Saturday, November 1, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, November 1 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, November 1 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, November 1 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, November 1 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, November 2, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, November 2 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth i n the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, November 2 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, November 2 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Public Skate

Date and Time: Sunday, November 2 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Public Swim

Date and Time: Sunday, November 2 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in <u>fees</u> apply.

Monday, November 3, 2025

Adult Swim

Date and Time: Monday, November 3 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Aquatics Registration

Date and Time: Monday, November 3 7:00 am

Address: 60 Highland Drive

Winter 1 Aquatics: Registration opens November 3, 2025 at 7:00 a.m.

This session runs from November 17, 2025 to February 8, 2026 (10 weeks). No Programs run over the Holida ys, December 22, 2025 to January 4, 2026.

Walking

Date and Time: Monday, November 3 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, November 3 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, November 3 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, November 3 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, November 3 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm

et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, November 3 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, November 3 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in <u>fees</u> apply.

Pickleball - All Levels

Date and Time: Monday, November 3 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Lane Swim

Date and Time: Monday, November 3 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, November 3 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Adult Swim

Date and Time: Monday, November 3 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Fun4Life

Date and Time: Monday, November 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

Badminton

Date and Time: Monday, November 3 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Tuesday, November 4, 2025

Adult Swim

Date and Time: Tuesday, November 4 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in <u>fees</u> apply.

Program Registration - Winter 1 Session

Date and Time: Tuesday, November 4 7:00 am

Address: 62 McCaul Street, Port Hope

Winter 1 Programs: Registration Opens November 4, 2025 at 8:00 a.m.

This session runs from November 17, 2025 to February 8, 2026 (10 weeks). No Programs run over the Holida ys, December 22, 2025 to January 4, 2026.

Walking

Date and Time: Tuesday, November 4 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, November 4 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, November 4 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

<u>55+ Membership</u> required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, November 4 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, November 4 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, November 4 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, November 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, November 4 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, November 4 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of ab ilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult and Senior Skate

Date and Time: Tuesday, November 4 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, November 4 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, November 4 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, November 4 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Wednesday, November 5, 2025

Adult Swim

Date and Time: Wednesday, November 5 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, November 5 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, November 5 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 5 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 5 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 5 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, November 5 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

<u>55+ Membership</u> required.

Pickleball - All Levels

Date and Time: Wednesday, November 5 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Family Swim

Date and Time: Wednesday, November 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 5 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 5 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, November 5 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, November 5 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins can be accepted. All members are welcome!

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, November 5 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, November 5 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Thursday, November 6, 2025

Adult Swim

Date and Time: Thursday, November 6 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in <u>fees</u> apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, November 6 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Thursday, November 6 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Scrabble

Date and Time: Thursday, November 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

55+ Scrabble

Date and Time: Thursday, November 6 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins are welcome. A 55+ membership is required.

Early On: Let's Get Physical

Date and Time: Thursday, November 6 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the col d and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, November 6 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, November 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 6 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 6 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, November 6 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, November 6 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, November 6 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, November 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

55+ Membership required.

55+ Texas Hold' Em

Date and Time: Thursday, November 6 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

<u>55+ Membership</u> required.

Friday, November 7, 2025

Adult Swim

Date and Time: Friday, November 7 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Walking

Date and Time: Friday, November 7 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, November 7 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 7 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 7 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 7 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, November 7 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Pickleball - All Levels

Date and Time: Friday, November 7 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Public Swim

Date and Time: Friday, November 7 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, November 7 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, November 7 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, November 7 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, November 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Canasta

Date and Time: Friday, November 7 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Dime Bingo

Date and Time: Friday, November 7 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

Saturday, November 8, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, November 8 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, November 8 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, November 8 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, November 8 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Late Night Hoops (Ages 15 to 19)

Date and Time: Saturday, November 8 8:00 pm - 11:55 pm

Address: 62 McCaul St Port Hope

Come practice your jump shot or play basketball with friends! Listen to music, order a pizza, and enjoy having t he facility to yourselves for the evening.

Ages 15-19 years.

Drop-in fees apply.

Sunday, November 9, 2025

Adult Swim

Date and Time: Sunday, November 9 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

FREE! Public Skate

Date and Time: Sunday, November 9 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope, Ontario, L1A 3Z7

Join us at the Jack Burger Sports Complex for a FREE public skate sponsored by OPG!

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Public Swim

Date and Time: Sunday, November 9 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, November 10, 2025

Adult Swim

Date and Time: Monday, November 10 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Monday, November 10 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free

Ages: 18 years+.

Youth Centre Drop-In (Ages 10 to 12)

Date and Time: Monday, November 10 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Mondays are for ages 10 to 12 years old.

Free!

Men's Activity Club (MAC)

Date and Time: Monday, November 10 9:00 am - 11:00 am

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

55+ Cribbage

Date and Time: Monday, November 10 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

All Ages Stick and Puck

Date and Time: Monday, November 10 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in th

e arena.

Drop-In Fees apply.

55+ French Cafe

Date and Time: Monday, November 10 10:00 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

Public Swim

Date and Time: Monday, November 10 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, November 10 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Lane Swim

Date and Time: Monday, November 10 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, November 10 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Adult Swim

Date and Time: Monday, November 10 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Badminton

Date and Time: Monday, November 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Fun4Life

Date and Time: Monday, November 10 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

55+ Casual Duplicate Bridge

Date and Time: Monday, November 10 1:00 pm - 3:30 pm

Address: 62 McCaul St Port Hope

Drop-in to play Casual Duplicate Bridge.

55+ Membership required.

Tuesday, November 11, 2025

Adult Swim

Date and Time: Tuesday, November 11 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Tuesday, November 11 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, November 11 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

55+ Tai Chi - Continuing

Date and Time: Tuesday, November 11 9:00 am - 9:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

55+ Tai Chi - Intermediate

Date and Time: Tuesday, November 11 10:00 am - 10:45 am

Address: 62 McCaul St Port Hope

Drop-in to Tai Chi, where you practice gentle exercise and moving meditation.

55+ Membership required.

Fun4Life - Accessible Gym

Date and Time: Tuesday, November 11 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, November 11 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

<u>Drop-In Fees</u> apply.

Family Swim

Date and Time: Tuesday, November 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, November 11 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, November 11 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of ab

ilities and needs welcome.

Ages: 18 years+

Fee: Free

Adult and Senior Skate

Date and Time: Tuesday, November 11 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Lane Swim

Date and Time: Tuesday, November 11 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, November 11 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, November 11 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, November 11 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

Wednesday, November 12, 2025

Adult Swim

Date and Time: Wednesday, November 12 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, November 12 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Wednesday, November 12 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

1100.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 12 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 12 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 12 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, November 12 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in and play some Darts. Please bring your own darts.

55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, November 12 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Family Swim

Date and Time: Wednesday, November 12 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 12 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Lane Swim

Date and Time: Wednesday, November 12 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Adult Swim

Date and Time: Wednesday, November 12 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, November 12 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins can be accepted. All members are welcome!

Pickleball - Intermediate/Advanced

Date and Time: Wednesday, November 12 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

55+ Bid Euchre

Date and Time: Wednesday, November 12 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bid Euchre. 55+ Membership required.

Thursday, November 13, 2025

Adult Swim

Date and Time: Thursday, November 13 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, November 13 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Thursday, November 13 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Scrabble

Date and Time: Thursday, November 13 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in for a game of Scrabble. 55+ Membership required.

55+ Scrabble

Date and Time: Thursday, November 13 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins are welcome. A 55+ membership is required.

Early On: Let's Get Physical

Date and Time: Thursday, November 13 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In Partnership with EarlyON join us in exploring active play in the gymnasium! It's a great way to escape the col d and encourage active play and big body movements during the fall months.

Ages 0-6 years. All participants must be accompanied by an adult.

Thursdays: 10:00 a.m. to 12:00 p.m.

Location: Town Park Recreation Centre

Adult and Senior Stick and Puck

Date and Time: Thursday, November 13 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Thursday, November 13 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 13 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 13 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Adult Swim

Date and Time: Thursday, November 13 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, November 13 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, November 13 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Bridge

Date and Time: Thursday, November 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Bridge.

<u>55+ Membership</u> required.

55+ Texas Hold' Em

Date and Time: Thursday, November 13 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Texas Hold'Em.

55+ Membership required.

Friday, November 14, 2025

Adult Swim

Date and Time: Friday, November 14 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Friday, November 14 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, November 14 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 14 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-3 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 14 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 14 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, November 14 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

<u>Drop-In Fees</u> apply.

Pickleball - All Levels

Date and Time: Friday, November 14 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Public Swim

Date and Time: Friday, November 14 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, November 14 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, November 14 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, November 14 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Badminton

Date and Time: Friday, November 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Canasta

Date and Time: Friday, November 14 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Dime Bingo

Date and Time: Friday, November 14 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

Saturday, November 15, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, November 15 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, November 15 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, November 15 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, November 15 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, November 16, 2025

Pickleball - Beginner/Intermediate

Date and Time: Sunday, November 16 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth i n the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, November 16 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, November 16 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Public Skate

Date and Time: Sunday, November 16 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Public Swim

Date and Time: Sunday, November 16 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, November 17, 2025

Adult Swim

Date and Time: Monday, November 17 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Monday, November 17 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Pre-Teen (10 to 13)

Date and Time: Monday, November 17 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 10 to 13 years old.

Free!

55+ Cribbage

Date and Time: Monday, November 17 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-In for a game of crib. A 55+ membership is required.

All Ages Stick and Puck

Date and Time: Monday, November 17 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommended

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

<u>Drop-In Fees</u> apply.

Men's Activity Club (MAC)

Date and Time: Monday, November 17 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Public Swim

Date and Time: Monday, November 17 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, November 17 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Lane Swim

Date and Time: Monday, November 17 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, November 17 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Adult Swim

Date and Time: Monday, November 17 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Badminton (Ages 18+)

Date and Time: Monday, November 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Fun4Life

Date and Time: Monday, November 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best

meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

55+ Casual Duplicate Bridge

Date and Time: Monday, November 17 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

A casual duplicate bridge experience to develop the knowledge and skills of the game with assistance from volu nteers who are familiar with the fundamental basics of the game. A 55+ membership is required.

Public Swim

Date and Time: Monday, November 17 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Tuesday, November 18, 2025

Adult Swim

Date and Time: Tuesday, November 18 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in <u>fees</u> apply.

Walking

Date and Time: Tuesday, November 18 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, November 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, November 18 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, November 18 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, November 18 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, November 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a

nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, November 18 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, November 18 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of ab ilities and needs welcome.

Ages: 18 years+

Fee: Free

Lane Swim

Date and Time: Tuesday, November 18 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Tuesday, November 18 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, November 18 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, November 18 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, November 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, November 18 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

The cost to play is \$2.50. Drop-ins can be accepted. All members are welcome!

Wednesday, November 19, 2025

Adult Swim

Date and Time: Wednesday, November 19 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Wednesday, November 19 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, November 19 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 19 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, November 19 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in's welcome. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, November 19 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Family Swim

Date and Time: Wednesday, November 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 19 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 19 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Wednesday, November 19 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, November 19 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins can be accepted. All members are welcome!

Public Swim

Date and Time: Wednesday, November 19 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 19 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

All Ages Stick and Puck

Date and Time: Wednesday, November 19 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-in (Ages 13-19)

Date and Time: Wednesday, November 19 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 13 to 19 years.

Drop-in fees apply

Thursday, November 20, 2025

Adult Swim

Date and Time: Thursday, November 20 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, November 20 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Thursday, November 20 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Scrabble

Date and Time: Thursday, November 20 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins are welcome. A 55+ membership is required.

Early ON: Let's Get Physical

Date and Time: Thursday, November 20 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In partnership with EarlyON Join us in exploring active play in the gymnasium. Free

Ages 0-6 years. All participants must be accompanied by an adult.

Adult and Senior Stick and Puck

Date and Time: Thursday, November 20 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

<u>Drop-In Fees</u> apply.

Family Swim

Date and Time: Thursday, November 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a

nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 20 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 20 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Thursday, November 20 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, November 20 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, November 20 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth i n the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Texas Hold'em

Date and Time: Thursday, November 20 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in's welcome. 55+ Membership required.

Lane Swim

Date and Time: Thursday, November 20 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Youth Stick and Puck

Date and Time: Thursday, November 20 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hoc key equipment is strongly recommended.

Ages: 13 to 17 years old.

<u>Drop-In Fees</u> apply.

Friday, November 21, 2025

Adult Swim

Date and Time: Friday, November 21 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in <u>fees</u> apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, November 21 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at ai

r hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, November 21 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 21 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Pickleball - All Levels

Date and Time: Friday, November 21 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Public Swim

Date and Time: Friday, November 21 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, November 21 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, November 21 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Badminton (Ages 18+)

Date and Time: Friday, November 21 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

55+ Canasta

Date and Time: Friday, November 21 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Dime Bingo

Date and Time: Friday, November 21 1:00 pm - 3:00 pm

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

Public Swim

Date and Time: Friday, November 21 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, November 21 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Friday, November 21 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older. Ratio of 1 adult to 5 children under 9 years.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Hoops (Ages 13 to 19)

Date and Time: Friday, November 21 3:00 pm - 6:00 pm

Come practice your jump shot or play basketball with friends!

Ages 13-19 years.

Saturday, November 22, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, November 22 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Adult Swim

Date and Time: Saturday, November 22 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, November 22 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Youth Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, November 22 3:00 pm - 5:00 pm

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, November 23, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, November 23 10:00 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Pickleball - Beginner/Intermediate

Date and Time: Sunday, November 23 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth i n the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, November 23 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Sunday, November 23 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, November 23 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Public Swim

Date and Time: Sunday, November 23 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Monday, November 24, 2025

Adult Swim

Date and Time: Monday, November 24 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Monday, November 24 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Youth Centre Pre-Teen (10 to 13)

Date and Time: Monday, November 24 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 10 to 13 years old.

Free!

55+ Cribbage

Date and Time: Monday, November 24 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-In for a game of crib. A 55+ membership is required.

All Ages Stick and Puck

Date and Time: Monday, November 24 9:30 am - 10:20 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommended.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Men's Activity Club (MAC)

Date and Time: Monday, November 24 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

Join this social men's club, enjoy a hot coffee, and good conversation.

Ages 18 and up.

Public Swim

Date and Time: Monday, November 24 10:00 am - 11:00 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Pickleball - All Levels

Date and Time: Monday, November 24 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Lane Swim

Date and Time: Monday, November 24 11:15 am - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Monday, November 24 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Adult Swim

Date and Time: Monday, November 24 12:15 pm - 1:30 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Badminton (Ages 18+)

Date and Time: Monday, November 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Fun4Life

Date and Time: Monday, November 24 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Fun4Life is a social opportunity for individuals with special needs ages 18 years and over. This program will en hance opportunities for socialization, physical activity, life skills, and nutrition. This is a drop-in program offer ed weekly. We request that a Participant Registration form be completed before attending so we are able to best meet the needs of everyone. Forms are available at the Town Park Recreation Centre during regular operational hours.

55+ Casual Duplicate Bridge

Date and Time: Monday, November 24 1:00 pm - 3:00 pm

A casual duplicate bridge experience to develop the knowledge and skills of the game with assistance from volu nteers who are familiar with the fundamental basics of the game. A 55+ membership is required.

Public Swim

Date and Time: Monday, November 24 1:45 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Tuesday, November 25, 2025

Adult Swim

Date and Time: Tuesday, November 25 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in <u>fees</u> apply.

Walking

Date and Time: Tuesday, November 25 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Tuesday, November 25 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Fun4Life - Accessible Gym

Date and Time: Tuesday, November 25 10:00 am - 11:15 am

Address: 62 McCaul St Port Hope

Individuals with varying abilities and needs are welcome to come drop in and play floor hockey, basketball, ind oor soccer, and more. Support person's welcome at no extra cost and variations of activities and sports available for participants of all ability levels. Varying levels of abilities and needs welcome.

Fee: \$2.00 per visit.

Adult and Senior Stick and Puck

Date and Time: Tuesday, November 25 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

Drop-In Fees apply.

Family Swim

Date and Time: Tuesday, November 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a nd older. <u>Admission standards</u> apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Tuesday, November 25 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Fun4Life - Games Room Drop-In

Date and Time: Tuesday, November 25 11:00 am - 1:00 pm

Address: 62 McCaul St Port Hope

Come in and play some ping pong, foosball, air hockey, Wii, arcade games, or board games. Varying levels of ab

ilities and needs welcome.

Ages: 18 years+

Fee: Free

Lane Swim

Date and Time: Tuesday, November 25 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Adult Swim

Date and Time: Tuesday, November 25 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Tuesday, November 25 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Intermediate/Advanced

Date and Time: Tuesday, November 25 12:30 pm - 2:30 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive

game.

Ages: 18 years+

Shuffleboard

Date and Time: Tuesday, November 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Geared to older adults. Build on strength and coordination with this fun and social program.

Ages: 18 years and up

55+ Bingo

Date and Time: Tuesday, November 25 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

The cost to play is \$2.50. Drop-ins can be accepted. All members are welcome!

Public Swim

Date and Time: Tuesday, November 25 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Wednesday, November 26, 2025

Adult Swim

Date and Time: Wednesday, November 26 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Walking

Date and Time: Wednesday, November 26 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Wednesday, November 26 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Wednesday, November 26 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle

r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

55+ Darts

Date and Time: Wednesday, November 26 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-in's welcome. 55+ Membership required.

Pickleball - All Levels

Date and Time: Wednesday, November 26 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Family Swim

Date and Time: Wednesday, November 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a

nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 26 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 26 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Adult Swim

Date and Time: Wednesday, November 26 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

55+ Bid Euchre

Date and Time: Wednesday, November 26 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins can be accepted. All members are welcome!

Public Swim

Date and Time: Wednesday, November 26 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. Admission standards apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Wednesday, November 26 1:30 pm - 3:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

All Ages Stick and Puck

Date and Time: Wednesday, November 26 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

Drop-In Fees apply.

Youth Gym Drop-in (Ages 13-19)

Date and Time: Wednesday, November 26 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 13 to 19 years.

Drop-in fees apply

Thursday, November 27, 2025

Adult Swim

Date and Time: Thursday, November 27 6:00 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Thursday, November 27 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Thursday, November 27 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for free.

Ages: 18 years+.

55+ Scrabble

Date and Time: Thursday, November 27 9:30 am - 11:30 am

Address: 62 McCaul St Port Hope

Drop-ins are welcome. A 55+ membership is required.

Early ON: Let's Get Physical

Date and Time: Thursday, November 27 10:00 am - 12:00 pm

Address: 62 McCaul St Port Hope

In partnership with EarlyON Join us in exploring active play in the gymnasium. Free

Ages 0-6 years. All participants must be accompanied by an adult.

Adult and Senior Stick and Puck

Date and Time: Thursday, November 27 10:30 am - 11:20 am

Address: 60 Highland Drive, Port Hope

An opportunity for adults and seniors to practice their skills through participant led pick up hockey games.

For adults and seniors ages 18 and up.

CSA approved hockey helmets are mandatory for all Stick and Puck participants.

<u>Drop-In Fees</u> apply.

Family Swim

Date and Time: Thursday, November 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: All ages. Regardless of age, all children ages 14 and under are to go in the water with an adult 18 years a

nd older. Admission standards apply.

This swim is in the Therapy Pool. Availability of the 25m pool is not guaranteed for this swim.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 27 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Thursday, November 27 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Adult Swim

Date and Time: Thursday, November 27 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Thursday, November 27 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

Drop-In Fees apply.

Pickleball - Beginner/Intermediate

Date and Time: Thursday, November 27 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

55+ Texas Hold'em

Date and Time: Thursday, November 27 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-in's welcome. 55+ Membership required.

Lane Swim

Date and Time: Thursday, November 27 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Youth Stick and Puck

Date and Time: Thursday, November 27 2:30 pm - 3:50 pm

Address: 60 Highland Drive, Port Hope

This is an opportunity for youth ages 13 to 17 years to practice their hockey skills and enjoy participant led pick

up hockey games.

CSA approved helmets with a full-face shield are mandatory for all Youth Stick and Puck participants. Full hoc

key equipment is strongly recommended.

Ages: 13 to 17 years old.

<u>Drop-In Fees</u> apply.

Friday, November 28, 2025

Adult Swim

Date and Time: Friday, November 28 5:30 am - 8:30 am

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f

or this swim.

Drop-in fees apply.

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Friday, November 28 8:00 am - 9:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your

phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Walking

Date and Time: Friday, November 28 8:00 am - 8:45 am

Address: 62 McCaul St Port Hope

Go for a morning walk in the gymnasium in a safe, climate-controlled environment. This program is offered for

free.

Ages: 18 years+.

Active Start: Toddler Gym Drop-in

Date and Time: Friday, November 28 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

All Ages Stick and Puck

Date and Time: Friday, November 28 9:30 am - 10:50 am

Address: 60 Highland Drive, Port Hope

This is an opportunity for families to practice their hockey skills and enjoy participant led pick up hockey game s.

CSA approved hockey helmets are mandatory for all Stick and Puck participants. A CSA approved hockey helm et with a full face shield is mandatory for everyone under 18 years old. Full Hoackey equipment is recommende d.

Ages: Open to all ages, children 9 years and younger must be accompanied by a parent either on the ice or in the arena.

<u>Drop-In Fees</u> apply.

Pickleball - All Levels

Date and Time: Friday, November 28 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

Pickleball for all levels of doubles play. We encourage a welcoming and friendly recreational environment for e veryone. New players are always welcome.

Public Swim

Date and Time: Friday, November 28 10:45 am - 11:45 am

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in fees apply.

Lane Swim

Date and Time: Friday, November 28 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in fees apply.

Adult Swim

Date and Time: Friday, November 28 12:00 pm - 1:15 pm

Address: 60 Highland Drive, Port Hope

Ages: 18 years and up.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that 6 lanes will be available f or this swim.

Drop-in fees apply.

Adult and Senior Skate

Date and Time: Friday, November 28 12:00 pm - 12:50 pm

Address: 60 Highland Drive, Port Hope

For adults and seniors ages 18 and up.

Great opportunity for some exercise over the lunch hour.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

55+ Canasta

Date and Time: Friday, November 28 1:00 pm - 4:00 pm

Address: 62 McCaul St Port Hope

Drop-ins accepted. All 55+ members are welcome!

55+ Dime Bingo

Date and Time: Friday, November 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Drop-in for a game of Dime Bingo.

The cost to play is \$2.00. Please bring dimes.

55+ Membership required.

Badminton (Ages 18+)

Date and Time: Friday, November 28 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Come play this low-impact indoor sport in a fun, recreational setting and social atmosphere.

Ages 18 and up.

Drop in fees apply

Public Swim

Date and Time: Friday, November 28 1:30 pm - 5:00 pm

Address: 60 Highland Drive, Port Hope

Ages: all ages. <u>Admission standards</u> apply.

This swim is in the 25m pool, Therapy pool, and Hot Tub. There is no guarantee that the 25m pool or diving bo ard will be available.

Drop-in <u>fees</u> apply.

Lane Swim

Date and Time: Friday, November 28 1:30 pm - 4:00 pm

Address: 60 Highland Drive, Port Hope

Ages: 16 years and up.

This swim is in the 25m pool. There is no guarantee that all 6 swim lanes will be available.

Drop-in <u>fees</u> apply.

Saturday, November 29, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Saturday, November 29 9:00 am - 5:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Active Start: Toddler Gym Drop-in

Date and Time: Saturday, November 29 9:00 am - 10:15 am

Address: 62 McCaul St Port Hope

Open gym for children to have unstructured play and plenty of space to burn off energy and socialize with other children. Children will strengthen their gross and fine motor skills with a variety of equipment including toddle r cars, balls, tunnels and more!

Ages 0-6 years. All participants must be accompanied by an adult.

Adult Swim

Date and Time: Saturday, November 29 11:30 am - 1:00 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Swim

Date and Time: Saturday, November 29 2:15 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.

Youth Open Gym Drop-in (Ages 7-19)

Date and Time: Saturday, November 29 3:00 pm - 5:00 pm

Address: 62 McCaul St Port Hope

Come drop into the gym and play basketball, floor hockey, soccer, etc.

Ages 7 to 19 years.

Children under the age of 10 years must be accompanied by an adult.

Drop-in fees apply

Sunday, November 30, 2025

Youth Centre Drop-In (Ages 13 to 19)

Date and Time: Sunday, November 30 10:00 am - 3:00 pm

Address: 62 McCaul St Port Hope

Our Youth Centre is a safe and inviting space for youth to socialize and engage in activities. Try your hand at air hockey, arcade games, ping pong, or foosball. You can also lounge on one of our couches while charging your phone. Bring your friends and come join the fun!

Ages 13 to 19 years old.

Free!

Pickleball - Beginner/Intermediate

Date and Time: Sunday, November 30 10:30 am - 12:30 pm

Address: 62 McCaul St Port Hope

This timeslot is dedicated to beginner and intermediate players. We encourage a welcoming and friendly recreati on environment for everyone. Intermediate players are expected to share their expertise and encourage growth in the sport.

Ages: 18 years+

Drop-in fees apply.

Adult Swim

Date and Time: Sunday, November 30 11:30 am - 1:15 pm

Address: 60 Highland Drive, Port Hope

Adult Swim is for adults ages 18 and up.

This swim is in both pools and the hot tub unless otherwise indicated.

There is no guarantee that all 6 lanes will be available.

Drop-in fees apply.

Public Skate

Date and Time: Sunday, November 30 1:00 pm - 2:20 pm

Address: 60 Highland Drive, Port Hope

Skating opportunity for all ages where participants can enjoy a leisurely skate around the ice surface.

Children 9 years of age or younger must be accompanied by a caregiver aged 14 years or older.

CSA approved helmet is highly recommended.

<u>Drop-In Fees</u> apply.

Pickleball - Intermediate/Advanced

Date and Time: Sunday, November 30 1:00 pm - 3:00 pm

Address: 62 McCaul St Port Hope

Pickleball for intermediate/advanced levels of doubles play and players who are looking for a more competitive game.

Ages: 18 years+

Public Swim

Date and Time: Sunday, November 30 2:30 pm - 4:30 pm

Address: 60 Highland Drive, Port Hope

Public Swim is open to all ages.

Public Swims are in the 25 metre pool and the Therapy pool.

There is no guarantee that the 25 metre pool or diving board will be available for all Public Swims.

Drop-in fees apply.