

Wednesday, July 2, 2025

Adult Swim

Date and Time: Wednesday, July 2 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 2 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Walking

Date and Time: Wednesday, July 2 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 2 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Darts

Date and Time: Wednesday, July 2 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, July 2 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 2 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 2 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, July 2 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 2 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Wednesday, July 2 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Basketball (30+)

Date and Time: Wednesday, July 2 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Public Swim

Date and Time: Wednesday, July 2 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 3 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 3 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, July 3 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Thursday, July 3 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Scrabble

Date and Time: Thursday, July 3 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, July 3 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Family Swim

Date and Time: Thursday, July 3 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 3 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 3 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, July 3 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, July 3 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, July 3 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

Public Swim

Date and Time: Thursday, July 3 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - Beginner

Date and Time: Thursday, July 3 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 3 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Friday, July 4, 2025

Adult Swim

Date and Time: Friday, July 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 4 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Friday, July 4 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, July 4 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Family Swim

Date and Time: Friday, July 4 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 4 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 4 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, July 4 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, July 4 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Ukulele - Beginner and Continuing

Date and Time: Friday, July 4 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

Badminton

Date and Time: Friday, July 4 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, July 4 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, July 4 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

55+ Euchre

Date and Time: Friday, July 4 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Family Swim

Date and Time: Friday, July 4 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Saturday, July 5, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, July 5 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, July 5 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Saturday, July 5 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, July 5 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, July 6, 2025

Adult Swim

Date and Time: Sunday, July 6 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 6 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, July 7, 2025

Adult Swim

Date and Time: Monday, July 7 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 7 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, July 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Walking

Date and Time: Monday, July 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Cribbage

Date and Time: Monday, July 7 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Men's Activity Club (MAC)

Date and Time: Monday, July 7 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Family Swim

Date and Time: Monday, July 7 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 7 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 7 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Casual Duplicate Bridge

Date and Time: Monday, July 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Fun4Life

Date and Time: Monday, July 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Public Swim

Date and Time: Monday, July 7 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, July 7 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Public Swim

Date and Time: Monday, July 7 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Basketball (16+)

Date and Time: Monday, July 7 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

Tuesday, July 8, 2025

Adult Swim

Date and Time: Tuesday, July 8 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 8 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, July 8 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 8 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, July 8 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, July 8 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Family Swim

Date and Time: Tuesday, July 8 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 8 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 8 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Shuffleboard

Date and Time: Tuesday, July 8 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

Public Swim

Date and Time: Tuesday, July 8 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 8 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Duplicate Bridge

Date and Time: Tuesday, July 8 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

Public Swim

Date and Time: Tuesday, July 8 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Wednesday, July 9, 2025

Adult Swim

Date and Time: Wednesday, July 9 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 9 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 9 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, July 9 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Darts

Date and Time: Wednesday, July 9 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, July 9 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 9 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 9 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 9 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer

different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, July 9 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, July 9 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Community Campfire Fun

Date and Time: Wednesday, July 9 7:00 pm - 10:00 pm

Address: 62 McCaul St Port Hope

Come out and join us for a campfire, lawn games, entertainment and refreshments. Bring a lawn chair and bug spray.

Location: Town Park Recreation Centre - Courtyard

All ages welcome.

Basketball (30+)

Date and Time: Wednesday, July 9 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Public Swim

Date and Time: Wednesday, July 9 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, July 10, 2025

Adult Swim

Date and Time: Thursday, July 10 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 10 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, July 10 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, July 10 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, July 10 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, July 10 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Family Swim

Date and Time: Thursday, July 10 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 10 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 10 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, July 10 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, July 10 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, July 10 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

Public Swim

Date and Time: Thursday, July 10 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - Beginner

Date and Time: Thursday, July 10 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 10 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Friday, July 11, 2025

Adult Swim

Date and Time: Friday, July 11 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 11 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, July 11 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, July 11 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Family Swim

Date and Time: Friday, July 11 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 11 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 11 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, July 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Ukulele - Beginner and Continuing

Date and Time: Friday, July 11 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

55+ Canasta

Date and Time: Friday, July 11 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Badminton

Date and Time: Friday, July 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, July 11 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, July 11 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

55+ Euchre

Date and Time: Friday, July 11 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Family Swim

Date and Time: Friday, July 11 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Saturday, July 12, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, July 12 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, July 12 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

FREE! Public Swim

Date and Time: Saturday, July 12 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Join us at the Jack Burger Sports Complex for a free public swim sponsored by OPG!

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, July 12 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, July 13, 2025

Adult Swim

Date and Time: Sunday, July 13 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 13 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Monday, July 14, 2025

Adult Swim

Date and Time: Monday, July 14 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 14 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, July 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Walking

Date and Time: Monday, July 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Cribbage

Date and Time: Monday, July 14 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Men's Activity Club (MAC)

Date and Time: Monday, July 14 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Family Swim

Date and Time: Monday, July 14 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 14 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 14 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Casual Duplicate Bridge

Date and Time: Monday, July 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Fun4Life

Date and Time: Monday, July 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en

hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Public Swim

Date and Time: Monday, July 14 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, July 14 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Public Swim

Date and Time: Monday, July 14 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Basketball (16+)

Date and Time: Monday, July 14 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

Adult Swim

Date and Time: Tuesday, July 15 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 15 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Walking

Date and Time: Tuesday, July 15 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 15 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, July 15 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, July 15 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Family Swim

Date and Time: Tuesday, July 15 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 15 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 15 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Shuffleboard

Date and Time: Tuesday, July 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

Public Swim

Date and Time: Tuesday, July 15 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 15 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Duplicate Bridge

Date and Time: Tuesday, July 15 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

Public Swim

Date and Time: Tuesday, July 15 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Wednesday, July 16, 2025

Adult Swim

Date and Time: Wednesday, July 16 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 16 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 16 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, July 16 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Darts

Date and Time: Wednesday, July 16 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, July 16 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 16 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 16 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 16 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, July 16 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, July 16 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Basketball (30+)

Date and Time: Wednesday, July 16 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Public Swim

Date and Time: Wednesday, July 16 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, July 17, 2025

Adult Swim

Date and Time: Thursday, July 17 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 17 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, July 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, July 17 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, July 17 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, July 17 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Family Swim

Date and Time: Thursday, July 17 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 17 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 17 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Is your bladder running your life? (Ages 55 years+)

Date and Time: Thursday, July 17 1:00 pm - 2:30 pm

Address: 62 McCaul St Port Hope

This workshop will touch on topics such as symptoms of an overactive bladder, tips to help deal with urinary in continence, preventions and corrective options.

Ages: 55 years+

- Registration Opens: Tuesday May 21, 2025

55+ Texas Hold' Em

Date and Time: Thursday, July 17 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, July 17 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, July 17 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

Public Swim

Date and Time: Thursday, July 17 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - Beginner

Date and Time: Thursday, July 17 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

Friday, July 18, 2025

Adult Swim

Date and Time: Friday, July 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 18 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, July 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, July 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Family Swim

Date and Time: Friday, July 18 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 18 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 18 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, July 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, July 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Ukulele - Beginner and Continuing

Date and Time: Friday, July 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

Badminton

Date and Time: Friday, July 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, July 18 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, July 18 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

55+ Euchre

Date and Time: Friday, July 18 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Family Swim

Date and Time: Friday, July 18 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Saturday, July 19, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, July 19 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, July 19 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

FREE! Public Swim

Date and Time: Saturday, July 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Join us at the Jack Burger Sports Complex for a free public swim sponsored by Steve Tallo, Mortgage Agent!

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, July 19 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, July 20, 2025

Adult Swim

Date and Time: Sunday, July 20 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 20 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Monday, July 21, 2025

Adult Swim

Date and Time: Monday, July 21 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 21 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, July 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Walking

Date and Time: Monday, July 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Cribbage

Date and Time: Monday, July 21 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Men's Activity Club (MAC)

Date and Time: Monday, July 21 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Family Swim

Date and Time: Monday, July 21 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 21 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 21 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Casual Duplicate Bridge

Date and Time: Monday, July 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Fun4Life

Date and Time: Monday, July 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en

hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Public Swim

Date and Time: Monday, July 21 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, July 21 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Public Swim

Date and Time: Monday, July 21 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Basketball (16+)

Date and Time: Monday, July 21 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

Adult Swim

Date and Time: Tuesday, July 22 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 22 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, July 22 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 22 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, July 22 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, July 22 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Family Swim

Date and Time: Tuesday, July 22 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 22 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 22 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Shuffleboard

Date and Time: Tuesday, July 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

Public Swim

Date and Time: Tuesday, July 22 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 22 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Duplicate Bridge

Date and Time: Tuesday, July 22 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

Public Swim

Date and Time: Tuesday, July 22 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Wednesday, July 23, 2025

Adult Swim

Date and Time: Wednesday, July 23 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 23 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 23 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, July 23 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Darts

Date and Time: Wednesday, July 23 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, July 23 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 23 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 23 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 23 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, July 23 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, July 23 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Basketball (30+)

Date and Time: Wednesday, July 23 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Public Swim

Date and Time: Wednesday, July 23 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, July 24, 2025

Adult Swim

Date and Time: Thursday, July 24 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 24 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, July 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, July 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, July 24 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, July 24 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Family Swim

Date and Time: Thursday, July 24 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 24 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 24 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, July 24 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, July 24 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, July 24 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

Public Swim

Date and Time: Thursday, July 24 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - Beginner

Date and Time: Thursday, July 24 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 24 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Friday, July 25, 2025

Adult Swim

Date and Time: Friday, July 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 25 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, July 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, July 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Family Swim

Date and Time: Friday, July 25 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 25 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 25 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, July 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Ukulele - Beginner and Continuing

Date and Time: Friday, July 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

55+ Canasta

Date and Time: Friday, July 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Badminton

Date and Time: Friday, July 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, July 25 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, July 25 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

55+ Euchre

Date and Time: Friday, July 25 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Family Swim

Date and Time: Friday, July 25 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, July 26 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, July 26 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Saturday, July 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, July 26 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, July 27, 2025

Adult Swim

Date and Time: Sunday, July 27 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 27 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Monday, July 28, 2025

Adult Swim

Date and Time: Monday, July 28 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 28 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, July 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Walking

Date and Time: Monday, July 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Cribbage

Date and Time: Monday, July 28 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Men's Activity Club (MAC)

Date and Time: Monday, July 28 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Family Swim

Date and Time: Monday, July 28 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 28 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 28 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Casual Duplicate Bridge

Date and Time: Monday, July 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Fun4Life

Date and Time: Monday, July 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best

meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Public Swim

Date and Time: Monday, July 28 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, July 28 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Public Swim

Date and Time: Monday, July 28 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Basketball (16+)

Date and Time: Monday, July 28 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

Tuesday, July 29, 2025

Adult Swim

Date and Time: Tuesday, July 29 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 29 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Walking

Date and Time: Tuesday, July 29 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 29 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, July 29 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, July 29 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Family Swim

Date and Time: Tuesday, July 29 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 29 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 29 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Shuffleboard

Date and Time: Tuesday, July 29 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

Public Swim

Date and Time: Tuesday, July 29 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, July 29 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Duplicate Bridge

Date and Time: Tuesday, July 29 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

Public Swim

Date and Time: Tuesday, July 29 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in [fees](#) apply.

Wednesday, July 30, 2025

Adult Swim

Date and Time: Wednesday, July 30 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in [fees](#) apply.

Lane Swim

Date and Time: Wednesday, July 30 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in [fees](#) apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 30 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, July 30 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Darts

Date and Time: Wednesday, July 30 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, July 30 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 30 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 30 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, July 30 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, July 30 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, July 30 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Basketball (30+)

Date and Time: Wednesday, July 30 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Public Swim

Date and Time: Wednesday, July 30 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, July 31, 2025

Adult Swim

Date and Time: Thursday, July 31 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 31 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, July 31 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, July 31 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, July 31 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, July 31 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Family Swim

Date and Time: Thursday, July 31 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 31 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 31 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, July 31 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, July 31 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, July 31 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

Public Swim

Date and Time: Thursday, July 31 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - Beginner

Date and Time: Thursday, July 31 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 31 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

<https://calendar.porthope.ca>