

Tuesday, September 2, 2025

Adult Swim

Date and Time: Tuesday, September 2 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Stick and Puck

Date and Time: Tuesday, September 2 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 2 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, September 2 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.
Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, September 2 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, September 2 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 2 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Tuesday, September 2 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Tuesday, September 2 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Wednesday, September 3, 2025

Adult Swim

Date and Time: Wednesday, September 3 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 3 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, September 3 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, September 3 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 3 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Wednesday, September 3 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, September 3 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Wednesday, September 3 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, September 4, 2025

Adult Swim

Date and Time: Thursday, September 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Stick and Puck

Date and Time: Thursday, September 4 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, September 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, September 4 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, September 4 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 4 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, September 4 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, September 4 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, September 4 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Friday, September 5, 2025

Adult Swim

Date and Time: Friday, September 5 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Friday, September 5 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Friday, September 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, September 5 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Friday, September 5 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, September 5 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Friday, September 5 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Public Skate

Date and Time: Friday, September 5 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Family Swim

Date and Time: Friday, September 5 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Toonie Swim

Date and Time: Friday, September 5 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope, Ontario

The first Friday of every month has special admission pricing! Only \$2 per person to swim on these nights.

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

Saturday, September 6, 2025

Adult Swim

Date and Time: Saturday, September 6 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, September 6 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Sunday, September 7, 2025

Adult Swim

Date and Time: Sunday, September 7 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Sunday, September 7 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, September 7 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, September 8, 2025

Adult Swim

Date and Time: Monday, September 8 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Monday, September 8 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet

et with a full face shield is mandatory for everyone under 18 years old. Full Hoockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Monday, September 8 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, September 8 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, September 8 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, September 8 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Lane Swim

Date and Time: Monday, September 8 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

Public Swim

Date and Time: Monday, September 8 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Monday, September 8 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Monday, September 8 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Tuesday, September 9, 2025

Adult Swim

Date and Time: Tuesday, September 9 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Stick and Puck

Date and Time: Tuesday, September 9 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 9 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, September 9 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, September 9 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, September 9 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 9 1:30 pm - 3:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Tuesday, September 9 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Tuesday, September 9 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Wednesday, September 10, 2025

Adult Swim

Date and Time: Wednesday, September 10 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 10 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, September 10 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, September 10 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 10 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Wednesday, September 10 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, September 10 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Wednesday, September 10 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Thursday, September 11, 2025

Adult Swim

Date and Time: Thursday, September 11 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Stick and Puck

Date and Time: Thursday, September 11 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, September 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, September 11 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, September 11 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 11 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, September 11 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hoc key equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, September 11 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Public Swim

Date and Time: Thursday, September 11 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Friday, September 12, 2025

Adult Swim

Date and Time: Friday, September 12 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Friday, September 12 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Friday, September 12 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, September 12 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Friday, September 12 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, September 12 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Friday, September 12 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Public Skate

Date and Time: Friday, September 12 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Family Swim

Date and Time: Friday, September 12 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Public Swim

Date and Time: Friday, September 12 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Saturday, September 13, 2025

Adult Swim

Date and Time: Saturday, September 13 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, September 13 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Sunday, September 14, 2025

Adult Swim

Date and Time: Sunday, September 14 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Sunday, September 14 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, September 14 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, September 15, 2025

Adult Swim

Date and Time: Monday, September 15 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Monday, September 15 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, September 15 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, September 15 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, September 15 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, September 15 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, September 15 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, September 15 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, September 15 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Monday, September 15 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, September 15 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, September 15 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, September 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, September 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Casual Duplicate Bridge

Date and Time: Monday, September 15 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Tuesday, September 16, 2025

Adult Swim

Date and Time: Tuesday, September 16 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, September 16 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, September 16 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, September 16 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, September 16 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, September 16 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, September 16 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 16 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, September 16 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, September 16 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, September 16 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, September 16 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, September 16 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bingo

Date and Time: Tuesday, September 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

55+ Knitting Circle

Date and Time: Tuesday, September 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. Drop-ins can be accepted. All members are welcome!

Wednesday, September 17, 2025

Adult Swim

Date and Time: Wednesday, September 17 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, September 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, September 17 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Darts

Date and Time: Wednesday, September 17 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, September 17 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Family Swim

Date and Time: Wednesday, September 17 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 17 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, September 17 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.
This swim is in both pools and the hot tub unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, September 17 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, September 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Swim

Date and Time: Wednesday, September 17 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.
Public Swims are in the 25 metre pool and the Therapy pool.
There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 17 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.
This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.
Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, September 17 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, September 17 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Wednesday, September 17 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Thursday, September 18, 2025

Adult Swim

Date and Time: Thursday, September 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, September 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, September 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, September 18 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Adult and Senior Stick and Puck

Date and Time: Thursday, September 18 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, September 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, September 18 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, September 18 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, September 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, September 18 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, September 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, September 18 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, September 18 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pickup hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, September 18 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Friday, September 19, 2025

Adult Swim

Date and Time: Friday, September 19 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Friday, September 19 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, September 19 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

All Ages Stick and Puck

Date and Time: Friday, September 19 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, September 19 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, September 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, September 19 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Friday, September 19 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, September 19 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, September 19 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Badminton

Date and Time: Friday, September 19 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, September 19 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, September 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, September 19 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Euchre

Date and Time: Friday, September 19 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Saturday, September 20, 2025

Adult Swim

Date and Time: Saturday, September 20 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, September 20 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, September 20 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, September 21, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, September 21 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, September 21 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Sunday, September 21 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, September 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Swim

Date and Time: Sunday, September 21 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, September 22, 2025

Adult Swim

Date and Time: Monday, September 22 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Monday, September 22 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, September 22 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, September 22 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, September 22 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, September 22 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, September 22 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, September 22 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, September 22 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Monday, September 22 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, September 22 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, September 22 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, September 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, September 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Casual Duplicate Bridge

Date and Time: Monday, September 22 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Tuesday, September 23, 2025

Adult Swim

Date and Time: Tuesday, September 23 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, September 23 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, September 23 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, September 23 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, September 23 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, September 23 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, September 23 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 23 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, September 23 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, September 23 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, September 23 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, September 23 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, September 23 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bingo

Date and Time: Tuesday, September 23 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

55+ Knitting Circle

Date and Time: Tuesday, September 23 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. Drop-ins can be accepted. All members are welcome!

Wednesday, September 24, 2025

Adult Swim

Date and Time: Wednesday, September 24 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, September 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, September 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Darts

Date and Time: Wednesday, September 24 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, September 24 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Family Swim

Date and Time: Wednesday, September 24 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 24 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, September 24 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, September 24 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, September 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Swim

Date and Time: Wednesday, September 24 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, September 24 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, September 24 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, September 24 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Wednesday, September 24 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Thursday, September 25, 2025

Adult Swim

Date and Time: Thursday, September 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, September 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, September 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, September 25 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Adult and Senior Stick and Puck

Date and Time: Thursday, September 25 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Thursday, September 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Thursday, September 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, September 25 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, September 25 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, September 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

55+ Bridge

Date and Time: Thursday, September 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, September 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, September 25 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, September 25 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, September 25 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.

Drop-in fees apply.

Friday, September 26, 2025

Adult Swim

Date and Time: Friday, September 26 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Friday, September 26 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, September 26 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

All Ages Stick and Puck

Date and Time: Friday, September 26 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, September 26 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, September 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, September 26 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Friday, September 26 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Dime Bingo

Date and Time: Friday, September 26 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, September 26 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Badminton

Date and Time: Friday, September 26 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, September 26 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, September 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, September 26 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Euchre

Date and Time: Friday, September 26 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Saturday, September 27, 2025

Adult Swim

Date and Time: Saturday, September 27 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, September 27 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, September 27 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, September 28, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, September 28 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, September 28 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

FREE! Public Skate

Date and Time: Sunday, September 28 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by OPG!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, September 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Swim

Date and Time: Sunday, September 28 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, September 29, 2025

Adult Swim

Date and Time: Monday, September 29 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Monday, September 29 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, September 29 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

55+ Cribbage

Date and Time: Monday, September 29 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, September 29 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, September 29 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, September 29 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, September 29 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, September 29 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, September 29 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

55+ Casual Duplicate Bridge

Date and Time: Monday, September 29 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Public Swim

Date and Time: Monday, September 29 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Monday, September 29 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Monday, September 29 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Public Swim

Date and Time: Monday, September 29 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Tuesday, September 30, 2025

Adult Swim

Date and Time: Tuesday, September 30 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, September 30 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, September 30 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, September 30 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, September 30 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, September 30 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, September 30 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, September 30 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Tuesday, September 30 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, September 30 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, September 30 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, September 30 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, September 30 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bingo

Date and Time: Tuesday, September 30 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

55+ Knitting Circle

Date and Time: Tuesday, September 30 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Bring your knitting supplies and enjoy each other's company while sharing your projects and patterns. Drop-ins can be accepted. All members are welcome!

<https://calendar.porthope.ca>