August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday	Monday	Tuesday	wednesday	Inursday	1 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Toonie Swim	2 9:00 am Youth Centre Drop-In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
3	4	5	6	7	8	9
12:00 pm Adult Swim 1:30 pm Public Swim	6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Adult Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Adult Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:00 pm Youth Gym Drop-In (Ages 13 to	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bridge	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta	9:00 am Youth Centre Drop- In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm FREE! Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)

	1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (16+) 7:30 pm Public Swim	1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	1:00 pm 55+ Texas Hold' Em 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	1:00 pm 55+ Ukulele - Beginner and Continuing 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	
10	11	12	13	14	15	16
12:00 pm Adult Swim 1:30 pm Public Swim	6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (16+) 7:30 pm Public Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:00 pm Community Get-Together 7:30 pm Public Swim 7:30 pm Basketball (30+)	6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bridge 1:00 pm 55+ Texas Hold' Em 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim	12:00 pm Adult Swim 1:30 pm Public Swim
17 12:00 pm Adult Swim 1:30 pm Public Swim	18 6:00 am Adult Swim 6:00 am Lane Swim 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life -	20 6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts	21 6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+	6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim 22 6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 11:00 am Family	23 9:00 am Youth Centre Drop- In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim

24	Cribbage 10:00 am Men's Activity Club (MAC) 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Fun4Life 2:00 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (16+) 7:30 pm Public Swim	Accessible Gym 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm Shuffleboard 2:00 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	Scrabble 10:00 am Early On: Let's Get Physical 11:00 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bridge 1:00 pm 55+ Texas Hold' Em 3:00 pm Youth Badminton (Ages 13 to 19) 3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	Swim 12:00 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 2:00 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	3:00 pm Open Gym Drop-in (Ages 7-19)
12:00 pm Adult Swim 1:30 pm Public Swim	6:00 am Adult Swim 6:00 am Lane Swim 7:00 am Fall Aquatics Registration Opens 8:00 am Youth Centre Drop-In (Ages 10 to 12) 8:00 am Walking 9:30 am 55+ Cribbage 10:00 am Men's Activity Club (MAC) 10:00 am Parent and Child Stick and Puck 11:00 am Adult and Senior Stick and Puck 11:00 am Family Swim 12:00 pm Adult Swim 12:00 pm Adult Swim 12:00 pm Fun4Life 1:00 pm 55+ Casual Duplicate Bridge 1:00 pm Public Skate 2:00 pm Public	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Fall Program Registration Opens 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Fun4Life - Accessible Gym 10:00 am Parent and Child Stick and Puck 11:00 am Adult and Senior Stick and Puck 11:00 am Lane Swim 11:00 am Fun4Life - Games Room Drop-In 11:00 am Family Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Shuffleboard 1:00 pm Public Skate 2:00 pm Public Swim	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:30 am 55+ Darts 10:00 am Parent and Child Stick and Puck 11:00 am Adult and Senior Stick and Puck 11:00 am Family Swim 12:00 pm Adult Swim 12:00 pm Adult swim 12:00 pm Adult Swim 12:00 pm Family Swim 12:00 pm Adult Swim 12:00 pm Public Skate 1:00 pm Youth Gym Drop-In (Ages 13 to 19) 1:00 pm 55+ Bid Euchre 1:00 pm Public Skate 2:30 pm All Ages Stick and Puck 5:30 pm Pickleball All Levels 7:30 pm Basketball (30+)	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Parent and Child Stick and Puck 10:00 am Early On: Let's Get Physical 11:00 am Adult and Senior Stick and Puck 11:00 am Family Swim 12:00 pm Adult Swim 12:00 pm Adult swim 12:00 pm Adult and Senior Skate 1:00 pm 55+ Bridge 1:00 pm 55+ Texas Hold' Em 1:00 pm Public Skate 2:30 pm All Ages Stick and Puck 3:00 pm Youth Badminton (Ages 13 to 19)	6:00 am Lane Swim 6:00 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 10:00 am Parent and Child Stick and Puck 11:00 am Adult and Senior Stick and Puck 11:00 am Lane Swim 11:00 am Family Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:00 pm 55+ Ukulele - Beginner and Continuing 1:00 pm Public Skate 2:00 pm Public Skate 2:30 pm All Ages Stick and Puck	9:00 am Youth Centre Drop- In (Ages 13 to 19) 12:00 pm Adult Swim 1:30 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)

	Swim 2:30 pm All Ages Stick and Puck 3:00 pm Open Gym Drop-in (Ages 7-19) 7:30 pm Basketball (16+) 7:30 pm Public Swim	2:30 pm All Ages Stick and Puck 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	7:30 pm Public Swim	3:15 pm Public Swim 6:30 pm Pickleball - Beginner 7:30 pm Public Swim	3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	
31						
12:00 pm Adult Swim						
1:30 pm Public Swim						

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