pm</p> <p><u>Pickleball - All Levels</u> 5:30 pm - 7:00 pm</p> <p><u>Basketball (16+)</u> 7:30 pm - 9:00 pm</p> <p><u>Public Swim</u> 7:30 pm - 9:00 pm</p> | <p>14</p> <p><u>Adult Swim</u> 6:00 am - 8:30 am</p> <p><u>Youth Centre Drop-in (Ages 13 to 19)</u> 8:00 am - 9:00 pm</p> <p><u>Walking</u> 8:00 am - 8:45 am</p> <p><u>55+ Scrabble</u> 9:30 am - 11:30 am</p> <p><u>Early ON: Let's Get Physical</u> 10:00 am - 12:00 pm</p> <p><u>Family Swim</u> 10:45 am - 11:45 am</p> <p><u>Lane Swim</u> 10:45 am - 11:45 am</p> <p><u>Adult Swim</u> 12:00 pm - 1:15 pm</p> <p><u>55+ Social Bridge</u> 1:00 pm - 4:00 pm</p> <p><u>55+ Texas Hold'Em</u> 1:00 pm - 4:00 pm</p> <p><u>Pickleball - Beginner/Intermediate</u> 1:00 pm - 3:00 pm</p> <p><u>Lane Swim</u> 1:30 pm - 4:00 pm</p> <p><u>Open Gym (Ages 13-19)</u> 3:00 pm - 5:00 pm</p> <p><u>Family Swim</u> 6:15 pm - 7:15 pm</p> <p><u>Public Swim</u> 7:30 pm - 9:00 pm</p> | <p>15</p> <p><u>Adult Swim</u> 5:30 am - 8:30 am</p> <p><u>Youth Centre Drop-in (Ages 13 to 19)</u> 8:00 am - 9:00 pm</p> <p><u>Walking</u> 8:00 am - 8:45 am</p> <p><u>Active Start: Toddler Gym Drop-in</u> 9:00 am - 10:15 am</p> <p><u>Pickleball - All Levels</u> 10:30 am - 12:30 pm</p> <p><u>Public Swim</u> 10:45 am - 11:45 am</p> <p><u>Adult Swim</u> 12:00 pm - 1:15 pm</p> <p><u>55+ Canasta</u> 1:00 pm - 4:00 pm</p> <p><u>55+ Ukulele</u> 1:00 pm - 4:00 pm</p> <p><u>55+ Dime Bingo</u> 1:00 pm - 3:00 pm</p> <p><u>Badminton</u> 1:00 pm - 3:00 pm</p> <p><u>Lane Swim</u> 1:30 pm - 4:00 pm</p> <p><u>Public Swim</u> 1:30 pm - 5:00 pm</p> <p><u>Hoops (Ages 13-19)</u> 3:00 pm - 6:00 pm</p> <p><u>55+ Euchre</u> 6:00 pm - 9:00 pm</p> | <p>16</p> <p><u>Youth Centre Drop-in (Ages 13 to 19)</u> 9:00 am - 5:00 pm</p> <p><u>Adult Swim</u> 11:30 am - 1:00 pm</p> <p><u>Public Swim</u> 2:15 pm - 4:30 pm</p> <p><u>Open Gym (7-19)</u> 3:00 pm - 5:00 pm</p> |

End Date: 05/16/2026
Start Date: 05/10/2026