

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 5:30 am Adult Swim 9:00 am Active Start: Gym Drop-In for Toddlers (Ages 0 to 3) 10:30 am Pickleball - All Levels 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm Public Skate 1:30 pm Adult Swim 1:30 pm Lane Swim 2:30 pm All Ages Stick and Puck 3:00 pm Hoops (Ages 13-19) 6:15 pm Family Swim 6:30 pm Youth Volleyball (Ages 15-19) 7:30 pm Toonie Swim	2 9:00 am Indoor Tennis 9:00 am Youth Centre Drop-in (Ages 13-19) 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Family / Child Gym Drop-In
3 10:45 am Youth Centre Drop-in (Ages 13-19) 10:45 am Pickleball - Beginner / Intermediate 11:30 am Adult Swim 12:45 pm Pickleball - Intermediate / Advanced	4 5:30 am Adult Swim 9:00 am Men's Activity Club (MAC) 10:00 am Public Swim 10:30 am Pickleball - All	5 6:00 am Adult Swim 10:00 am Fun4Life - Accessible Gym 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Fun4Life - Games Room Drop-In	6 5:30 am Adult Swim 9:00 am Active Start: Gym Drop-In for Toddlers (Ages 0 to 3) 10:30 am Pickleball - All Levels 10:45 am Lane	7 6:00 am Adult Swim 10:00 am All Ages Stick and Puck 10:45 am Homeschool Youth Centre Drop-In (Ages 12 to 18) 10:45 am	8 5:30 am Adult Swim 9:00 am Active Start: Gym Drop-In for Toddlers (Ages 0 to 3) 10:00 am All Ages Stick and Puck 10:30 am	9 9:00 am Youth Centre Drop-in (Ages 13-19) 9:00 am Indoor Tennis 11:30 am Adult Swim 2:15 pm

1:00 pm Public Skate 2:30 pm Public Swim	Levels 11:15 am Lane Swim 12:00 pm Adult and Senior Skate 12:15 pm Adult Swim 1:00 pm Badminton 1:30 pm Fun4Life 2:45 pm Public Swim 3:00 pm Family / Child Gym Drop-In 3:00 pm Youth Centre Drop-in (Ages 10-12) 3:00 pm All Ages Stick and Puck 7:30 pm Basketball 30+ 7:30 pm Public Swim	11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate / Advanced 1:00 pm Shuffleboard 1:30 pm Lane Swim 3:00 pm Youth Gym Drop-In (Ages 13-19) 3:00 pm Public Skate 7:30 pm Public Swim	Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:30 pm Adult Swim 1:30 pm Lane Swim 2:45 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13-19) 3:00 pm Youth Stick and Puck 5:30 pm Pickleball - All Levels 7:15 pm Basketball 7:30 pm Basketball 30+ 7:30 pm Public Swim	Homeschool Gym Drop-In (Ages 4 to 12) 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm Pickleball - Beginner 1:30 pm Lane Swim 3:00 pm Youth Stick and Puck 3:30 pm Youth Volleyball (Ages 15-19) 6:15 pm Family Swim 7:30 pm Public Swim	Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm Public Skate 1:30 pm Lane Swim 1:30 pm Adult Swim 2:30 pm All Ages Stick and Puck 2:45 pm Public Swim 3:00 pm Hoops (Ages 13-19) 6:15 pm Family Swim 6:30 pm Youth Volleyball (Ages 15-19) 7:30 pm Public Swim	Public Swim 3:00 pm Family / Child Gym Drop-In 8:00 pm Late Night Hoops (Ages 15-19)
10 10:45 am Youth Centre	11 5:30 am Adult	12 6:00 am Adult Swim	13 5:30 am Adult	14 6:00 am Adult	15 5:30 am Adult	16 9:00 am Youth

Drop-in (Ages 13-19) 10:45 am Pickleball - Beginner / Intermediate 11:30 am Adult Swim 12:45 pm Pickleball - Intermediate / Advanced 1:00 pm Public Skate 2:30 pm Public Swim	Swim 8:00 am Walking 9:00 am Men's Activity Club (MAC) 9:00 am Men's Activity Club (MAC) 9:30 am 55+ Cribbage 10:00 am 55+ French Cafe 10:00 am Public Swim 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:00 pm Adult and Senior Skate 12:15 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Bridge Skill Development 1:30 pm Fun4Life 1:45 pm Adult Swim 2:45 pm Public Swim 3:00 pm Youth Centre (Ages 10 to 13) 3:00 pm Family/Child Gym Drop-in 3:00 pm All Ages Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 10 to 13) 7:15 pm Basketball (18+) 7:30 pm Basketball (30+) 7:30 pm Public Swim	8:00 am Walking 9:00 am Tai Chi - Continuing 55+ 10:00 am Tai Chi - Continuing 55+ 10:00 am Fun4Life - Accessible Gym 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Fun4Life - Games Room Drop In 11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Bingo 55+ 1:00 pm Shuffleboard 1:00 pm 55+ Knitting Circle 1:30 pm Lane Swim 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 3:00 pm Public Skate 7:30 pm Public Swim	Swim 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 9:30 am 55+ Darts 10:30 am Pickleball - All Levels 10:45 am Lane Swim 10:45 am Family Swim 12:00 pm Adult Swim 1:00 pm 55+ Bid Euchre 1:30 pm Lane Swim 1:30 pm Adult Swim 2:45 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 3:00 pm Youth Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 5:30 pm Pickleball - All Levels 7:15 pm Basketball (18+) 7:30 pm Public Swim	Swim 8:00 am Walking 9:30 am Scrabble 55+ 10:00 am All Ages Stick and Puck 10:30 am Active Start: Toddler Gym Drop-in 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Bridge 1:00 pm 55+ Texas Hold'Em 1:00 pm Pickleball - Beginner 1:30 pm Lane Swim 3:00 pm Youth Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 3:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:00 pm 55+ Duplicate Bridge 6:15 pm Family Swim 6:30 pm Indoor Co-ed Soccer 7:30 pm Public Swim	Swim 8:00 am Walking 9:00 am Active Start: Toddler Gym Drop-in 10:00 am All Ages Stick and Puck 10:30 am All Ages Stick and Puck 10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm Beginner and Continuing Ukulele (55+) 1:00 pm 55+ Canasta 1:00 pm Dime Bingo 55+ 1:00 pm Public Skate 1:30 pm Lane Swim 1:30 pm Adult Swim 2:30 pm All Ages Stick and Puck 2:45 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim	Centre Drop-In (Ages 13 to 19) 9:15 am Indoor Tennis 11:30 am Adult Swim 2:15 pm Public Swim 3:00 pm Open Gym Drop-in (Ages 7-19)
17 10:30 am Pickleball -	18 5:30 am Adult	19 6:00 am Adult Swim	20 5:30 am Adult	21 6:00 am Adult	22 5:30 am Adult	23 9:00 am Youth

<p>Beginner/Intermediate</p> <p>10:30 am Youth Centre Drop-In (Ages 13 to 19)</p> <p>11:30 am Adult Swim</p> <p>12:30 pm Pickleball - Intermediate/Advanced</p> <p>1:00 pm Pickleball - Intermediate/Advanced</p> <p>1:00 pm Public Skate</p> <p>2:30 pm Public Swim</p>	<p>Swim</p> <p>8:00 am Walking</p> <p>9:00 am Men's Activity Club (MAC)</p> <p>9:30 am 55+ Cribbage</p> <p>10:00 am 55+ French Cafe</p> <p>10:00 am Public Swim</p> <p>10:30 am Pickleball - All Levels</p> <p>11:15 am Lane Swim</p> <p>12:00 pm Adult and Senior Skate</p> <p>12:15 pm Adult Swim</p> <p>1:00 pm Badminton</p> <p>1:00 pm 55+ Bridge Skill Development</p> <p>1:30 pm Fun4Life</p> <p>1:45 pm Adult Swim</p> <p>2:45 pm Public Swim</p> <p>3:00 pm Family/Child Gym Drop-in</p> <p>3:00 pm All Ages Stick and Puck</p> <p>3:00 pm Youth Centre Drop-In (Ages 10 to 13)</p> <p>7:30 pm Basketball (30+)</p> <p>7:30 pm Public Swim</p>	<p>8:00 am Walking</p> <p>9:00 am Tai Chi - Continuing 55+</p> <p>10:00 am Tai Chi - Continuing 55+</p> <p>10:00 am Fun4Life - Games Room Drop In</p> <p>10:00 am Fun4Life - Accessible Gym</p> <p>10:45 am Lane Swim</p> <p>10:45 am Family Swim</p> <p>11:00 am Adult and Senior Stick and Puck</p> <p>12:00 pm Adult and Senior Skate</p> <p>12:00 pm Adult Swim</p> <p>12:30 pm Pickleball - Intermediate/Advanced</p> <p>1:00 pm Bingo 55+</p> <p>1:00 pm Shuffleboard</p> <p>1:00 pm 55+ Knitting Circle</p> <p>1:30 pm Lane Swim</p> <p>3:00 pm Youth Centre Drop-In (Ages 13 to 19)</p> <p>3:00 pm Youth Gym Drop-In (Ages 13 to 19)</p> <p>3:00 pm Public Skate</p> <p>6:00 pm 55+ Duplicate Bridge</p> <p>7:30 pm Public Swim</p>	<p>Swim</p> <p>8:00 am Walking</p> <p>9:00 am Active Start: Toddler Gym Drop-in</p> <p>9:30 am 55+ Darts</p> <p>10:30 am Pickleball - All Levels</p> <p>10:45 am Lane Swim</p> <p>10:45 am Family Swim</p> <p>12:00 pm Adult Swim</p> <p>1:00 pm 55+ Bid Euchre</p> <p>1:30 pm Lane Swim</p> <p>1:30 pm Adult Swim</p> <p>2:45 pm Public Swim</p> <p>3:00 pm Youth Gym Drop-In (Ages 13 to 19)</p> <p>3:00 pm Youth Stick and Puck</p> <p>3:00 pm Youth Centre Drop-In (Ages 13 to 19)</p> <p>5:30 pm Pickleball - All Levels</p> <p>7:15 pm Basketball (18+)</p> <p>7:30 pm Public Swim</p>	<p>Swim</p> <p>8:00 am Walking</p> <p>9:30 am Scrabble 55+</p> <p>10:00 am All Ages Stick and Puck</p> <p>10:30 am Active Start: Toddler Gym Drop-in</p> <p>10:45 am Lane Swim</p> <p>10:45 am Family Swim</p> <p>11:00 am Adult and Senior Stick and Puck</p> <p>12:00 pm Adult and Senior Skate</p> <p>12:00 pm Adult Swim</p> <p>1:00 pm 55+ Bridge</p> <p>1:00 pm Pickleball - Beginner</p> <p>1:00 pm 55+ Texas Hold'Em</p> <p>1:30 pm Lane Swim</p> <p>3:00 pm Youth Stick and Puck</p> <p>3:00 pm Youth Centre Drop-In (Ages 13 to 19)</p> <p>3:30 pm Youth Volleyball Drop-In (Ages 13 to 19)</p> <p>6:15 pm Family Swim</p> <p>6:30 pm Indoor Co-ed Soccer</p> <p>7:30 pm Public Swim</p>	<p>Swim</p> <p>8:00 am Walking</p> <p>9:00 am Active Start: Toddler Gym Drop-in</p> <p>10:00 am All Ages Stick and Puck</p> <p>10:00 am All Ages Stick and Puck</p> <p>10:30 am Pickleball - All Levels</p> <p>10:45 am Public Swim</p> <p>12:00 pm Adult Swim</p> <p>12:00 pm Adult and Senior Skate</p> <p>1:00 pm Badminton</p> <p>1:00 pm Beginner and Continuing Ukulele (55+)</p> <p>1:00 pm Dime Bingo 55+</p> <p>1:00 pm 55+ Canasta</p> <p>1:00 pm Public Skate</p> <p>1:30 pm Lane Swim</p> <p>1:30 pm Adult Swim</p> <p>2:30 pm All Ages Stick and Puck</p> <p>2:45 pm Public Swim</p> <p>3:00 pm Hoops (Ages 13 to 19)</p> <p>3:00 pm Youth Centre Drop-In (Ages 13 to 19)</p> <p>6:00 pm 55+ Euchre</p> <p>6:15 pm Family Swim</p> <p>6:30 pm Youth Volleyball Drop-In (Ages 13 to 19)</p> <p>7:30 pm Public Swim</p>	<p>Centre Drop-In (Ages 13 to 19)</p> <p>11:30 am Adult Swim</p> <p>2:15 pm Public Swim</p> <p>3:00 pm Open Gym Drop-in (Ages 7-19)</p>
<p>24</p> <p>10:30 am Pickleball - Beginner/Intermediate</p> <p>10:30 am Youth Centre Drop-In (Ages 13 to 19)</p> <p>11:30 am Adult Swim</p> <p>1:00 pm Public Skate</p> <p>1:00 pm Pickleball -</p>	<p>25</p> <p>5:30 am Adult Swim</p> <p>8:00 am Walking</p> <p>9:00 am Men's Activity Club (MAC)</p> <p>9:30 am 55+ Cribbage</p>	<p>26</p> <p>6:00 am Adult Swim</p> <p>8:00 am Walking</p> <p>9:00 am Tai Chi - Continuing 55+</p> <p>10:00 am Tai Chi - Continuing 55+</p> <p>10:00 am Fun4Life - Accessible Gym</p>	<p>27</p> <p>5:30 am Adult Swim</p> <p>8:00 am Walking</p> <p>9:00 am Active Start: Toddler Gym Drop-in</p> <p>9:30 am 55+ Darts</p> <p>10:45 am Lane</p>	<p>28</p> <p>6:00 am Adult Swim</p> <p>8:00 am Walking</p> <p>9:30 am Scrabble 55+</p> <p>10:00 am All Ages Stick and Puck</p> <p>10:30 am Active</p>	<p>29</p> <p>5:30 am Adult Swim</p> <p>8:00 am Walking</p> <p>9:00 am Active Start: Toddler Gym Drop-in</p> <p>10:00 am All Ages Stick and Puck</p>	

Intermediate/Advanced 2:30 pm Public Swim	10:00 am 55+ French Cafe 10:00 am Public Swim 10:30 am Pickleball - All Levels 11:15 am Lane Swim 12:00 pm Adult and Senior Skate 12:15 pm Adult Swim 1:00 pm Badminton 1:00 pm 55+ Bridge Skill Development 1:30 pm Fun4Life 1:45 pm Adult Swim 2:45 pm Public Swim 3:00 pm Family/Child Gym Drop-in 3:00 pm All Ages Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 10 to 13) 7:30 pm Basketball (30+) 7:30 pm Public Swim	10:00 am Fun4Life - Games Room Drop In 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 12:30 pm Pickleball - Intermediate/Advanced 1:00 pm Bingo 55+ 1:00 pm Shuffleboard 1:00 pm 55+ Knitting Circle 1:30 pm Lane Swim 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 3:00 pm Public Skate 6:00 pm 55+ Duplicate Bridge 7:30 pm Public Swim	Swim 10:45 am Family Swim 12:00 pm Adult Swim 12:00 pm Seniors Information and Active Living Fair 1:00 pm 55+ Bid Euchre 1:30 pm Lane Swim 1:30 pm Adult Swim 2:45 pm Public Swim 3:00 pm Youth Gym Drop-In (Ages 13 to 19) 3:00 pm Youth Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 5:30 pm Pickleball - All Levels 7:15 pm Basketball (18+) 7:30 pm Public Swim	Start: Toddler Gym Drop-in 10:45 am Lane Swim 10:45 am Family Swim 11:00 am Adult and Senior Stick and Puck 12:00 pm Adult and Senior Skate 12:00 pm Adult Swim 1:00 pm 55+ Bridge 1:00 pm 55+ Texas Hold'Em 1:00 pm Pickleball - Beginner 1:30 pm Lane Swim 3:00 pm Youth Stick and Puck 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 3:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 6:15 pm Family Swim 6:30 pm Indoor Co-ed Soccer 7:30 pm Public Swim	10:30 am Pickleball - All Levels 10:45 am Public Swim 12:00 pm Adult Swim 12:00 pm Adult and Senior Skate 1:00 pm Badminton 1:00 pm 55+ Canasta 1:00 pm Dime Bingo 55+ 1:00 pm Beginner and Continuing Ukulele (55+) 1:00 pm Public Skate 1:30 pm Lane Swim 1:30 pm Adult Swim 2:30 pm All Ages Stick and Puck 2:45 pm Public Swim 3:00 pm Hoops (Ages 13 to 19) 3:00 pm Youth Centre Drop-In (Ages 13 to 19) 6:00 pm 55+ Euchre 6:15 pm Family Swim 6:30 pm Youth Volleyball Drop-In (Ages 13 to 19) 7:30 pm Public Swim
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