July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	9:00 am Youth
			6:00 am Lane Swim	6:00 am Lane Swim	6:00 am Lane Swim	Centre Drop- In (Ages 13
			8:00 am Walking	8:00 am Youth	8:00 am Walking	to 19)
			8:00 am Youth Centre Drop-In (Ages 13 to 19)	Centre Drop-In (Ages 13 to 19) 8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	12:00 pm Adult Swim 1:30 pm
			9:30 am 55+ Darts	9:30 am 55+	11:00 am Family	Public Swim
			11:00 am Family Swim 12:00 pm Lane	Scrabble 10:00 am Early On: Let's Get Physical	Swim 12:00 pm Lane Swim	3:00 pm Open Gym Drop-in (Ages 7-19)
			Swim	11:00 am Family Swim	12:00 pm Adult Swim	
			12:00 pm Adult Swim	12:00 pm Lane Swim	1:00 pm 55+ Dime Bingo	
			1:00 pm 55+ Bid Euchre	12:00 pm Adult Swim	1:00 pm 55+ Canasta	
			1:00 pm Youth Gym Drop-In (Ages 13 to 19)	1:00 pm 55+ Texas Hold' Em	1:00 pm 55+ Ukulele - Beginner	
			5:30 pm Pickleball - All Levels	1:00 pm 55+ Bridge 3:00 pm Youth	and Continuing 1:00 pm Badminton	
			7:30 pm Basketball (30+)	Badminton (Ages 13 to 19)	2:00 pm Public Swim	
			7:30 pm Public Swim	3:15 pm Public Swim	3:00 pm Hoops (Ages 13 to 19)	
				6:30 pm Pickleball - Beginner	6:00 pm 55+ Euchre	
				7:30 pm Public	6:15 pm Family Swim	
				Swim	6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
					7:30 pm Toonie Swim	
6	7	8	9	10	11	12
12:00 pm Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	9:00 am Youth			
	6:00 am Lane Swim	6:00 am Lane Swim	Centre Drop- In (Ages 13			
1:30 pm Public Swim	8:00 am Youth Centre Drop-In (Ages 10 to 12)	8:00 am Walking 8:00 am Youth Centre Drop-In	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking 8:00 am Youth Centre Drop-In	8:00 am Youth Centre Drop-In (Ages 13 to 19)	to 19) 12:00 pm Adult Swim
	8:00 am Walking	(Ages 13 to 19)	8:00 am Walking	(Ages 13 to 19)	8:00 am Walking	1:30 pm
	9:30 am 55+ Cribbage	10:00 am Fun4Life - Accessible Gym	9:30 am 55+ Darts	9:30 am 55+ Scrabble	11:00 am Family Swim	FREE! Public Swim
	10:00 am Men's Activity Club	11:00 am Fun4Life - Games Room Drop-	11:00 am Family Swim	10:00 am Early On: Let's Get Physical	12:00 pm Lane Swim	3:00 pm Open Gym Drop-in
	(MAC) 11:00 am Family	In 11:00 am Family	12:00 pm Lane Swim	11:00 am Family Swim	12:00 pm Adult Swim	(Ages 7-19)
	Swim	Swim	12:00 pm Adult Swim	12:00 pm Lane	1:00 pm 55+ Dime	

	12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim 7:30 pm Basketball (16+)	12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:00 pm Community Campfire Fun 7:30 pm Basketball (30+) 7:30 pm Public Swim	Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	Bingo 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm 55+ Canasta 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	
13	14	15	16	17	18	19
12:00 pm Adult Swim	6:00 am Adult Swim 6:00 am Lane Swim	6:00 am Adult Swim 6:00 am Lane Swim	6:00 am Adult Swim 6:00 am Lane Swim	6:00 am Adult Swim 6:00 am Lane Swim	6:00 am Adult Swim 6:00 am Lane Swim	9:00 am Youth Centre Drop-
1:30 pm Public	8:00 am Youth	8:00 am Walking	8:00 am Youth	8:00 am Walking	8:00 am Youth	In (Ages 13 to 19)
Swim	Centre Drop-In (Ages 10 to 12)	8:00 am Youth	Centre Drop-In (Ages 13 to 19)	8:00 am Youth	Centre Drop-In (Ages 13 to 19)	12:00 pm
	8:00 am Walking	Centre Drop-In (Ages 13 to 19)	8:00 am Walking	Centre Drop-In (Ages 13 to 19)	8:00 am Walking	Adult Swim 1:30 pm
	9:30 am 55+	10:00 am Fun4Life -	9:30 am 55+ Darts	9:30 am 55+	11:00 am Family	FREE! Public Swim
	Cribbage 10:00 am Men's	Accessible Gym 11:00 am Fun4Life -	11:00 am Family Swim	Scrabble 10:00 am Early On:	Swim 12:00 pm Lane	3:00 pm Open
	Activity Club (MAC)	Games Room Drop- In	12:00 pm Lane	Let's Get Physical	Swim	Gym Drop-in (Ages 7-19)
	11:00 am Family	11:00 am Family	Swim 12:00 pm Adult	11:00 am Family Swim	12:00 pm Adult Swim	
	Swim 12:00 pm Lane	Swim 12:00 pm Lane	Swim	12:00 pm Lane Swim	1:00 pm 55+ Dime Bingo	
	Swim	Swim	1:00 pm Youth Gym Drop-In (Ages 13 to	12:00 pm Adult	1:00 pm 55+	
	12:00 pm Adult Swim	12:00 pm Adult Swim	19)	Swim	Canasta	
	1:00 pm 55+ Casual Duplicate Bridge	1:00 pm Shuffleboard	1:00 pm 55+ Bid Euchre 5:30 pm Pickleball -	1:00 pm Is your bladder running your life? (Ages 55	1:00 pm 55+ Ukulele - Beginner and Continuing	
	1:00 pm Fun4Life	2:00 pm Public	All Levels	years+)	1:00 pm Badminton	
	2:00 pm Public Swim	Swim 3:00 pm Youth Gym	7:30 pm Basketball (30+)	1:00 pm 55+ Texas Hold' Em	2:00 pm Public Swim	
	3:00 pm Open Gym	Drop-In (Ages 13 to 19)	7:30 pm Public	1:00 pm 55+ Bridge	3:00 pm Hoops	
	Drop-in (Ages 7-19)	6:00 pm 55+	Swim	3:00 pm Youth Badminton (Ages 13	(Ages 13 to 19)	
	7:30 pm Public Swim	Duplicate Bridge		to 19)	6:00 pm 55+ Euchre 6:15 pm Family	
	7:30 pm Basketball (16+)	7:30 pm Public Swim		3:15 pm Public Swim	Swim	
				6:30 pm Pickleball - Beginner	6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
				7:30 pm Public Swim	7:30 pm Public Swim	
20	21	22	23	24	25	26
12:00 pm Adult	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	6:00 am Adult Swim	9:00 am Youth

Swim 1:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim 7:30 pm Basketball (16+)	6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm 55+ Canasta 1:00 pm Badminton 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)	
12:00 pm Adult Swim 1:30 pm Public Swim	6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Public Swim	29 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge	30 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	31 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 1:00 pm 55+ Texas Hold' Em 1:00 pm 55+ Bridge 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner			

7:30 pm Basketball (16+)	7:30 pm Public Swim		7:30 pm Public Swim			
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https://calendar.porthope.ca