

## Friday, August 1, 2025

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### Lane Swim

Date and Time: Friday, August 1 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Adult Swim

Date and Time: Friday, August 1 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, August 1 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, August 1 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Family Swim

Date and Time: Friday, August 1 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Friday, August 1 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Canasta

Date and Time: Friday, August 1 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, August 1 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Dime Bingo

Date and Time: Friday, August 1 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, August 1 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

## **Public Swim**

Date and Time: Friday, August 1 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## **Hoops (Ages 13 to 19)**

Date and Time: Friday, August 1 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

## **55+ Euchre**

Date and Time: Friday, August 1 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

## Family Swim

Date and Time: Friday, August 1 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Youth Volleyball Drop-In (Ages 13 to 19)

Date and Time: Friday, August 1 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Bring your friends and join us for Youth Volleyball. Practice your serve, play a game with new or old friends, and have fun!

Ages: 13 to 19 years

Drop-in fees apply.

## Saturday, August 2, 2025

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### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, August 2 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Saturday, August 2 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Public Swim

Date and Time: Saturday, August 2 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.  
Public Swims are in the 25 metre pool and the Therapy pool.  
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.  
Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, August 2 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, August 3, 2025

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### Adult Swim

Date and Time: Sunday, August 3 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Public Swim

Date and Time: Sunday, August 3 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in [fees](#) apply.

## Monday, August 4, 2025

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### Lane Swim

Date and Time: Monday, August 4 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in [fees](#) apply.

### Adult Swim

Date and Time: Monday, August 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in [fees](#) apply.

### Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, August 4 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

### Walking

Date and Time: Monday, August 4 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## **55+ Cribbage**

Date and Time: Monday, August 4 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **Men's Activity Club (MAC)**

Date and Time: Monday, August 4 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

## **Family Swim**

Date and Time: Monday, August 4 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **Adult Swim**

Date and Time: Monday, August 4 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **55+ Casual Duplicate Bridge**

Date and Time: Monday, August 4 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Fun4Life

Date and Time: Monday, August 4 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## Public Swim

Date and Time: Monday, August 4 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, August 4 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Public Swim

Date and Time: Monday, August 4 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.



Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Basketball (16+)

Date and Time: Monday, August 4 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

## Tuesday, August 5, 2025

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### Adult Swim

Date and Time: Tuesday, August 5 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Tuesday, August 5 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 5 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Tuesday, August 5 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, August 5 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, August 5 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

## Family Swim

Date and Time: Tuesday, August 5 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Tuesday, August 5 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Shuffleboard

Date and Time: Tuesday, August 5 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## Public Swim

Date and Time: Tuesday, August 5 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.  
Public Swims are in the 25 metre pool and the Therapy pool.  
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.  
Drop-in fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 5 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## 55+ Duplicate Bridge

Date and Time: Tuesday, August 5 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

## Public Swim

Date and Time: Tuesday, August 5 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Wednesday, August 6, 2025

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### Adult Swim

Date and Time: Wednesday, August 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Wednesday, August 6 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Wednesday, August 6 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 6 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Darts

Date and Time: Wednesday, August 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Family Swim

Date and Time: Wednesday, August 6 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, August 6 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, August 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 6 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## Pickleball - All Levels

Date and Time: Wednesday, August 6 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Basketball (30+)

Date and Time: Wednesday, August 6 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

## Public Swim

Date and Time: Wednesday, August 6 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

# Thursday, August 7, 2025

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## Adult Swim

Date and Time: Thursday, August 7 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Lane Swim

Date and Time: Thursday, August 7 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, August 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Thursday, August 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## 55+ Scrabble

Date and Time: Thursday, August 7 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## Early On: Let's Get Physical

Date and Time: Thursday, August 7 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Family Swim

Date and Time: Thursday, August 7 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Thursday, August 7 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, August 7 1:00 pm - 4:00 pm



Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

## **55+ Bridge**

Date and Time: Thursday, August 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

## **Youth Badminton (Ages 13 to 19)**

Date and Time: Thursday, August 7 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

## **Public Swim**

Date and Time: Thursday, August 7 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## **Pickleball - Beginner**

Date and Time: Thursday, August 7 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## Public Swim

Date and Time: Thursday, August 7 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Friday, August 8, 2025

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### Adult Swim

Date and Time: Friday, August 8 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Friday, August 8 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, August 8 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, August 8 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Family Swim

Date and Time: Friday, August 8 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Friday, August 8 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, August 8 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Canasta

Date and Time: Friday, August 8 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ Dime Bingo**

Date and Time: Friday, August 8 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, August 8 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

## **Public Swim**

Date and Time: Friday, August 8 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## **Hoops (Ages 13 to 19)**

Date and Time: Friday, August 8 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

## 55+ Euchre

Date and Time: Friday, August 8 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

## Family Swim

Date and Time: Friday, August 8 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Youth Volleyball Drop-In (Ages 13 to 19)

Date and Time: Friday, August 8 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Bring your friends and join us for Youth Volleyball. Practice your serve, play a game with new or old friends, and have fun!

Ages: 13 to 19 years

Drop-in fees apply.

## Saturday, August 9, 2025

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## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, August 9 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Saturday, August 9 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## FREE! Public Swim

Date and Time: Saturday, August 9 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Join us at the Jack Burger Sports Complex for a free public swim sponsored by OPG!

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, August 9 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, August 10, 2025

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## Adult Swim

Date and Time: Sunday, August 10 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Sunday, August 10 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Monday, August 11, 2025

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### Lane Swim

Date and Time: Monday, August 11 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Adult Swim

Date and Time: Monday, August 11 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, August 11 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Walking

Date and Time: Monday, August 11 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## 55+ Cribbage

Date and Time: Monday, August 11 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Men's Activity Club (MAC)

Date and Time: Monday, August 11 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

## Family Swim

Date and Time: Monday, August 11 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Monday, August 11 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope



Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## 55+ Casual Duplicate Bridge

Date and Time: Monday, August 11 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Fun4Life

Date and Time: Monday, August 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## Public Swim

Date and Time: Monday, August 11 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Monday, August 11 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Public Swim

Date and Time: Monday, August 11 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Basketball (16+)

Date and Time: Monday, August 11 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

## Tuesday, August 12, 2025

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### Adult Swim

Date and Time: Tuesday, August 12 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Tuesday, August 12 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 12 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Tuesday, August 12 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, August 12 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, August 12 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

## Family Swim

Date and Time: Tuesday, August 12 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Tuesday, August 12 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Shuffleboard

Date and Time: Tuesday, August 12 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## Public Swim

Date and Time: Tuesday, August 12 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 12 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## 55+ Duplicate Bridge

Date and Time: Tuesday, August 12 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

## Public Swim

Date and Time: Tuesday, August 12 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Wednesday, August 13, 2025

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### Adult Swim

Date and Time: Wednesday, August 13 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Wednesday, August 13 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Wednesday, August 13 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 13 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Darts

Date and Time: Wednesday, August 13 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Family Swim

Date and Time: Wednesday, August 13 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, August 13 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## **55+ Bid Euchre**

Date and Time: Wednesday, August 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## **Youth Gym Drop-In (Ages 13 to 19)**

Date and Time: Wednesday, August 13 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## **Pickleball - All Levels**

Date and Time: Wednesday, August 13 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## **Community Get-Together**

Date and Time: Wednesday, August 13 7:00 pm - 10:00 pm

Address: 62 McCaul St Port Hope

We are hosting a modified Community Get-Together indoors on Wednesday, August 13 from 7:00 p.m. to 10:00 p.m. Head over to the Town Park Recreation Centre and join us in room 3 for entertainment with musician Chris Devlin, games, and refreshments. All ages are welcome at this free event!

## **Basketball (30+)**

Date and Time: Wednesday, August 13 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

## Public Swim

Date and Time: Wednesday, August 13 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Thursday, August 14, 2025

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### Adult Swim

Date and Time: Thursday, August 14 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Thursday, August 14 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, August 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope



Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Thursday, August 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## 55+ Scrabble

Date and Time: Thursday, August 14 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## Early On: Let's Get Physical

Date and Time: Thursday, August 14 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Family Swim

Date and Time: Thursday, August 14 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.  
Drop-in fees apply.

## Adult Swim

Date and Time: Thursday, August 14 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, August 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

## 55+ Bridge

Date and Time: Thursday, August 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

## Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, August 14 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

## Public Swim

Date and Time: Thursday, August 14 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Pickleball - Beginner

Date and Time: Thursday, August 14 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## Public Swim

Date and Time: Thursday, August 14 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Friday, August 15, 2025

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### Adult Swim

Date and Time: Friday, August 15 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Friday, August 15 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Walking

Date and Time: Friday, August 15 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, August 15 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Family Swim

Date and Time: Friday, August 15 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Friday, August 15 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## **55+ Canasta**

Date and Time: Friday, August 15 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ Ukulele - Beginner and Continuing**

Date and Time: Friday, August 15 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## **55+ Dime Bingo**

Date and Time: Friday, August 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, August 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

## **Public Swim**

Date and Time: Friday, August 15 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Hoops (Ages 13 to 19)

Date and Time: Friday, August 15 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

## 55+ Euchre

Date and Time: Friday, August 15 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

## Family Swim

Date and Time: Friday, August 15 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Youth Volleyball Drop-In (Ages 13 to 19)

Date and Time: Friday, August 15 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Bring your friends and join us for Youth Volleyball. Practice your serve, play a game with new or old friends, and have fun!

Ages: 13 to 19 years

Drop-in fees apply.

## Saturday, August 16, 2025

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### Adult Swim

Date and Time: Saturday, August 16 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Public Swim

Date and Time: Saturday, August 16 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Sunday, August 17, 2025

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### Adult Swim

Date and Time: Sunday, August 17 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Public Swim

Date and Time: Sunday, August 17 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Monday, August 18, 2025

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### Lane Swim

Date and Time: Monday, August 18 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Adult Swim

Date and Time: Monday, August 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, August 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

### Walking

Date and Time: Monday, August 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope



Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## **55+ Cribbage**

Date and Time: Monday, August 18 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **Men's Activity Club (MAC)**

Date and Time: Monday, August 18 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

## **Family Swim**

Date and Time: Monday, August 18 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **Adult Swim**

Date and Time: Monday, August 18 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## **55+ Casual Duplicate Bridge**

Date and Time: Monday, August 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## **Fun4Life**

Date and Time: Monday, August 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

## **Public Swim**

Date and Time: Monday, August 18 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## **Open Gym Drop-in (Ages 7-19)**

Date and Time: Monday, August 18 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## **Public Swim**

Date and Time: Monday, August 18 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Basketball (16+)

Date and Time: Monday, August 18 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration. Ages: 16 years+

## Tuesday, August 19, 2025

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### Adult Swim

Date and Time: Tuesday, August 19 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Tuesday, August 19 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 19 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Tuesday, August 19 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Fun4Life - Accessible Gym

Date and Time: Tuesday, August 19 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

## Fun4Life - Games Room Drop-In

Date and Time: Tuesday, August 19 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

## Family Swim

Date and Time: Tuesday, August 19 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Tuesday, August 19 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Shuffleboard

Date and Time: Tuesday, August 19 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## Public Swim

Date and Time: Tuesday, August 19 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 19 3:00 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## 55+ Duplicate Bridge

Date and Time: Tuesday, August 19 6:00 pm - 9:30 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Duplicate Bridge.

55+ Membership required.

## Public Swim

Date and Time: Tuesday, August 19 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Wednesday, August 20, 2025

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### Adult Swim

Date and Time: Wednesday, August 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Wednesday, August 20 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Wednesday, August 20 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 20 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Darts

Date and Time: Wednesday, August 20 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Family Swim

Date and Time: Wednesday, August 20 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Wednesday, August 20 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, August 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 20 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## Pickleball - All Levels

Date and Time: Wednesday, August 20 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

## Basketball (30+)

Date and Time: Wednesday, August 20 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

## Public Swim

Date and Time: Wednesday, August 20 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.



# Thursday, August 21, 2025

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## Adult Swim

Date and Time: Thursday, August 21 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Lane Swim

Date and Time: Thursday, August 21 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, August 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Walking

Date and Time: Thursday, August 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## 55+ Scrabble

Date and Time: Thursday, August 21 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## Early On: Let's Get Physical

Date and Time: Thursday, August 21 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Family Swim

Date and Time: Thursday, August 21 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Thursday, August 21 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, August 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

## 55+ Bridge

Date and Time: Thursday, August 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

## Youth Badminton (Ages 13 to 19)

Date and Time: Thursday, August 21 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Join us for some fun drop-in badminton. Equipment provided if needed.

Ages: 13 to 19 years

Drop-in fees apply

## Public Swim

Date and Time: Thursday, August 21 3:15 pm - 4:45 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Pickleball - Beginner

Date and Time: Thursday, August 21 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner players and those wanting to learn to play the sport in a welcoming and inclusive environment. There is not an instructor for this program.

Ages: 18 years+

Drop-in fees apply.

## Public Swim

Date and Time: Thursday, August 21 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Friday, August 22, 2025

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### Adult Swim

Date and Time: Friday, August 22 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Friday, August 22 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking

Date and Time: Friday, August 22 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, August 22 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Family Swim

Date and Time: Friday, August 22 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult Swim

Date and Time: Friday, August 22 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, August 22 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Canasta

Date and Time: Friday, August 22 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## **55+ Dime Bingo**

Date and Time: Friday, August 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

## **Badminton**

Date and Time: Friday, August 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

## **Public Swim**

Date and Time: Friday, August 22 2:00 pm - 4:15 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## **Hoops (Ages 13 to 19)**

Date and Time: Friday, August 22 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Drop-in fees apply.

## 55+ Euchre

Date and Time: Friday, August 22 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

## Family Swim

Date and Time: Friday, August 22 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Youth Volleyball Drop-In (Ages 13 to 19)

Date and Time: Friday, August 22 6:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Bring your friends and join us for Youth Volleyball. Practice your serve, play a game with new or old friends, and have fun!

Ages: 13 to 19 years

Drop-in fees apply.

## Saturday, August 23, 2025

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## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, August 23 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Saturday, August 23 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Saturday, August 23 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, August 23 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, August 24, 2025

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## Adult Swim

Date and Time: Sunday, August 24 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.



There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Public Swim

Date and Time: Sunday, August 24 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Monday, August 25, 2025

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### Lane Swim

Date and Time: Monday, August 25 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Adult Swim

Date and Time: Monday, August 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Fall Aquatics Registration Opens

Date and Time: Monday, August 25 7:00 am

Address: 60 Highland Drive, Port Hope

Registration opens August 25, 2025 at 7:00 a.m. for aquatic programming.

The Fall Aquatics session runs from September 8, 2025 to November 15, 2025 (10 weeks).

## Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, August 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

## Walking

Date and Time: Monday, August 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## 55+ Cribbage

Date and Time: Monday, August 25 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## Men's Activity Club (MAC)

Date and Time: Monday, August 25 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

## Parent and Child Stick and Puck

Date and Time: Monday, August 25 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult, 18 years and older, on the ice.

Drop-In Fees apply.

## Family Swim

Date and Time: Monday, August 25 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Monday, August 25 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

## Lane Swim

Date and Time: Monday, August 25 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Monday, August 25 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Monday, August 25 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Public Skate

Date and Time: Monday, August 25 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## 55+ Casual Duplicate Bridge

Date and Time: Monday, August 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

## Tuesday, August 26, 2025

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## Adult Swim

Date and Time: Tuesday, August 26 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Lane Swim

Date and Time: Tuesday, August 26 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Walking

Date and Time: Tuesday, August 26 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, August 26 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Fall Program Registration Opens

Date and Time: Tuesday, August 26 8:00 am

Address: 62 McCaul Street, Port Hope

Registration opens August 26, 2025 at 8:00 a.m.  
The Fall program session runs from September 15, 2025 to November 16, 2025 (9 weeks).

## Fun4Life - Accessible Gym

Date and Time: Tuesday, August 26 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

## Parent and Child Stick and Puck

Date and Time: Tuesday, August 26 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult, 18 years and older, on the ice.

Drop-In Fees apply.

## Family Swim

Date and Time: Tuesday, August 26 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Tuesday, August 26 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

## **Fun4Life - Games Room Drop-In**

Date and Time: Tuesday, August 26 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

## **Lane Swim**

Date and Time: Tuesday, August 26 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Adult and Senior Skate**

Date and Time: Tuesday, August 26 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Tuesday, August 26 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Tuesday, August 26 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Shuffleboard

Date and Time: Tuesday, August 26 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program. Ages: 18 years and up

## Wednesday, August 27, 2025

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### Adult Swim

Date and Time: Wednesday, August 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Lane Swim

Date and Time: Wednesday, August 27 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

### Walking



Date and Time: Wednesday, August 27 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 27 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Darts

Date and Time: Wednesday, August 27 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

## Parent and Child Stick and Puck

Date and Time: Wednesday, August 27 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult, 18 years and older, on the ice.

Drop-In Fees apply.

## Family Swim

Date and Time: Wednesday, August 27 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## **Adult and Senior Stick and Puck**

Date and Time: Wednesday, August 27 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

## **Lane Swim**

Date and Time: Wednesday, August 27 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## **Adult and Senior Skate**

Date and Time: Wednesday, August 27 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## **Adult Swim**

Date and Time: Wednesday, August 27 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Wednesday, August 27 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## 55+ Bid Euchre

Date and Time: Wednesday, August 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

## Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, August 27 1:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

## All Ages Stick and Puck

Date and Time: Wednesday, August 27 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

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CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

## Thursday, August 28, 2025

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### Adult Swim

Date and Time: Thursday, August 28 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

### Lane Swim

Date and Time: Thursday, August 28 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

### Walking

Date and Time: Thursday, August 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, August 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## 55+ Scrabble

Date and Time: Thursday, August 28 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

## Parent and Child Stick and Puck

Date and Time: Thursday, August 28 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.

**Ages:** Ages 12 years and under. Children must be accompanied by an adult, 18 years and older, on the ice.

Drop-In Fees apply.

## Early On: Let's Get Physical

Date and Time: Thursday, August 28 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the heat and encourage active play and big body movements during the summer months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

## Lane Swim

Date and Time: Thursday, August 28 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Family Swim

Date and Time: Thursday, August 28 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Thursday, August 28 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

## Adult and Senior Skate

Date and Time: Thursday, August 28 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Thursday, August 28 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Skate

Date and Time: Thursday, August 28 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## 55+ Texas Hold' Em

Date and Time: Thursday, August 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

## 55+ Bridge

Date and Time: Thursday, August 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

## Friday, August 29, 2025

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## Adult Swim

Date and Time: Friday, August 29 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Lane Swim

Date and Time: Friday, August 29 6:00 am - 8:30 am

Address: 60 Highland Drive

Lane Swim is for patrons ages 16 and up.  
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.  
Drop-in fees apply.

## Walking

Date and Time: Friday, August 29 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

## Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, August 29 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Parent and Child Stick and Puck

Date and Time: Friday, August 29 10:00 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants, a hockey helmet with a full face shield is mandatory for everyone under 18 years old.



**Ages:** Ages 12 years and under. Children must be accompanied by an adult, 18 years and older, on the ice.

Drop-In Fees apply.

## Family Swim

Date and Time: Friday, August 29 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool only.

Availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

## Adult and Senior Stick and Puck

Date and Time: Friday, August 29 11:00 am - 11:50 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

## Lane Swim

Date and Time: Friday, August 29 11:00 am - 12:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

## Adult and Senior Skate

Date and Time: Friday, August 29 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## Adult Swim

Date and Time: Friday, August 29 12:00 pm - 2:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.  
This swim is in both pools unless otherwise indicated.  
There is no guarantee that all 6 lanes will be available.  
Drop-in fees apply.

## Public Skate

Date and Time: Friday, August 29 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

## 55+ Canasta

Date and Time: Friday, August 29 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

## 55+ Ukulele - Beginner and Continuing

Date and Time: Friday, August 29 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Join us for an afternoon of jamming on the Ukulele.

Bring your own, or borrow one of ours.

Registration is required. Please call or come in to register.

55+ Membership required.

## 55+ Dime Bingo

Date and Time: Friday, August 29 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

## Badminton

Date and Time: Friday, August 29 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

## Saturday, August 30, 2025

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### Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, August 30 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

## Adult Swim

Date and Time: Saturday, August 30 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

## Public Swim

Date and Time: Saturday, August 30 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

## Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, August 30 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

## Sunday, August 31, 2025

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### Adult Swim

Date and Time: Sunday, August 31 12:00 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

### Public Swim

Date and Time: Sunday, August 31 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

<https://calendar.porthope.ca>