

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:00 am Adult Swim 8:00 am Walking 8:00 am National Youth Week - Art Mural (Ages 13 to 19) 8:00 am National Youth Week - Escape Room (Ages 13 to 19) 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 9:30 am 55+ Nordic Pole Walking Course 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 1:00 pm Pickleball - Beginner 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 1:30 pm Lane Swim 2:30 pm National Youth Week - Youth Room Drop-In at Port Hope High (Ages 13 to 19) 3:30 pm National Youth Week - Volleyball Drop-In (Ages 13 to 19) 6:00 pm National Youth Week - Games Night (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm Pickleball - Beginner	2 5:30 am Adult Swim 8:00 am Walking 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 8:00 am National Youth Week - Escape Room (Ages 13 to 19) 8:00 am National Youth Week - Art Mural (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:30 pm Public Swim 1:30 pm Lane Swim 3:00 pm National Youth Week - Hoops Drop-In (Ages 13 to 19) 6:00 pm 55+ Euchre 6:00 pm National Youth Week - Coffee House (Open Mic) (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm National Youth Week - Volleyball Drop-In (Ages 13 to 19) 7:30 pm Toonie	3 9:00 am National Youth Week - Art Mural (Ages 13 to 19) 9:00 am National Youth Week - Escape Room (Ages 13 to 19) 9:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)

				7:30 pm Public Swim	Swim	
4 11:30 am Adult Swim 12:00 pm National Youth Week - Youth Games Room (Ages 13 to 19) 12:00 pm National Youth Week - Escape Room (Ages 13 to 19) 12:00 pm National Youth Week - Art Mural (Ages 13 to 19) 1:00 pm National Youth Week - "Try Tennis" lesson with the Port Hope Racquet Club (Ages 13 to 19) 1:00 pm National Youth Week - Youth Vendor Show (Ages 13 to 19) 1:00 pm National Youth Week - Volleyball Tournament (Ages 13 to 19) 1:30 pm National Youth Week - BBQ (Ages 13 to 19) 2:30 pm Public Swim	5 5:30 am Adult Swim 8:00 am Walking 8:00 am National Youth Week - Art Mural (Ages 13 to 19) 8:00 am National Youth Week - Escape Room (Ages 13 to 19) 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 9:00 am Men's Activity Club (MAC) 9:00 am Men's Activity Club (MAC) 9:30 am 55+ Cribbage 10:00 am 55+ French Cafe 10:00 am Public Swim 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:15 pm Adult Swim 1:00 pm Fun4Life 1:00 pm Badminton 1:00 pm 55+ Casual Duplicate Bridge 1:45 pm Public Swim 1:45 pm Lane Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 6:00 pm National Youth Week - Trivia Night (Ages 13 to 19) 7:30 pm Basketball (18+) 7:30 pm Public Swim	6 6:00 am Adult Swim 8:00 am Walking 8:00 am National Youth Week - Escape Room (Ages 13 to 19) 8:00 am National Youth Week - Art Mural (Ages 13 to 19) 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 8:00 am 55+ Hearing Clinic 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Shuffleboard 1:00 pm 55+ Knitting Circle 1:00 pm 55+ Bingo 1:30 pm Lane Swim 3:00 pm National Youth Week - Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	7 5:30 am Adult Swim 8:00 am Walking 8:00 am National Youth Week - Art Mural (Ages 13 to 19) 8:00 am National Youth Week - Escape Room (Ages 13 to 19) 8:00 am National Youth Week - Youth Games Room (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Lane Swim 1:30 pm Public Swim 3:00 pm National Youth Week - Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	8 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 9:30 am 55+ Nordic Pole Walking Course 10:00 am Early On: Let's Get Physical 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 1:00 pm Pickleball - Beginner 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 1:30 pm Lane Swim 3:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	9 5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Canasta 1:00 pm 55+ Dime Bingo 1:30 pm Public Swim 1:30 pm Lane Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	10 9:00 am Youth Centre Drop-In (Ages 13 to 19) 11:30 am Adult Swim 2:15 pm FREE! Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 8:00 pm Late Night Hoops (Ages 15 to 19)
11 11:30 am Adult	12 5:30 am Adult	13 6:00 am Adult Swim	14 5:30 am Adult Swim	15 6:00 am Adult	16 5:30 am Adult	17 9:00 am Youth

Swim 2:30 pm Public Swim	Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:00 am Men's Activity Club (MAC) 9:00 am Men's Activity Club (MAC) 9:30 am 55+ Cribbage 10:00 am 55+ French Cafe 10:00 am Public Swim 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:15 pm Adult Swim 1:00 pm Fun4Life 1:00 pm Badminton 1:00 pm 55+ Casual Duplicate Bridge 1:45 pm Public Swim 1:45 pm Lane Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (18+) 7:30 pm Public Swim	8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:00 am 55+ Sound Hearing Series 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Shuffleboard 1:00 pm 55+ Knitting Circle 1:00 pm 55+ Bingo 1:30 pm Lane Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Lane Swim 1:30 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 9:30 am 55+ Nordic Pole Walking Course 10:00 am Early On: Let's Get Physical 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 1:00 pm Pickleball - Beginner 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 1:30 pm Lane Swim 3:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:30 pm Public Swim 1:30 pm Lane Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	Centre Drop-In (Ages 13 to 19) 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
18 11:30 am Adult Swim 2:30 pm Public Swim	19 12:00 pm Holiday Adult Swim 1:30 pm Holiday Public Swim	20 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:00 am 55+ Sound Hearing Series 10:45 am Family Swim	21 5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim	22 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 9:30 am 55+ Nordic Pole Walking Course 10:00 am Early On: Let's Get Physical 10:45 am Family Swim	23 5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim	24 9:00 am Youth Centre Drop-In (Ages 13 to 19) 11:30 am Adult Swim 2:15 pm Public Swim

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25  11:30 am Adult Swim  2:30 pm Public Swim	26  5:30 am Adult Swim  8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:00 am Men's Activity Club (MAC) 9:00 am Men's Activity Club (MAC) 9:30 am 55+ Cribbage 10:00 am 55+ French Cafe 10:00 am Public Swim 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:15 pm Adult Swim 1:00 pm Fun4Life 1:00 pm Badminton 1:00 pm 55+ Casual Duplicate Bridge 1:45 pm Public Swim 1:45 pm Lane Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (18+)	27  6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am 55+ Tai Chi - Continuing 10:00 am 55+ Tai Chi - Intermediate 10:00 am Fun4Life - Accessible Gym 10:00 am 55+ Sound Hearing Series 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Shuffleboard 1:00 pm 55+ Knitting Circle 1:00 pm 55+ Bingo 1:30 pm Lane Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	28  5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Lane Swim 1:30 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	29  6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 9:30 am 55+ Nordic Pole Walking Course 10:00 am Early On: Let's Get Physical 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Benefits of CBD - Workshop 1:00 pm Pickleball - Beginner 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 1:30 pm Lane Swim 3:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	30  5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:30 pm Public Swim 1:30 pm Lane Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	

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