

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:30 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm Pickleball - Intermediate/Advanced 1:00 pm 55+ Bid Euchre 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm All Ages Stick and Puck 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:30 pm Basketball (30+) 7:30 pm Public Swim	2 6:00 am Adult Swim 8:00 am Walking 8:00 am Youth Centre Drop-In (Ages 13 to 19) 9:30 am 55+ Scrabble 10:00 am Early On: Let's Get Physical 10:30 am Adult and Senior Stick and Puck 10:45 am Family Swim 10:45 am Lane Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm 55+ Texas Hold' Em 1:00 pm Pickleball - Beginner/Intermediate 1:00 pm 55+ Bridge 1:30 pm Lane Swim 2:30 pm Youth Stick and Puck 3:30 pm Youth Badminton (Ages 13 to 19) 6:15 pm Family Swim 7:00 pm Pickleball - Beginner/Intermediate (Ages 16 to 35) 7:30 pm Public Swim	3 5:30 am Adult Swim 8:00 am Youth Centre Drop-In (Ages 13 to 19) 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 9:30 am All Ages Stick and Puck 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm 55+ Dime Bingo 1:00 pm 55+ Canasta 1:30 pm Public Swim 1:30 pm Lane Swim 2:30 pm Public Skate 3:00 pm Hoops (Ages 13 to 19) 6:00 pm 55+ Euchre 6:00 pm Culture Days - Pumpkin Ribbon Loaf (Ages 18+) 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Toonie	4 9:00 am Youth Centre Drop-In (Ages 13 to 19) 10:00 am Halloween Costume Sale 11:30 am Adult Swim 2:15 pm FREE! Public Swim

					Swim	
5	6	7	8	9	10	11
10:00 am Culture Days - Family Fall Cookie Decorating (All Ages)	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	9:00 am Youth Centre Drop-In (Ages 13 to 19)
10:30 am Pickleball - Beginner/Intermediate	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	11:30 am Adult Swim
11:30 am Adult Swim	8:00 am Youth Centre Drop-In (Ages 10 to 12)	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	2:15 pm Public Swim
1:00 pm Pickleball - Intermediate/Advanced	9:00 am Men's Activity Club (MAC)	9:00 am 55+ Tai Chi - Continuing	9:00 am Active Start: Toddler Gym Drop-in	9:30 am 55+ Scrabble	9:00 am Active Start: Toddler Gym Drop-in	3:00 pm Open Gym Drop-in (Ages 7-19)
1:00 pm Public Skate	9:30 am 55+ Cribbage	10:00 am 55+ Tai Chi - Intermediate	9:30 am 55+ Darts	10:00 am Early On: Let's Get Physical	9:30 am All Ages Stick and Puck	8:00 pm Late Night Hoops (Ages 15 to 19)
2:30 pm Public Swim	9:30 am All Ages Stick and Puck	10:00 am Fun4Life - Accessible Gym	10:30 am Pickleball - All Levels	10:30 am Adult and Senior Stick and Puck	10:30 am Pickleball - All Levels	
	10:00 am 55+ French Cafe	10:30 am Adult and Senior Stick and Puck	10:45 am Lane Swim	10:45 am Family Swim	10:45 am Lane Swim	
	10:00 am Public Swim	10:45 am Family Swim	12:00 pm Adult Swim	10:45 am Lane Swim	10:45 am Public Swim	
	10:30 am Pickleball - All Levels	10:45 am Lane Swim	1:00 pm Pickleball - Intermediate/Advanced	12:00 pm Adult Swim	12:00 pm Adult Swim	
	11:15 am Lane Swim	11:00 am Fun4Life - Games Room Drop-In	1:00 pm 55+ Bid Euchre	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	
	12:00 pm Adult and Senior Skate	12:00 pm Adult Swim	1:30 pm Public Swim	1:00 pm 55+ Texas Hold' Em	1:00 pm Badminton	
	12:15 pm Adult Swim	12:00 pm Adult and Senior Skate	1:30 pm Lane Swim	1:00 pm Pickleball - Beginner/Intermediate	1:00 pm 55+ Dime Bingo	
	1:00 pm Fun4Life	12:30 pm Pickleball - Intermediate/Advanced	2:30 pm All Ages Stick and Puck	1:00 pm 55+ Bridge	1:00 pm 55+ Canasta	
	1:00 pm Badminton	1:00 pm Shuffleboard	3:00 pm Youth Gym Drop-In (Ages 13 to 19)	1:30 pm Lane Swim	1:30 pm Public Swim	
	1:00 pm 55+ Casual Duplicate Bridge	1:00 pm 55+ Bingo	3:00 pm Youth Gym Drop-In (Ages 13 to 19)	2:30 pm Youth Stick and Puck	1:30 pm Lane Swim	
	1:45 pm Public Swim	1:00 pm 55+ Knitting Circle	5:30 pm Pickleball - All Levels	3:30 pm Youth Badminton (Ages 13 to 19)	2:30 pm Public Skate	
	1:45 pm Lane Swim	1:30 pm Lane Swim	7:30 pm Basketball (30+)	6:15 pm Family Swim	3:00 pm Hoops (Ages 13 to 19)	
	2:30 pm All Ages Stick and Puck	2:30 pm Public Skate	7:30 pm Public Swim	7:00 pm Pickleball - Beginner/Intermediate (Ages 16 to 35)	6:00 pm 55+ Euchre	
	3:00 pm Open Gym Drop-in (Ages 7-19)	3:00 pm Youth Gym Drop-In (Ages 13 to 19)		7:30 pm Public Swim	6:15 pm Family Swim	
	6:00 pm Culture Days - Fall Mosaics Workshop (Ages 16+)	6:00 pm 55+ Duplicate Bridge			6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
	7:30 pm Basketball (16+)	7:30 pm Public Swim			7:30 pm Public Swim	
	7:30 pm Public Swim					
12	13	14	15	16	17	18
10:30 am Pickleball -		6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult	9:00 am Youth

Beginner/Intermediate		8:00 am Walking	8:00 am Walking	8:00 am Walking	Swim	Centre Drop-In (Ages 13 to 19)
11:30 am Adult Swim		8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	11:30 am Adult Swim
1:00 pm Pickleball - Intermediate/Advanced		9:00 am 55+ Tai Chi - Continuing	9:00 am Active Start: Toddler Gym Drop-in	9:30 am 55+ Scrabble	8:00 am Walking	2:15 pm Public Swim
1:00 pm Public Skate		10:00 am 55+ Tai Chi - Intermediate	9:30 am 55+ Darts	10:00 am Early On: Let's Get Physical	9:00 am Active Start: Toddler Gym Drop-in	3:00 pm Open Gym Drop-in (Ages 7-19)
2:30 pm Public Swim		10:00 am Fun4Life - Accessible Gym	10:30 am Pickleball - All Levels	10:30 am Adult and Senior Stick and Puck	9:30 am All Ages Stick and Puck	
		10:30 am Adult and Senior Stick and Puck	10:45 am Lane Swim	10:45 am Family Swim	10:30 am Pickleball - All Levels	
		10:45 am Family Swim	12:00 pm Adult Swim	10:45 am Lane Swim	10:45 am Public Swim	
		10:45 am Lane Swim	1:00 pm Pickleball - Intermediate/Advanced	12:00 pm Adult Swim	12:00 pm Adult Swim	
		11:00 am Fun4Life - Games Room Drop-In	1:00 pm 55+ Bid Euchre	12:00 pm Adult and Senior Skate	12:00 pm Adult Swim	
		12:00 pm Adult Swim	1:30 pm Public Swim	1:00 pm 55+ Texas Hold' Em	12:00 pm Adult and Senior Skate	
		12:00 pm Adult and Senior Skate	1:30 pm Lane Swim	1:00 pm Pickleball - Beginner/Intermediate	1:00 pm Badminton	
		12:30 pm Pickleball - Intermediate/Advanced	2:30 pm All Ages Stick and Puck	1:00 pm 55+ Bridge	1:00 pm 55+ Dime Bingo	
		1:00 pm Shuffleboard	3:00 pm Youth Gym Drop-In (Ages 13 to 19)	1:30 pm Lane Swim	1:00 pm 55+ Canasta	
		1:00 pm 55+ Bingo	5:30 pm Pickleball - All Levels	2:30 pm Youth Stick and Puck	1:30 pm Public Swim	
		1:00 pm 55+ Knitting Circle	7:30 pm Basketball (30+)	3:30 pm Youth Badminton (Ages 13 to 19)	1:30 pm Lane Swim	
		1:30 pm Lane Swim	7:30 pm Public Swim	6:15 pm Family Swim	2:30 pm Public Skate	
		2:30 pm Public Skate		7:00 pm Pickleball - Beginner/Intermediate (Ages 16 to 35)	3:00 pm Hoops (Ages 13 to 19)	
		3:00 pm Youth Gym Drop-In (Ages 13 to 19)		7:30 pm Public Swim	6:00 pm 55+ Euchre	
		6:00 pm 55+ Duplicate Bridge			6:15 pm Family Swim	
		7:30 pm Public Swim			6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
					7:30 pm Public Swim	
19	20	21	22	23	24	25
10:30 am Pickleball -	5:30 am Adult	6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult	9:00 am Youth

Beginner/Intermediate	Swim	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	Swim	Centre Drop-In (Ages 13 to 19)
11:30 am Adult Swim	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	11:30 am Adult Swim
1:00 pm Pickleball - Intermediate/Advanced	8:00 am Youth Centre Drop-In (Ages 10 to 12)	8:00 am Walking	9:30 am 55+ Darts	9:30 am 55+ Scrabble	8:00 am Walking	1:00 pm Spooktacular (All Ages)
1:00 pm Public Skate	9:00 am Men's Activity Club (MAC)	9:00 am 55+ Tai Chi - Continuing	10:45 am Family Swim	10:00 am Early On: Let's Get Physical	9:00 am Active Start: Toddler Gym Drop-in	2:15 pm Public Swim
2:30 pm Public Swim	9:30 am 55+ Cribbage	10:00 am 55+ Tai Chi - Intermediate	10:45 am Lane Swim	10:30 am Adult and Senior Stick and Puck	10:30 am Pickleball - All Levels	
	9:30 am All Ages Stick and Puck	10:00 am Fun4Life - Accessible Gym	1:00 pm Pickleball - Intermediate/Advanced	10:45 am Family Swim	10:45 am Public Swim	
	10:00 am 55+ French Cafe	10:30 am Adult and Senior Stick and Puck	1:00 pm 55+ Bid Euchre	10:45 am Lane Swim	12:00 pm Adult Swim	
	10:00 am Public Swim	10:45 am Family Swim	1:30 pm Public Swim	12:00 pm Adult Swim	1:00 pm Badminton	
	10:30 am Pickleball - All Levels	11:00 am Fun4Life - Games Room Drop-In	1:30 pm Lane Swim	12:00 pm Adult and Senior Skate	1:00 pm 55+ Dime Bingo	
	11:15 am Lane Swim	12:00 pm Adult Swim	2:30 pm All Ages Stick and Puck	1:00 pm 55+ Texas Hold' Em	1:00 pm 55+ Canasta	
	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	5:30 pm Pickleball - All Levels	1:00 pm Pickleball - Beginner/Intermediate	1:30 pm Public Swim	
	12:15 pm Adult Swim	12:30 pm Pickleball - Intermediate/Advanced	7:30 pm Public Swim	1:00 pm 55+ Bridge	1:30 pm Lane Swim	
	1:00 pm Fun4Life	1:00 pm Shuffleboard	7:30 pm Basketball (30+)	1:30 pm Lane Swim	3:00 pm Hoops (Ages 13 to 19)	
	1:00 pm Badminton	1:00 pm 55+ Bingo		2:30 pm Youth Stick and Puck	6:00 pm 55+ Euchre	
	1:00 pm 55+ Casual Duplicate Bridge	1:00 pm 55+ Knitting Circle		3:30 pm Youth Badminton (Ages 13 to 19)	6:15 pm Family Swim	
	1:45 pm Public Swim	1:30 pm Lane Swim		6:00 pm Youth Pumpkin Carving	6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)	
	1:45 pm Lane Swim	2:30 pm Public Skate		6:15 pm Family Swim	7:00 pm Youth Halloween Dance (Ages 12+)	
	2:30 pm All Ages Stick and Puck	3:00 pm Youth Gym Drop-In (Ages 13 to 19)		7:00 pm Pickleball - Beginner/Intermediate (Ages 16 to 35)	7:30 pm Public Swim	
	3:00 pm Open Gym Drop-in (Ages 7-19)	6:00 pm 55+ Duplicate Bridge		7:30 pm Public Swim		
	7:30 pm Basketball (16+)	7:30 pm Public Swim				
	7:30 pm Public Swim					
26	27	28	29	30	31	
10:30 am Pickleball - Beginner/Intermediate	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	6:00 am Adult Swim	5:30 am Adult Swim	
11:30 am Adult Swim	8:00 am Youth Centre Drop-In (Ages 10 to 12)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	
1:00 pm Pickleball - Intermediate/Advanced	8:00 am Walking	8:00 am Walking	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Youth Centre Drop-In (Ages 13 to 19)	8:00 am Walking	
1:00 pm FREE! Public Skate	9:00 am Men's	9:00 am 55+ Tai Chi - Continuing	9:00 am Active Start: Toddler Gym Drop-in	9:30 am 55+ Scrabble		

2:30 pm Public Swim	Activity Club (MAC)	10:00 am 55+ Tai Chi - Intermediate	9:30 am 55+ Darts	10:00 am Early On: Let's Get Physical	9:00 am Active Start: Toddler Gym Drop-in
	9:30 am 55+ Cribbage	10:00 am Fun4Life - Accessible Gym	10:30 am Pickleball - All Levels	10:30 am Adult and Senior Stick and Puck	9:30 am All Ages Stick and Puck
	9:30 am All Ages Stick and Puck	10:30 am Adult and Senior Stick and Puck	10:45 am Lane Swim	10:45 am Family Swim	10:30 am Pickleball - All Levels
	10:00 am 55+ French Cafe	10:45 am Family Swim	12:00 pm Adult Swim	10:45 am Lane Swim	10:45 am Public Swim
	10:00 am Public Swim	10:45 am Lane Swim	1:00 pm Pickleball - Intermediate/Advanced	12:00 pm Adult Swim	12:00 pm Adult Swim
	10:30 am Pickleball - All Levels	11:00 am Fun4Life - Games Room Drop-In	1:00 pm 55+ Bid Euchre	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate
	11:15 am Lane Swim	12:00 pm Adult Swim	1:30 pm Public Swim	1:00 pm 55+ Texas Hold' Em	1:00 pm Badminton
	12:00 pm Adult and Senior Skate	12:00 pm Adult and Senior Skate	1:30 pm Lane Swim	1:00 pm Pickleball - Beginner/Intermediate	1:00 pm 55+ Dime Bingo
	12:15 pm Adult Swim	12:30 pm Pickleball - Intermediate/Advanced	2:30 pm All Ages Stick and Puck	1:00 pm 55+ Bridge	1:00 pm 55+ Canasta
	1:00 pm Fun4Life	1:00 pm Shuffleboard	3:00 pm Youth Gym Drop-In (Ages 13 to 19)	1:30 pm Lane Swim	1:30 pm Public Swim
	1:00 pm Badminton	1:00 pm 55+ Knitting Circle	5:30 pm Pickleball - All Levels	2:30 pm Youth Stick and Puck	1:30 pm Lane Swim
	1:00 pm 55+ Casual Duplicate Bridge	1:30 pm Lane Swim	7:30 pm Basketball (30+)	3:30 pm Youth Badminton (Ages 13 to 19)	2:30 pm Public Skate
	1:45 pm Public Swim	2:30 pm Public Skate	7:30 pm Public Swim	6:15 pm Family Swim	3:00 pm Hoops (Ages 13 to 19)
	1:45 pm Lane Swim	3:00 pm Youth Gym Drop-In (Ages 13 to 19)		7:00 pm Pickleball - Beginner/Intermediate (Ages 16 to 35)	6:00 pm 55+ Euchre
	2:30 pm All Ages Stick and Puck	6:00 pm 55+ Duplicate Bridge		7:30 pm Public Swim	6:15 pm Family Swim
	3:00 pm Open Gym Drop-in (Ages 7-19)	7:30 pm Public Swim			6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)
	7:30 pm Basketball (16+)				7:30 pm Public Swim
	7:30 pm Public Swim				