

Wednesday, October 1, 2025

Adult Swim

Date and Time: Wednesday, October 1 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, October 1 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 1 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, October 1 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other

children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, October 1 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, October 1 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Wednesday, October 1 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, October 1 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, October 1 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, October 1 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, October 1 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Public Swim

Date and Time: Wednesday, October 1 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 1 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, October 1 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 1 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Thursday, October 2, 2025

Adult Swim

Date and Time: Thursday, October 2 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, October 2 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, October 2 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, October 2 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, October 2 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, October 2 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, October 2 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, October 2 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, October 2 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, October 2 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, October 2 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, October 2 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, October 2 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Lane Swim

Date and Time: Thursday, October 2 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, October 2 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Friday, October 3, 2025

Adult Swim

Date and Time: Friday, October 3 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, October 3 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, October 3 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, October 3 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, October 3 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, October 3 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, October 3 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, October 3 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, October 3 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, October 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Dime Bingo

Date and Time: Friday, October 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, October 3 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Friday, October 3 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, October 3 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, October 3 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Saturday, October 4, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, October 4 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Halloween Costume Sale

Date and Time: Saturday, October 4 10:00 am - 2:00 pm

Address: 62 McCaul St Port Hope

Don't miss our Costume Sale — everything \$10 or less! Find the perfect look and support a great cause! All proceeds will go directly to children and youth programming and any leftover costumes will be used for day camp and programs.

Adult Swim

Date and Time: Saturday, October 4 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

FREE! Public Swim

Date and Time: Saturday, October 4 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope, Ontario

Join us at the Jack Burger Sports Complex for a free public swim sponsored by OPG!

Public Swims are open to all ages. There is no guarantee that the 25 metre pool will be available for all Public Swims.

Sunday, October 5, 2025

Culture Days - Family Fall Cookie Decorating (All Ages)

Date and Time: Sunday, October 5 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

A fun, family activity where participants will decorate some delicious fall themed cookies with a variety of coloured icings and sprinkles to create festive, edible treats.

Ages: All Ages - children under the age of 10 must be accompanied by a caregiver at least 14 years of age.

Cost: FREE!

Register for Culture Days workshops [online](#), by phone, or in person.

Pickleball - Beginner/Intermediate

Date and Time: Sunday, October 5 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, October 5 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in [fees](#) apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, October 5 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Skate

Date and Time: Sunday, October 5 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, October 5 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, October 6, 2025

Adult Swim

Date and Time: Monday, October 6 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Monday, October 6 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, October 6 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, October 6 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, October 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, October 6 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, October 6 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, October 6 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, October 6 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Monday, October 6 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, October 6 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, October 6 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, October 6 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, October 6 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Casual Duplicate Bridge

Date and Time: Monday, October 6 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Tuesday, October 7, 2025

Adult Swim

Date and Time: Tuesday, October 7 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, October 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Tuesday, October 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Tai Chi - Continuing

Date and Time: Tuesday, October 7 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, October 7 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, October 7 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, October 7 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, October 7 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, October 7 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, October 7 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, October 7 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, October 7 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, October 7 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, October 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, October 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

Wednesday, October 8, 2025

Adult Swim

Date and Time: Wednesday, October 8 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, October 8 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 8 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, October 8 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, October 8 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, October 8 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Wednesday, October 8 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, October 8 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older. Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim. Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, October 8 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, October 8 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, October 8 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Public Swim

Date and Time: Wednesday, October 8 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 8 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, October 8 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 8 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Thursday, October 9, 2025

Adult Swim

Date and Time: Thursday, October 9 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, October 9 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, October 9 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, October 9 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, October 9 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, October 9 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, October 9 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, October 9 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, October 9 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, October 9 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, October 9 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, October 9 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, October 9 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Lane Swim

Date and Time: Thursday, October 9 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, October 9 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Friday, October 10, 2025

Adult Swim

Date and Time: Friday, October 10 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, October 10 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, October 10 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, October 10 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, October 10 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, October 10 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, October 10 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, October 10 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, October 10 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, October 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Dime Bingo

Date and Time: Friday, October 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, October 10 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Friday, October 10 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, October 10 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, October 10 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, October 11 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, October 11 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, October 11 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, October 11 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Late Night Hoops (Ages 15 to 19)

Date and Time: Saturday, October 11 8:00 pm - 11:55 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends! Listen to music, order a pizza, and enjoy having the facility to yourselves for the evening.

Ages 15-19 years.

Drop-in fees apply.

Sunday, October 12, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, October 12 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, October 12 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, October 12 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Public Skate

Date and Time: Sunday, October 12 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, October 12 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Tuesday, October 14, 2025

Adult Swim

Date and Time: Tuesday, October 14 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Tuesday, October 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, October 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, October 14 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, October 14 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, October 14 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, October 14 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, October 14 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, October 14 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, October 14 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, October 14 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, October 14 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, October 14 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, October 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, October 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

Wednesday, October 15, 2025

Adult Swim

Date and Time: Wednesday, October 15 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, October 15 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 15 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, October 15 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, October 15 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, October 15 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Wednesday, October 15 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, October 15 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, October 15 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, October 15 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, October 15 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Public Swim

Date and Time: Wednesday, October 15 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 15 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, October 15 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 15 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Thursday, October 16, 2025

Adult Swim

Date and Time: Thursday, October 16 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, October 16 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, October 16 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, October 16 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, October 16 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, October 16 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, October 16 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, October 16 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, October 16 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, October 16 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, October 16 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, October 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, October 16 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Lane Swim

Date and Time: Thursday, October 16 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, October 16 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pickup hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Friday, October 17, 2025

Adult Swim

Date and Time: Friday, October 17 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, October 17 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, October 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, October 17 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, October 17 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, October 17 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, October 17 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, October 17 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, October 17 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, October 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Dime Bingo

Date and Time: Friday, October 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, October 17 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Friday, October 17 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, October 17 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, October 17 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Saturday, October 18, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, October 18 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, October 18 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, October 18 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, October 18 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, October 19, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, October 19 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati

on environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, October 19 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, October 19 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Skate

Date and Time: Sunday, October 19 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, October 19 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.
Drop-in fees apply.

Monday, October 20, 2025

Adult Swim

Date and Time: Monday, October 20 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Monday, October 20 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, October 20 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, October 20 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, October 20 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, October 20 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, October 20 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, October 20 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, October 20 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Monday, October 20 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, October 20 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, October 20 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, October 20 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best

meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, October 20 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Casual Duplicate Bridge

Date and Time: Monday, October 20 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Tuesday, October 21, 2025

Adult Swim

Date and Time: Tuesday, October 21 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, October 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Tuesday, October 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Tai Chi - Continuing

Date and Time: Tuesday, October 21 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, October 21 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, October 21 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, October 21 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, October 21 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, October 21 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, October 21 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, October 21 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.
There is no guarantee that all 6 lanes will be available.
Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, October 21 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, October 21 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, October 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, October 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

Wednesday, October 22, 2025

Adult Swim

Date and Time: Wednesday, October 22 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 22 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Darts

Date and Time: Wednesday, October 22 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Family Swim

Date and Time: Wednesday, October 22 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 22 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, October 22 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, October 22 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, October 22 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Public Swim

Date and Time: Wednesday, October 22 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 22 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, October 22 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Wednesday, October 22 5:30 pm - 7:00 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Wednesday, October 22 7:30 pm - 9:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Basketball (30+)

Date and Time: Wednesday, October 22 7:30 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Come participate in a game of pick-up basketball or 21. You may be asked to show proof of age at the time of registration.

Ages: 30 years+

Thursday, October 23, 2025

Adult Swim

Date and Time: Thursday, October 23 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, October 23 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, October 23 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, October 23 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, October 23 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, October 23 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, October 23 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, October 23 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, October 23 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, October 23 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, October 23 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, October 23 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, October 23 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Lane Swim

Date and Time: Thursday, October 23 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, October 23 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Friday, October 24, 2025

Adult Swim

Date and Time: Friday, October 24 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, October 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, October 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, October 24 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Pickleball - All Levels

Date and Time: Friday, October 24 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, October 24 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, October 24 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Badminton

Date and Time: Friday, October 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Dime Bingo

Date and Time: Friday, October 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, October 24 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Friday, October 24 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, October 24 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, October 24 3:00 pm - 6:00 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

55+ Euchre

Date and Time: Friday, October 24 6:00 pm - 9:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Euchre. 55+ Membership required.

Family Swim

Date and Time: Friday, October 24 6:15 pm - 7:15 pm

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

These Family Swims are in the Therapy Pool only.
Drop-in fees apply.

Saturday, October 25, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, October 25 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, October 25 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Spooktacular (All Ages)

Date and Time: Saturday, October 25 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

We have lots of Halloween fun for all!

Some of what we have planned include:

- Spooky games and activities.
- Crafts.
- Wickedly fun scavenger hunt.
- Sweets and treat prizes.

When you arrive, make sure to stop by the customer service desk for your Spooktacular Passport. There you will find a list of everything going on and where to find it.

Important things to note:

- This event is for all ages, but children under the age of 10 must be accompanied by a person over the age of 16 years old.
- Everything involved in this event is free.
- Any food treats provided throughout the event will be nut-free.

Public Swim

Date and Time: Saturday, October 25 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Sunday, October 26, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, October 26 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, October 26 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, October 26 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

FREE! Public Skate

Date and Time: Sunday, October 26 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by the Leca Family!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Public Swim

Date and Time: Sunday, October 26 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, October 27, 2025

Adult Swim

Date and Time: Monday, October 27 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, October 27 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Walking

Date and Time: Monday, October 27 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Men's Activity Club (MAC)

Date and Time: Monday, October 27 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, October 27 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, October 27 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the

e arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, October 27 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, October 27 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, October 27 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Monday, October 27 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, October 27 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, October 27 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, October 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will enhance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offered weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, October 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Casual Duplicate Bridge

Date and Time: Monday, October 27 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Adult Swim

Date and Time: Tuesday, October 28 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, October 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Tuesday, October 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Tai Chi - Continuing

Date and Time: Tuesday, October 28 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, October 28 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, October 28 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, indoor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, October 28 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, October 28 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, October 28 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, October 28 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of abilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult Swim

Date and Time: Tuesday, October 28 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, October 28 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, October 28 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, October 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, October 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bingo. 55+ Membership required.

Wednesday, October 29, 2025

Adult Swim

Date and Time: Wednesday, October 29 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Wednesday, October 29 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 29 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, October 29 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, October 29 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, October 29 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Lane Swim

Date and Time: Wednesday, October 29 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Family Swim

Date and Time: Wednesday, October 29 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, October 29 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, October 29 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, October 29 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Public Swim

Date and Time: Wednesday, October 29 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, October 29 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, October 29 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-In (Ages 13 to 19)

Date and Time: Wednesday, October 29 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc. The gym can be divided into two to offer different activities and choices.

For Saturday Youth Gym, please call the Town Park Recreation Centre ahead of time to see if the program is running.

Drop-in fees apply.

Thursday, October 30, 2025

Adult Swim

Date and Time: Thursday, October 30 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Walking

Date and Time: Thursday, October 30 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, October 30 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Scrabble

Date and Time: Thursday, October 30 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

Early On: Let's Get Physical

Date and Time: Thursday, October 30 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the cold and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, October 30 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, October 30 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope, Ontario

Family swim is open to all ages.

Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years and older.

Family Swims are in the Therapy Pool, availability of the 25 metre pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, October 30 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, October 30 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, October 30 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

55+ Texas Hold' Em

Date and Time: Thursday, October 30 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, October 30 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreation environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, October 30 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

Lane Swim

Date and Time: Thursday, October 30 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, October 30 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hockey equipment is strongly recommended.

Ages: 13 to 17 years old.

Drop-In Fees apply.

Friday, October 31, 2025

Adult Swim

Date and Time: Friday, October 31 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, October 31 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, October 31 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, October 31 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddler cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, October 31 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helmet with a full face shield is mandatory for everyone under 18 years old. Full Hockey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, October 31 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for everyone. New players are always welcome.

Public Swim

Date and Time: Friday, October 31 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, October 31 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, October 31 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, October 31 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Dime Bingo

Date and Time: Friday, October 31 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

55+ Canasta

Date and Time: Friday, October 31 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Friday, October 31 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, October 31 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Lane Swim is for patrons ages 16 and up.

This swim is in the 25 metre pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, October 31 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

<https://calendar.porthope.ca>