

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	3 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	4 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Toonie Swim	5 9:00 am Youth Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
6 12:00 pm Adult Swim 1:30 pm Public Swim	7 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim	8 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim	9 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim	10 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane	11 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Dime	12 9:00 am Youth Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm FREE! Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)

	12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim 7:30 pm Basketball (16+)	12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:00 pm Community Campfire Fun 7:30 pm Basketball (30+) 7:30 pm Public Swim	Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	Bingo 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm 55+ Canasta 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	
13 12:00 pm Adult Swim 1:30 pm Public Swim	14 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim 7:30 pm Basketball (16+)	15 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	16 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	17 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Is your bladder running your life? (Ages 55 years+) 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	18 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	19 9:00 am Youth Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm FREE! Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
20 12:00 pm Adult	21 6:00 am Adult Swim	22 6:00 am Adult Swim	23 6:00 am Adult Swim	24 6:00 am Adult Swim	25 6:00 am Adult Swim	26 9:00 am Youth

Swim 1:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim 7:30 pm Basketball (16+)	6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Lane Swim 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm 55+ Canasta 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
27 12:00 pm Adult Swim 1:30 pm Public Swim	28 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim	29 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge	30 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	31 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner		

	7:30 pm Basketball (16+)	7:30 pm Public Swim		7:30 pm Public Swim		
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<https://calendar.porthope.ca>