

# July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 6:00 am Lane Swim 6:00 am Adult Swim 9:30 am 55+ Cribbage 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 12:00 pm Adult Swim 12:00 pm Adult Swim 2:00 pm Public Swim 6:15 pm Family Swim 7:30 pm Public Swim	7 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 7:30 pm Public Swim	8 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 7:30 pm Public Swim	9 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 3:15 pm Public Swim 7:30 pm Public Swim	10 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 6:15 pm Family Swim 7:30 pm Toonie Swim	11 12:00 pm Adult Swim 1:30 pm Public Swim
12 12:00 pm Adult Swim 1:30 pm Public Swim	13 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 7:30 pm Public Swim	14 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 7:30 pm Public Swim	15 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 7:30 pm Public Swim	16 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 3:15 pm Public Swim 7:30 pm Public Swim	17 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 6:15 pm Family Swim 7:30 pm Public Swim	18 12:00 pm Adult Swim 1:30 pm Public Swim
19 12:00 pm Adult Swim 1:30 pm Public Swim	20 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim	21 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim	22 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 7:30 pm Public Swim	23 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 3:15 pm Public Swim	24 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim	25 12:00 pm Adult Swim 1:30 pm Public Swim

	7:30 pm Public Swim	7:30 pm Public Swim		7:30 pm Public Swim	6:15 pm Family Swim 7:30 pm Public Swim	
26 12:00 pm Adult Swim 1:30 pm Public Swim	27 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 7:30 pm Public Swim	28 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 7:30 pm Public Swim	29 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 7:30 pm Public Swim	30 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 3:15 pm Public Swim 7:30 pm Public Swim	31 6:00 am Lane Swim 6:00 am Adult Swim 11:00 am Family Swim 12:00 pm Lane Swim 12:00 pm Adult Swim 2:00 pm Public Swim 6:15 pm Family Swim 7:30 pm Public Swim	

<https://calendar.porthope.ca>