

Monday, July 6, 2026

Lane Swim

Date and Time: Monday, July 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

55+ Cribbage

Date and Time: Monday, July 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Join us for a classic game of Cribbage, a fun and fast-paced card game where players score points by creating combinations of cards and moving pegs on a board. Drop-ins are welcome. Must be a member of the 55+.

Family Swim

Date and Time: Monday, July 6 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a

nd older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 6 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 6 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 6 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 6 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Family Swim

Date and Time: Monday, July 6 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 6 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Tuesday, July 7, 2026

Lane Swim

Date and Time: Tuesday, July 7 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 7 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, July 7 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 7 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 7 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 7 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Public Swim

Date and Time: Tuesday, July 7 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Wednesday, July 8, 2026

Lane Swim

Date and Time: Wednesday, July 8 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

[Drop-in fees](#) apply.

Adult Swim

Date and Time: Wednesday, July 8 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, July 8 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 8 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 8 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Wednesday, July 8 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Thursday, July 9, 2026

Lane Swim

Date and Time: Thursday, July 9 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 9 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, July 9 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 9 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 9 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 9 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 9 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Friday, July 10, 2026

Lane Swim

Date and Time: Friday, July 10 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 10 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 10 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 10 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 10 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Friday, July 10 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 10 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Toonie Swim

Date and Time: Friday, July 10 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

The first Friday of every month has special admission pricing! Only \$2 per person to swim on these nights.

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

Saturday, July 11, 2026

Adult Swim

Date and Time: Saturday, July 11 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, July 11 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Sunday, July 12, 2026

Adult Swim

Date and Time: Sunday, July 12 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 12 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Monday, July 13, 2026

Lane Swim

Date and Time: Monday, July 13 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 13 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Monday, July 13 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 13 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 13 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 13 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 13 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 14 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 14 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, July 14 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 14 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 14 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 14 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 14 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Wednesday, July 15, 2026

Lane Swim

Date and Time: Wednesday, July 15 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 15 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, July 15 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 15 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 15 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Wednesday, July 15 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Thursday, July 16, 2026

Lane Swim

Date and Time: Thursday, July 16 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 16 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, July 16 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 16 12:00 pm - 1:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 16 12:00 pm - 1:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 16 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 16 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Friday, July 17, 2026

Lane Swim

Date and Time: Friday, July 17 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 17 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 17 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Lane Swim

Date and Time: Friday, July 17 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

[Drop-in fees](#) apply.

Adult Swim

Date and Time: Friday, July 17 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

[Drop-in fees](#) apply.

Public Swim

Date and Time: Friday, July 17 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Family Swim

Date and Time: Friday, July 17 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Public Swim

Date and Time: Friday, July 17 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Saturday, July 18, 2026

Adult Swim

Date and Time: Saturday, July 18 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

[Drop-in fees](#) apply.

Public Swim

Date and Time: Saturday, July 18 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Sunday, July 19, 2026

Adult Swim

Date and Time: Sunday, July 19 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Monday, July 20, 2026

Lane Swim

Date and Time: Monday, July 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Monday, July 20 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 20 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 20 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 20 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 20 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Tuesday, July 21, 2026

Lane Swim

Date and Time: Tuesday, July 21 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 21 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, July 21 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 21 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 21 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 21 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 21 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Wednesday, July 22, 2026

Lane Swim

Date and Time: Wednesday, July 22 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 22 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, July 22 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Lane Swim

Date and Time: Wednesday, July 22 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

[Drop-in fees](#) apply.

Adult Swim

Date and Time: Wednesday, July 22 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

[Drop-in fees](#) apply.

Public Swim

Date and Time: Wednesday, July 22 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Thursday, July 23, 2026

Lane Swim

Date and Time: Thursday, July 23 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 23 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, July 23 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 23 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 23 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 23 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 23 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Friday, July 24, 2026

Lane Swim

Date and Time: Friday, July 24 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 24 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 24 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, July 24 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 24 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Friday, July 24 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 24 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Friday, July 24 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Saturday, July 25, 2026

Adult Swim

Date and Time: Saturday, July 25 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, July 25 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Sunday, July 26, 2026

Adult Swim

Date and Time: Sunday, July 26 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Sunday, July 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Monday, July 27, 2026

Lane Swim

Date and Time: Monday, July 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Monday, July 27 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, July 27 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Monday, July 27 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 27 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Monday, July 27 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Tuesday, July 28, 2026

Lane Swim

Date and Time: Tuesday, July 28 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 28 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, July 28 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, July 28 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, July 28 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 28 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Tuesday, July 28 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Wednesday, July 29, 2026

Lane Swim

Date and Time: Wednesday, July 29 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 29 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, July 29 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, July 29 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, July 29 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Wednesday, July 29 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Thursday, July 30, 2026

Lane Swim

Date and Time: Thursday, July 30 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 30 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, July 30 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, July 30 12:00 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, July 30 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 30 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, July 30 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Friday, July 31, 2026

Lane Swim

Date and Time: Friday, July 31 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

[Drop-in fees](#) apply.

Adult Swim

Date and Time: Friday, July 31 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

[Drop-in fees](#) apply.

Family Swim

Date and Time: Friday, July 31 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. [Admission standards](#) apply.

Drop-in [fees](#) apply.

Lane Swim

Date and Time: Friday, July 31 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available. This swim may be shared with Public or Family Swim times.

Ages: 16 and up.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, July 31 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available for this swim.

Ages: 18 years and up.

Drop-in fees apply.

Public Swim

Date and Time: Friday, July 31 2:00 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

Family Swim

Date and Time: Friday, July 31 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Admission standards apply.

Drop-in fees apply.

Public Swim

Date and Time: Friday, July 31 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving board will be available.

Ages: all ages. Admission standards apply.

Drop-in fees apply.

<https://calendar.porthope.ca>